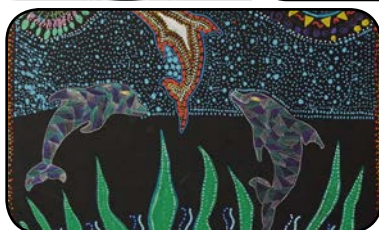




# Newsletter

Term 3 - Week 3 - 2018



NAIDOC celebrations took place on Tuesday 31 August with musician Matt Harvey entertaining the students, staff and guests of Macksville High School at our assembly. Following the assembly a morning tea of bush tucker was enjoyed by all. Ms Jenni Farrands and Mrs Erica Lyne were presented with a Certificate for their support of our programs at Macksville High School.

On Wednesday 1 August our students attended a Connecting to Country Day at Macksville Primary School where they served very delicious bush tucker to the primary students, staff and community members.

On Thursday 2 August, Aboriginal and Torres Strait Islander students participated in AIME. AIME - (Australian Indigenous Mentor Experience) is Australia's most successful mentoring program for Aboriginal and Torres Strait Islander high school students. AIME provides a structured educational program for Indigenous children to access throughout their high school experience. Students completing the program are proven to finish school and transition to university, training and employment at the same rate as every Australian child - effectively closing the gap in educational outcomes.

A further Connecting to Country Day, where students were able to visit significant land marks of the Gumbaynggirr Nation at the Bowraville Race Course and Scotts Head, was held on Friday 3 August.



Matt Harvey



Paul Evans, Calijah Craig, Erica Lyne,  
Matt Harvey, Charlize Blair, Wulaaran Walker  
and Jenni Farrands



Aaron Gaymer, Jarrad Laredo-Fitzgerald  
with Matt Harvey

Follow us on **Facebook** - <https://www.facebook.com/MacksvilleHS/>

**P** 02 6568 1066 **F** 02 6568 2802 **E** [macksville-h.school@det.nsw.edu.au](mailto:macksville-h.school@det.nsw.edu.au) **W** [www.macksville-h-schools.nsw.edu.au](http://www.macksville-h-schools.nsw.edu.au)

40 Boundary Street, Macksville NSW 2447

## Message from the Principal

Dear Parents and Community,

Welcome back for Term 3, with another busy, but rewarding term ahead of us.

A number of our students in Years 9 to 12 had the opportunity to participate in a Youth Forum organised by the Department of Premier and Cabinet on Friday 27 August. Students were asked their opinions on issues affecting and impacting young people. What is working, what is not working, getting a job and what they see as priorities were amongst the discussion points. I was very proud to see how well they worked together to offer their opinions and solutions on areas such as jobs, the future of agricultural industries, transport, availability of leisure activities and youth mental health services, with a focus on the Nambucca Valley. Member for Oxley Melinda Pavey was on hand to talk to the group and hear first hand their opinions. These consultation forums are being held across the state and will assist in forming a Regional Youth Strategy.



On our staff development day at the beginning of term, teachers from Macksville to McLean participated in subject specific professional learning. Discussions centred on sharing teaching practices and expertise, as well as future learning strategies for our students. This is an exceptional opportunity for teachers to collaborate and develop resources, particularly as there are new syllabuses across many faculties.

Year 8 and 10 students are already beginning their preparations for the 2019 school year as they select their pattern of study for the next two years. Year 10 students will continue with their subject selection process with individual interviews being conducted over the next couple of weeks.

There will be a Parent Information Evening on Tuesday August 29 in the library at 5:30pm, to assist Year 8 students in selecting their electives.

Our P&C have organised a Movie Night on Friday 14 September. There is more information later in the newsletter and I hope to see many of you there.

**Mrs Erica Lyne**  
**Principal**



*Mrs E Lyne, Mickayla Ennis,  
Melinda Pavey, Adam Nowland*



*Year 10 Students, Saule Stasionis,  
Elouise Ennis, John Panaguiton,  
Taylor Adair, Charlize Blair*



*Year 11  
Calijah Craig & Emily Hall*



## Message from the Deputy Principal

# Promoting student wellbeing

[www.stymie.com.au](http://www.stymie.com.au)



[enquiries@stymie.com.au](mailto:enquiries@stymie.com.au)

**If I asked you  
to name all of the things that you love,  
how long would it take  
to name yourself?**



# Behaviour code for students

## NSW public schools

NSW public schools are committed to providing safe, supportive and responsive learning environments for everyone. We teach and model the behaviours we value in our students.

### In NSW public schools students are expected to:

- Respect other students, their teachers and school staff and community members
- Follow school and class rules and follow the directions of their teachers
- Strive for the highest standards in learning
- Respect all members of the school community and show courtesy to all students, teachers and community members
- Resolve conflict respectfully, calmly and fairly
- Comply with the school's uniform policy or dress code
- Attend school every day (unless legally excused)
- Respect all property
- Not be violent or bring weapons, illegal drugs, alcohol or tobacco into our schools
- Not bully, harass, intimidate or discriminate against anyone in our schools

Schools take strong action in response to behaviour that is detrimental to self or others or to the achievement of high quality teaching and learning.

### Behaviour Code for Students: Actions

Promoting the learning, wellbeing and safety of all students in NSW Public Schools is a high priority for the Department of Education.

We implement teaching and learning approaches to support the development of skills needed by students to meet our high standards for respectful, safe and engaged behaviour.

### Respect

- Treat one another with dignity
- Speak and behave courteously
- Cooperate with others
- Develop positive and respectful relationships and think about the effect on relationships before acting
- Value the interests, ability and culture of others
- Dress appropriately by complying with the school uniform or dress code
- Take care with property

### Safety

- Model and follow departmental, school and/or class codes of behaviour and conduct
- Negotiate and resolve conflict with empathy
- Take personal responsibility for behaviour and actions
- Care for self and others
- Avoid dangerous behaviour and encourage others to avoid dangerous behaviour

### Engagement

- Attend school every day (unless legally excused)
- Arrive at school and class on time
- Be prepared for every lesson
- Actively participate in learning
- Aspire and strive to achieve the highest standards of learning

The principal and school staff, using their professional judgment, are best placed to maintain discipline and provide safe, supportive and responsive learning environments. The department provides a policy framework and resources such as Legal Issues Bulletins, access to specialist advice, and professional learning to guide principals and their staff in exercising their professional judgment. In this context the NSW Government and the Department of Education will back the authority and judgment of principals and school staff at the local level.

**WE NEED YOU!**  
**New treasurer needed..**

We are looking for someone to fill the role of **Treasurer** for the MHS P&C. We have been unable to fill this role for more than a year. There must be someone in our school community who can HELP!



If you can do all or even some of the following tasks, we would love to hear from you! \*Write cheques \*Present a short report at our monthly meetings \*Maintain records \*Provide records for auditing each year.

Please email Lynette Howle at [howley@spin.net.au](mailto:howley@spin.net.au) to express your interest.

**Next P&C Meeting Tuesday 28 August @ 5.30pm**

***Look forward to seeing you there!***

**Family Friendly  
Movie Night**

Where: **Macksville High School Oval**  
Cost: **Gold Coin Donation**  
Movie: **To Be Advised (PG)**

**Fundraiser for the Macksville High School P&C**

**SAVE THE DATE**  
**FRIDAY 14 SEPTEMBER 2018**

**B**ring your blankets, chairs and sit under the stars to watch the big screen...





## Volkswagen Spectacular



The Volkswagen Spectacular came to Macksville, with the event running from the 29 July to 6 August 2018.

On Wednesday 1 August, the Year 11 Hospitality students were involved in the High Tea function held at the Nambucca RSL club.

Pictured above: Elizabeth, Sasha, Annabelle, Sophie, Ebony, Sarah and Ruby.

The team dressed up and served a range of sandwiches and petite cake platters.

On Friday Charity, Glory and Crystal assisted at the event held at the Raleigh Raceway.

Across the weekend Alicia, Jordan and Amy worked at the Showground preparing food for the visitors of the Volkswagen Spectacular.



A guest "Elsa" visiting from Melbourne was so impressed with the MHS students that she was compelled to phone Mrs Lyne and advise her of the wonderful job they did hosting the event!

Good job Ladies!





## VET Metal and Engineering

### VET - Vocational Educational Training

Students have been learning a variety of skills and techniques in metal fabrication.

Opposite Year 11 student, Jordan completing her star picket remover.

Below is Lachlan showing off a well-made sach clamp.

From the same class, Jordan operating the drill press.



### YEAR 10 Metal

Tom, Alex and Zeke working hard preparing the back boards for their metal hooks.



### YEAR 9 Automotive

Sam and Lehman in the Automotive workshop, lifting an engine block using some new machinery.





## YEAR 12 'WHATNEXT' INFORMATION SESSIONS 2018

### Week 1

**Event:** Preparing for University session- Help! I want to apply to University, but how do I apply? How many courses can I apply for? What is my pin? What are adjustment factors? What is EAS? UAC questions answered all in one handy session.

**When:** Thursday 26<sup>th</sup> July, 9am

**Where:** MHS Library



### Week 2

**Event:** Post school options expo

**When:** Wednesday 1<sup>st</sup> August, 9:15am-12pm

**Where:** CHEC Gymnasium



### Week 3

**Event:** University of Wollongong- register at [www.uow.edu.au/future/events](http://www.uow.edu.au/future/events)

**When:** Wednesday 8<sup>th</sup> August, 6pm

**Where:** CEX Coffs Harbour



**Event:** Southern Cross University

**When:** Thursday 9<sup>th</sup> August, 10am

**Where:** MHS Library



**Event:** University of New England

**When:** Thursday 9<sup>th</sup> August, 11:10am

**Where:** MHS Library



### Week 4

**Event:** EAS Scheme - Info on the EAS Scheme – may be needed for some early entry schemes

**When:** Tues 14<sup>th</sup> August, 12:50pm

**Where:** MHS Prac Firm

**Event:** Parent Information Session – Applying for University

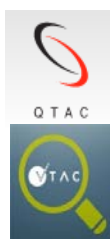
**When:** Tuesday 14<sup>th</sup> August, 5:30pm

**Where:** MHS Library

**Event:** QTAC/VTAC application- I am interested in interstate uni's OR I also want to maximise my opportunities for applying for Southern Cross, UNE, or Griffith through QTAC, and use my UAC preference for something else. Bring your student number to begin the application process.

**When:** Thurs 16<sup>th</sup> August, 12:50pm

**Where:** MHS Prac Firm



### Things to do:

- |   |              |              |
|---|--------------|--------------|
| <input type="checkbox"/> Attend early entry session   | <b>Date:</b> | <b>Time:</b> |
| <input type="checkbox"/> Book scholarship appointment | <b>Date:</b> | <b>Time:</b> |

### Week 5/6 (Trial exams)

**Event:** Early entry applications - How do you apply?

**Application forms** will be provided and the process will be explained- bring your student number!

**When:** Tuesday 21<sup>st</sup> August- 1pm

Friday 24<sup>th</sup> August – 1pm

Tuesday 28<sup>th</sup> August – 1pm

Friday 31<sup>st</sup> August – 1pm

**Where:** MHS Library



**DEADLINE:** WOLLONGONG DIRECT EARLY ENTRY- FRIDAY 24<sup>TH</sup> AUGUST

### Week 7

**Event:** Mid Coast Connect – Not sure what to do with yourself after school? Need help searching and applying for jobs and apprenticeships? Find out the opportunities available to you with this service.

**When:** Tuesday 4<sup>th</sup> September, 11:20am

**Where:** MHS Library



**Event:** Charles Sturt University

**When:** Tuesday 4<sup>th</sup> September, 1:30pm

**Where:** MHS Library



**Event:** University of Newcastle

**When:** Thursday 6<sup>th</sup> September, 9am

**Where:** MHS Library



**Event:** TAFE

**When:** Thursday 6<sup>th</sup> September, 11:10am

**Where:** MHS Library



**Event:** Griffith University

**When:** Friday 7<sup>th</sup> September, 9am

**Where:** MHS Library



### Week 8

**Event:** Last chance applications – Final chance for help with early entry, scholarships and completing UAC application

**When:** Tuesday 11<sup>th</sup> September, 12:50pm

**Where:** Prac Firm



**DEADLINE:** SCU STAR SCHEME FRIDAY- 14<sup>TH</sup> SEPTEMBER

### Week 9/10

**DEADLINE:** ALL MACKSVILLE HIGH EARLY ENTRY APPLICATION FORMS- MONDAY 17<sup>TH</sup> SEPTEMBER

**DEADLINE:** SUBMISSION OF EAS EVIDENCE- WEDNESDAY 19<sup>TH</sup> SEPTEMBER

**DEADLINE:** UAC SRS AND UNE DIRECT- FRIDAY 28<sup>TH</sup> SEPTEMBER



# Year 7 Rock and Water

## Program

A select group of year 7 students have been continuing the Rock and Water program this term expanding their understanding of group collaboration, communication, problem solving and resilience. We meet each week as separate boys and girls' groups to participate in practical activities and lessons to help us reflect on our interactions and responses to others. Highlights from this term include the air cannons (understanding the effects our actions can have even at a distance) the ultimate Frisbee team challenge (an awareness of and responsibility to others), conquering the lava pit (communication and group dynamics) and just possibly the delicious hot chips. It has been lots of fun and extremely gratifying to see the growth in our young people as they develop their respect for themselves and one another. Our thanks go to Mrs Linda McGregor for her continuing support and encouragement and her attendance every fortnight.

**Dave Hall (Chaplain) K Hardingham (Year 7 Adviser)**



## Buckley Shield Rugby League

Macksville High Schools under 14 Rugby League team travelled to Sydney to play against Cronulla High School on Monday 2 July. They were playing for a spot in the quarter finals of the Buckley Shield competition. To make it this far was a huge achievement and now they find themselves in the final 16 teams in the state.



Cronulla High started off the scoring after a couple of errors from the Macksville High boys. They converted the try and raced to a 6 points to 0 lead.

Macksville High kept making crucial errors and gave position to Cronulla High time after time. Cronulla High capitalised and scored out wide. The kick was missed. Cronulla High 10 – Macksville High 0.

Cronulla High scored again this time through the middle from some tired Macksville High defenders. The kick was converted. Cronulla High 16 – Macksville High 0.

Cronulla High was not done with scoring a few minutes later to race to 20 points to 0 lead.

The talk at halftime was positive from Macksville High. They knew that they had to be the first to score and if they got rid of the silly errors they could get back into the game.

Macksville High boys had to dig in deep and that they did. They scored the opening try of the second half after only two minutes. Brodie Moore was the scorer and made a huge run to score near the post. Zane Jones kicked the conversion. Cronulla High 20 – Macksville High 6.

Zane Jones scored three minutes later, but missed the conversion from out wide. Cronulla High 20 – Macksville High 10. The momentum was starting to swing Macksville High's way. The boys were pumped and were now focused.

Brodie Moore ran 50 metres to score after some great runs from Pat Quinn and Wyatt Rouse. Zane Jones kicked the conversion. Cronulla High 20 – Macksville High 16.

Cronulla High scored after a mistake from Macksville High in the scrum. They kicked the conversion. Cronulla High 26 – Macksville High 16.

Brodie Moore was again remaining dominant and used his pure strength to barge over the try line. Zane Jones just missed the conversion. Cronulla High 26 – Macksville High 20.

With six minutes remaining the game was in the balance. Macksville High looked like scoring twice but couldn't get over the line. Cronulla High had held on to win 26 points to 20, in what was an amazing comeback from Macksville High.

The Macksville High team was Jack Peachman, Connor Lockyer, Tommy Martin, Kye Garzoli, Jai Wassens, Zane Jones, Cody-Bill Tyerman, Brodie Moore, Brandon Willer, Joe Young, Wyatt Rouse, Blake Spear, Jarrad Fuller, Pat Quinn, Finnian Walsh, Wezley Brown, Aidan Boney, James Aldridge and Yharli Fitzgerald. Congratulations to these boys for making it this far.

Special thanks to Jordan and Jacob Moore for running water and messages to the team, Mr Joyce, Paul Evans and Jo Simon for assisting and helping on the excursion. A highlight of the excursion was seeing the West Tigers play Gold Coast Titans at a packed Leichhardt oval.



**Mr N White**



## School Sport Australia Swimming Championships, Hobart



*Congratulations* to **Declan Sutton** for his outstanding results in the School Sport Australia Swimming Championships, 25 July - 1 August 2018 hosted in Hobart.

Declan had a great meet winning Silver in the Boys 15-16 Medley Relay as first swimmer (backstroke leg) of the NSW A team. He did a personal best time in the relay 28.33

In his individual event Boys 15-16 yrs 50m backstroke, he swam a good time in the heats to make the final, then came 5th in the final with a time of 28.44. There were 22 swimmers in that event from all states of Australia, so he was very happy with that result.

---

## U13 Country Cup Northern State Finals Wednesday 1 August 2018

**Coffs Harbour International Stadium**

Macksville High School played in the Northern State Finals for the Country Cup in the Under 13 years division. To progress to this level they won six games at local level.

Macksville High played Narrabri High School in the first game and won 20 points to 4. Ayden Sigris, Wezley Brown, Brodie Moore and Liam Cuffe all scored tries.

In the second game they played St Edward's Boys College Gosford. Unfortunately the game didn't go to plan and Macksville High lost 24 points to 0.

In the final game Macksville High played St Patrick's Murwillumbah. The score was 24 to 22 in favour of Macksville High. Zane Jones scored a try and Brodie Moore scored three tries. Jett Lynch kicked a marvelous goal, one that he will always remember.

Macksville High should be proud of coming runners up, narrowly missing out on going to the Country Cup Final in Dubbo.

Members of the team are Liam Cuffe, Jack Cleversley, Ayden Sigris, Alex Brown, Zane Jones, Kurt Stennett, Brodie Moore, Jye Mulvihill-Espace, Wezley Brown, Dallas Wellington, Zac Sutton, Yharli Fitzgerald, Jarrad Laredo-Fitzgerald, Jett Lynch and Josh Willer.

**Mr N White**



## U/15s Lower North Coast Basketball - Girls

Two teams travelled to Port Macquarie on Thursday 2 August to compete to be the Lower North Coast U/15s Basketball Champions.

The girls' team were very experienced and had to rely on their natural sporting prowess. They did this extremely well. Their ability to play as a team and their tenacity in defence saw them dominate Camden Haven in the first game, winning 54- 2.

In the second match against Westport, it was a much tougher encounter. Westport had clearly spent much more time on a basketball court than Macksville. They seemed to want to intimidate our girls out of the game, but were in for quite a shock when Macksville displayed their team work and staunch defence. We won this game 38 – 20 and were into the final.

The final was against Melville who were a quality side. They had multiple representative players and this was not the first occasion they had played as a team. In the end Melville's experience shone through and the Macksville girls were unable to fully contain them. However we were definitely not disgraced and only went down 22 – 34.

The girls represented Macksville High School with dignity and pride and reacted to every situation with a smile.

Special thanks goes to the parents who assisted with transport. Without them, fun days like this could not go ahead.



*Team Photo Back row Left to Right:  
Abby Baxter, Lily Bartlett, Tiajuana Rosser,  
Sienna Harris, Bree Ferguson*

*Front row Left to Right:  
Tamsyn Spear, Arrin Stirrat-Black, Brin Trisley*

## U/15s Lower North Coast Basketball - Boys

The boys' team performed very strongly on the day. They played two games, and through the luck of the draw, received a bye. The first game was against Camden Haven. They were obviously well drilled and well coached and managed to skip away to an early lead. However, it wasn't long before the inexperienced Macksville boys managed to gain their composure and the baskets began to drop in. Eventually Macksville ran away with the game 43 – 27.

Their next match-up was against Bowraville to see who played Melville in the final. The game went from end to end in all four quarters and the Macksville team were gelling well, executing some excellent plays and sinking some brilliant baskets. Unfortunately in the final seconds of the game, whilst trailing by one point, we just couldn't deliver the knockout punch and went out agonisingly close to a final appearance 43 - 42.

All the boys need to be very proud of their performance on the court and their general conduct on the day.



*Team Photo Left to Right:  
Jacob Moore, Rory Partington, Tallin Rolff, Jake Jones,  
Finn Stephens, Blake Sampson, Luke Fitzgerald,  
Darcy Welsh*



# K Rugby League Girls Regional Final

Wednesday 8 August, Coffs Harbour

Macksville High School U16 Girls played in the Regional Final in a bid to make the state final later in the year. They had to win all three games against Toormina, Great Lakes Forster and Wauchope to progress.

In the first game they played Toormina High School. Unfortunately the girls lost 26 to 8. Wulaarran Walker and Tiajuana Rosser scored the tries.

Next game the girls played Great Lakes Forster. Macksville High were unstoppable and won 30 to 6. Wulaarran Walker scored four tries, with Tiajuana Rosser and Lillah Hoffman scoring one each.

The final game of the day was against Wauchope High School. The girls played their heart out but lost 26 to 16. Tiajuana Rosser and Wulaarran Walker scored two tries each.

The girls should be very proud to be playing at this level and they can look forward to next year.

The team: Wulaarran Walker, Tamsyn Spear, Ellie Welsh, Sienna Harris, Lillah Hoffman, Bree Ferguson, Taylah Martin, Lani Walshe, Ella Castle and Tiajuana Rosser.

*Thank you to Gemma Summerville and Jo Simon for assisting on the day by running the water.*

Mr N White



## North Coast Gymnastics



Wednesday 8 August, the North Coast Gymnastics team travelled to Newcastle for the combined high schools state championships for gymnastics .

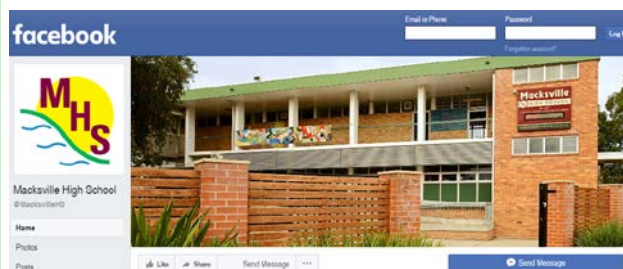
The girls did so well and came **1st** against schools across the state.

Marli was particularly happy to complete against the city teams as they are always massive competition.



<https://www.facebook.com/MacksvilleHS/>

**Visit our facebook page....**





**Rob Stokes**  
Minister for Education

## **MEDIA RELEASE**

Sunday, 29 July 2018

### **LIFE READY EASY WAY TO HELP STUDENTS AVOID HARD LESSONS**

Dealing with issues of independence, bills, savings and stress are just some of the things set to be tackled in the new Life Ready program.

Education Minister Rob Stokes today launched the course aimed at helping students in years 11 and 12 avoid the most common traps of young adulthood.

“I want to ensure that schools adequately prepare students not only for work and further study, but for the particular challenges they may face in the first few years after school,” Mr Stokes said.

A central issue the Life Ready program hopes to address is financial responsibility. Figures released by the Australian Securities and Investments Commission in early July revealed Australians now have almost \$45 billion outstanding in personal credit card debt, with approximately one-in-six Australians struggling to pay their bills.

“By being forewarned and forearmed with financial knowledge, we can help students plan responsible budgets and avoid personal debts that could keep them trapped well into their thirties,” Mr Stokes said.

Other lessons include learning about liberal democratic values, citizenship and voting, road safety, mental health, domestic violence, substance abuse and volunteering. The lure and danger of online gambling will also be part of the conversation. There will also be instructions for safe travel overseas, mainly due to the increasing popularity of schoolies celebrations abroad.

“High school graduates are still teenagers. We have unfortunately seen too many times where being naïve while travelling abroad has had fatal consequences.”

The Life Ready program will be taught over a 25-hour period in senior years.

“Life Ready is not about stressful assessments or hard work. It’s simply an opportunity to share with students some simple commonsense lessons the rest of us were forced to learn through years of bad mistakes,” Mr Stokes said.

**MEDIA: Marcus Middleton | Minister Stokes | 0439 350 692**



# WAYS TO CHILL FOR CHEAP



PRETEND  
YOU'RE AN  
ART CRITIC



DANCE  
TO  
DRAKE



DO A YOUTUBE  
YOGA CLASS

HAVE A  
SUNSET  
PICNIC



BAKE A  
PACKET  
CAKE



WATCH A  
WEB SERIES  
ON YOUTUBE



NAILED IT!



MAKE SOME DIY  
BIRTHDAY CARDS

TAKE A NAP  
IN A  
BLANKET FORT



PRETEND YOU'RE  
A PHOTOGRAPHER



GO TO THE  
DOG PARK



DOWNLOAD THE  
7 MINUTE WORKOUT  
APP.



BROWSE THE  
PODCAST APP



GOOGLE  
"OTTERS HOLDING  
HANDS"



HAVE A  
TOTALLY  
TECH-FREE  
HOUR



CHOOSE A RANDOM  
BOOK AT THE LIBRARY



MAKE A  
CUP OF TEA

# IMPORTANT DATES



## WHAT'S ON AT MHS

14 Aug	Parent Information Evening Applying for University
21-23 Aug	Ag Quip Gunnedah
21 Aug	Year 8 into 9 Information Meeting 5.30pm
22-23 Aug	Year 10 into 11 Subject Selection Interviews
29-30 Aug	Year 10 into 11 Subject Selection Interviews
4 Sept	Parent / Teacher Interviews More information to follow
5-7 Sept	State Athletics
14 Sept	P&C Movie Night



## Eungai Public School 125<sup>th</sup> Anniversary

You are invited to attend Eungai Public School's 125<sup>th</sup> Anniversary Celebrations

**When:** Saturday 29<sup>th</sup> September 2018

**Time:** Open school with memorabilia display, coffee van and Barbecue between 12:00pm to 2:00pm

All adults are invited to attend a 3 course dinner at Macksville Ex-Services Club on the Saturday evening, starting at 6:30pm. Tickets are available at the club from Monday 13<sup>th</sup> August for \$30 per person and need to be purchased no later than Monday 24<sup>th</sup> September.

All present and past staff, students, parents and community members are welcome to attend.

If you have any photos or other memorabilia that you would like to share for our display, please contact us.

Phone: The Principal, Julie Carr 65 699248 for more information.

## COMMUNITY NEWS

### Stuarts Point & District Little Athletics

Registrations online at [www.lansw.com.au](http://www.lansw.com.au) from Aug 1st.

Competition begins 3rd August at 4.15pm, at Buz Brazel Oval Scotts Head.

More information on our Facebook page - "Stuarts Point & District Athletics Club."



### Volunteer at Vinnies Macksville!

Vinnies is seeking reliable volunteers to work in the local shop at Macksville. The shop stocks quality clothing and bric-a-brac at affordable prices. Funds raised go straight back into the community to assist disadvantaged and vulnerable people and families.

### Scotts Head Tennis Club

Expressions of Interest

We are seeking those juniors, aged 10 -15, you would be interested in an afternoon of tennis.

We are looking at playing on an afternoon, for a month's trial.

We would be seeking those who can play as we are not coaches.

We would also require parental assistance.

Times, dates, fees, etc to be determined.

If your child, or someone you know, would be interested please contact Tom Rice, 0431052681 or Jill Goddard 0428698296.

Volunteers must be at least 16 years of age and able to commit to a regular shift. Full training provided.

Volunteering at Vinnies is a great way to meet like-minded people, gain valuable retail skills and give back to your community.

Please call the shop on 6568 1579 for more information or just drop in.



# COMMUNITY NEWS

## Foster love

**Foster care and make a positive difference to a child's life.**

As a foster carer, giving a child a caring environment can make all the difference to their life. If you've ever thought about becoming a foster carer, why not come along and discover what's involved at one of our upcoming information sessions.

**Monday, 6 August, 12pm - 2pm**  
Uniting Church  
21 Gordon Street, Coffs Harbour

**Monday, 3 September, 6pm - 8pm**  
Uniting Family House  
7 McLean Street, Coffs Harbour

**Book your place now.**  
For more information or to register  
[uniting.org/fostering](http://uniting.org/fostering) or call  
1800 864 846

**With heart.**

**Uniting**

### Law Change for Bike Riders Under 16

Children under 16 are now legally allowed to ride on footpaths in NSW.

Law change gives green light for teenagers to ride on footpaths

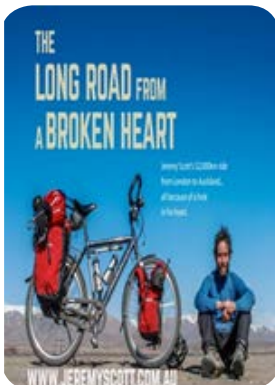
As students return from the winter holidays, many teenagers will no longer have to navigate traffic on busy roads while riding their bikes to school.

Children aged up to 16-years-old are now legally allowed to ride on footpaths.



## Jeremy Scott

ADVENTURER | AUTHOR | SPEAKER | PHOTOGRAPHER



[www.jeremyscott.com.au](http://www.jeremyscott.com.au)

4.00pm Thursday 9th August Macksville Library

Booking Essential phone 65681422

Jeremy Scott - Round the World Cyclist

Major open heart surgery as a four-year-old child taught Jeremy that life was precious and something to cherish. He began to see life as a rollercoaster ride, filled with challenges and experiences. Some of those challenges were forced upon him, others were of his own design.

On the 5th October 2011, Jeremy began a challenge that was of his own design, a journey that was many years in the planning; a 2 ½ year, 51,916km unsupported bicycle ride from London to New Zealand. As he pedalled his way around the planet he accumulated more than enough kilometres to circumnavigate the earth.

At the conclusion of this phenomenal journey, Jeremy wrote the highly successful book 'The Long Road From a Broken Heart' and now dedicates his life to inspiring others.

Jeremy is a recipient of the Australian Heart Foundation 'Heart Hero Award' and an Ambassador for Waterline Challenge.

When Jeremy speaks, people listen. His own courage, determination and relentless desire to persist through the most demanding of situations, highlights what anyone can achieve in life if they can muster the courage to take the first step. Through his inspirational and entertaining presentation, people realise that ordinary people can achieve extraordinary feats.



JAMMIT 26 August hosted by Urunga Sail Training Club

More Details of the event can be found on our Facebook page.

# Donate health

## DonateLife



**Daniel, 32, liver recipient**

Daniel's life was saved by an organ donor.

**What are you waiting for?**

Register to be a donor today at  
**[donatelife.gov.au](https://donatelife.gov.au)**



#donatelife  
#endthewait  
#makeitcount

 @DonateLifeAustralia

 @DonateLifeToday

 @donatelifetoday



## OTHER SERVICES THAT NGAMBAGA BINDARRY GIRRWAA COMMUNITY SERVICES ABORIGINAL CORPORATION PROVIDE:

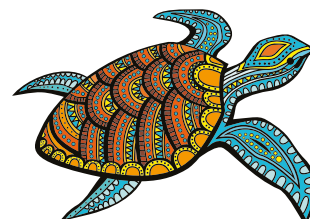
- Support and service to aboriginal Elders, frail aged people with disabilities and their families
- Regional CHSP Development Support
- Domestic Services
- Home and Community Care
- Community Care Services and Compacts
- Community Aged Care Packages
- CHSP Transport
- Respite Options



Ngambaga Bindarry Girrwa Community  
Services Aboriginal Corporation  
ABN 19 746 606 729

# EARLY LINKS PROGRAM

Mid North Coast - NSW



**KEITH JENKINS**

Early Links Program Coordinator

Mobile 0419 268 898

nrcp@nbgcs.com.au

[www.nbgcommunityservices.com.au](http://www.nbgcommunityservices.com.au)

## EARLY LINKS IS FOR:

- People with a disability ages 0-25 years and who are generally not accessing any specialist disability service
- Carers and families of people with a disability
- The community
- People wanting assistance to accessing community and mainstream services, knowledge, resources and opportunities in their communities

### Early Links Mission:

"Every child, every  
opportunity"

### Early Links Vision

"Communities where  
every child participates  
and every family is  
respected"

## WHAT DO EARLY LINKERS DO?

Early Links provide a range of supports for young children with developmental delay, disabilities and special needs.

### AN EARLY LINKER WILL ASSIST WITH:

- General development concerns
- Information and support for families to find out about their children's disability needs
- Identify concerns, set goals and development plans for your future
- Connecting with other parents, community and services providers
- Build confidence to achieve your goals
- Develop your existing support networks and create new networks
- Look at ways you can participate and be part of your community



## HOW TO ACCESS EARLY LINKS

Anyone can contact their local linker who can provide you with information about available services and resources in your community. You can talk to your linker over the phone, email, SMS or arrange to meet them in person at the office.

You may bring a friend or family member to the meeting if you wish.

### CONTACT YOUR LOCAL LINKER

**KEITH JENKINS**

Early Links Program Coordinator

1/53 High Street

(PO Box 289)

Bowraville NSW 2449

Mobile 0419 268 898

nrcp@nbgcs.com.au

Office 02 6564 7559

visit us in the web

[www.earlylinks.org.au](http://www.earlylinks.org.au)

[www.nbgcommunityservices.com.au](http://www.nbgcommunityservices.com.au)

# YARRAHAPINNI FESTIVAL 2018

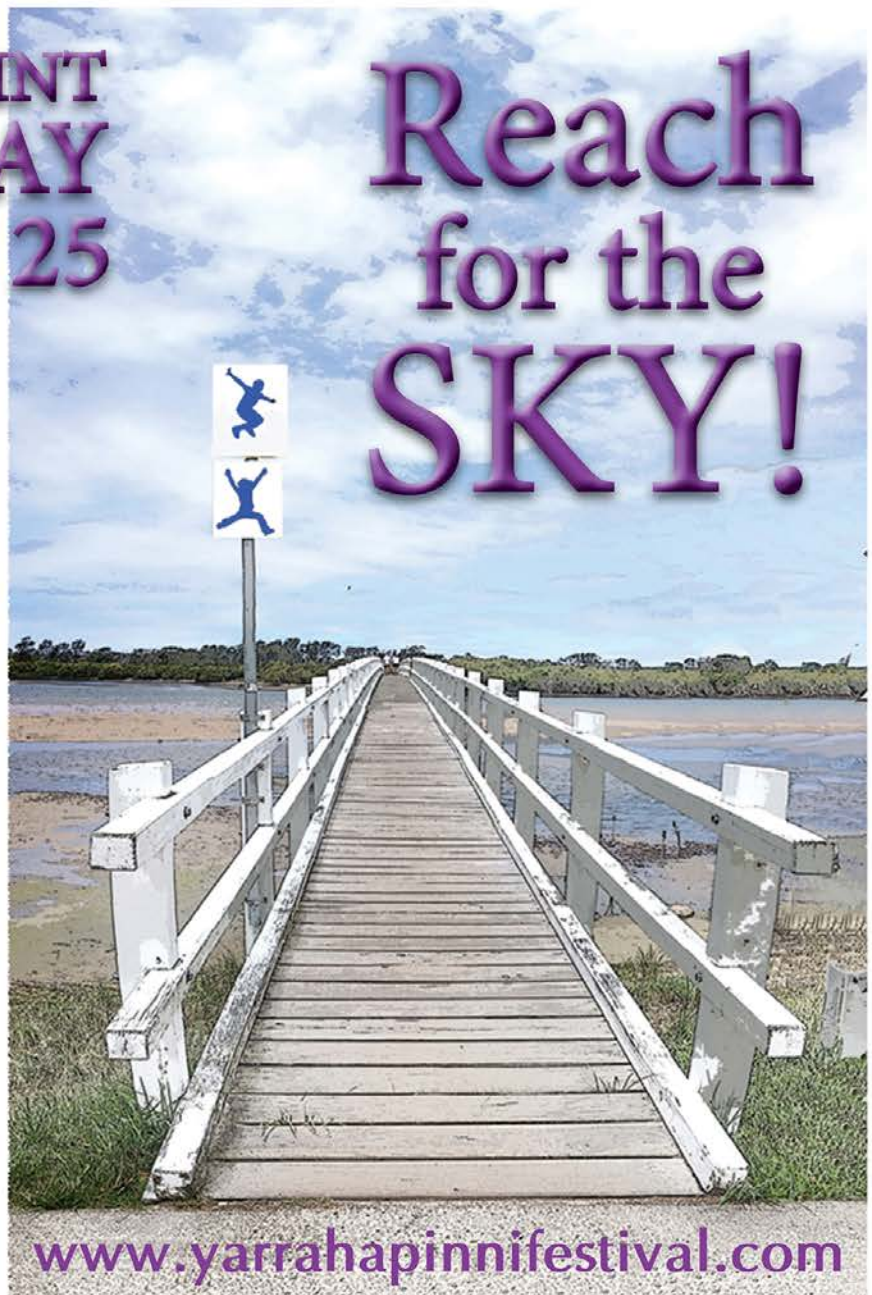
STUARTS POINT  
SATURDAY  
AUGUST 25

Reach  
for the  
SKY!

ART  
MUSIC  
MARKETS  
FOOD  
FUN!



sponsored by



[www.yarrahapinnifestival.com](http://www.yarrahapinnifestival.com)

6pm FRIDAY AUGUST 24 OPENING NIGHT - \$10  
SATURDAY RIVERSIDE from 7am - \$2 - kids free!