



#### **Remembrance Day**

#### 11 November 2018

We represented our school by marching along the main street of Macksville for the centenary of Armistice. There were also Macksville High School students who marched for the Rural Fire Brigade and assisted with the service by handing out bottles of water. The march was then followed by a solemn service which reflected on Macksville's past servicemen and women. The school captains and SRC members laid a wreath on behalf of Macksville High School to honour those who made the ultimate sacrifice over 100 years ago.



















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#### Message from the Principal

Dear Parents and Community,

The Valley 10 Community of Schools has been involved in an Art Project over the last few weeks. Saturday night saw the opening of the Exhibition at the Nambucca Arts Centre in Ridge Street. The framed paintings from fifty students across the Valley were outstanding and a credit to the artists. Well done to Kira Atkins, Keenan Breasley, Celeste Cameron, Chantel Cameron and Charlotte Kearney for their contributions and mentoring the primary students at our workshop. A huge thank you to Sarah Landers, the Principal at Medlow Public, for her organisation and realisation of the project for our budding artists. The exhibition is open to the public over the next two weeks, Wednesday to Friday from 10am to 3pm and Saturday from 9.30am to noon.



The Year 12 Formal was a lovely evening held at Macksville Ex-Services Club, with the students looking absolutely fabulous and glamorous. The HSC examinations are now completed, and it is the waiting game until results are released in mid December.

Thank you to the parents who attended our Senior Information Evening. We felt it was important at the start of the HSC year to introduce key support staff for our senior students and outline both school and NSW Education Standards Authority (NESA) expectations. We have created a quiet study zone where students can work, access resources and seek assistance from the Senior Mentor Teacher, Mrs Robertson. Other avenues for accessing support are the Careers team, Learning Support team, the Head Teacher Teaching and Learning, and the Wellbeing team. Students can also seek assistance from their subject teachers and Head Teachers.

Our Year 10 students will be involved in Project Based Learning, Master-classes and study skills sessions over the next two weeks. These activities are designed to develop their skills as they move towards their senior schooling. Thank you to Ms Dykes, Ms Collits, Mr Jordan and Mr King for their time in organising these activities.

Some of our Year 10 students will be supporting Macksville Public School through the *Swim and Survive* program. This is an important initiative in assisting younger students to learn to swim, and I know the help our students are giving is appreciated.

It is a requirement of the Department of Education that students must attend school every day the school is open. The last official school day is Wednesday 19 December and all students are required to attend until this date. There are many assessment activities and examinations occurring over the next few weeks in all year groups, and despite what your child may tell you, the expectations regarding attendance and application are the same as at the beginning of the year – in class and working every day!

Mrs Erica Lyne Principal

#### Nambucca Arts Centre Exhibition



#### **Macksville High School Leadership Team 2019**



Captains - Matiese Trisley and Ulysses Roberts Vice Captains - Blake Howle and Cassandra Ferris



Emily Hall and Jack Rogan



Sophie Sutton and Lachlan Jones



Ruby Moore and Nathan Fitzgerald



Amy Martin and Blake Brunsdon

# Congratulations

#### Our education support dog - 'Ginger at work'

Ginger has been attending daily class lessons each Tuesday with her handler Mr Parker. Ginger is primarily used within the classroom environment to support our students.

A noticeable positive influence in learning has been observed and on many occasions students have mentioned it was a welcome surprise to have Ginger greet them at the start of their lesson.

There are many photographs throughout the newsletter of 'Ginger at work'.















# WHAT'S ON AT MHS

#### **Important Dates and Information**

26 Nov - 7 Dec	Swim and Survive 9am - 1pm, Year 10 Students with Mrs Adams
29 - 30 Nov	QLD Uni Trip - Year 11, with Mrs Peisley
3 Dec	Year 6 into 7 Parent Information Evening 6pm in the hall
3 Dec	- ALL WELCOME TO ATTEND -
4 Dec	Year 6 Orientation Day for students who are enrolled into Year 7 for 2019.
Dec	The completed enrolment form is required for students to attend this day.
	Stage Assemblies in the hall - ALL WELCOME TO ATTEND -
	Year 7 and 8 - 9.00am (Period 1)
13 Dec	Year 9 and 10 - 11.10am (Period 3)
	Year 11 - 1.30pm (Period 5)
	Highly Commended, Encouragement, Swim and Survive Awards
	Worlds Merit Excursion, QLD Wet and Wild \$65.
14 Dec	Note and money to the front office.
TTDCC	This is for students who have achieved the required merit level.
	Years 7, 8 and 9:Bronze Level, Year 10:Silver Level and Year 1:Gold Level.
	Yearly Presentation Assembly in the Stadium.
17 Dec	First, Second, Outstanding Achievement and Special Awards
	- ALL WELCOME TO ATTEND -
	Activity Days - See further information on page 10.
18 - 19 Dec	•Art / Craft • Pool • Cycling • Cinema • Canoeing • Puzzles and movies
	•Scotts Head Surfing • Reading • Ag Farm and Gumma
	Note and money to the front office. Please see Ms Dykes for information.

#### Visit our facebook pages...

https://www.facebook.com/MacksvilleHS/

https://www.facebook.com/Macksville-High-School-Careers





# GILGANDRA RESPITE VISIT

Monday 5 November saw a small group of Gilgandra High School students making a trip to the coast, many of them for the first time. Organised by SRC members Matiese Trisley, Astrid Smith, Clementine De La Hunty and Chilli Burt-Perks, the visit was a brief respite for the students from the drought ravaged community. The Gilgandra students arrived around 3pm and thanks to the generosity of Mr Jeff Hanna who donated the accommodation, the students were able to bunk down in the Scotts Head Christian Youth Centre. The students had an afternoon fishing and swimming and the SRC provided a BBQ dinner. Thanks to Mrs Conway and Mr Werner for providing dessert and the junior SRC members who came out to join the group.



Tuesday saw an action packed day with junior students from MHS SRC (thanks Mr Joyce for transport and drone operation) joining the Gilgandra students for swimming, fishing, a surf school donated by Mr Paul Evans, lunch at the beach, then a touch footy competition at school. The visitors then went home to swim, relax and have showers and came back to school for a meal on the TAS block deck (Thank you to all who donated food – Ms Garland, Mrs Bodycote, Mrs Alchin, Mrs Fortescue and the Trisley, Smith, De La Hunty and Ennis clans.) Thank you also to the Hospitality girls who laid the place settings, reheated food, served and cleaned up. It was a great feast and a lovely atmosphere. After dinner we watched a movie in the Hall and the visitors went back to Scotts Head.

Wednesday morning was a bacon, egg and pancake breakfast at school followed by a tour of the Agriculture Farm and then our guests were on their way for the 10 hour journey home. Mr Webb said the kids had a brilliant time and we hope to see them again next year.

#### **Mr M Baines**



#### Ш

#### **STEM Battery Challenge**

Riley Passmore

Year 9 STEM embarked on a battery building challenge as a part of their Toys and Games unit of work. Students completed research to find a battery design, and then built and tested their batteries. The student with the highest voltage was declared the winner.

Joel built a battery out of three lemons. Not happy with his reading of 1.48 Volts, he cut the lemons in half, doubling his battery cells, and soaked them in vinegar. His innovative modification more than doubled his voltage with a reading of 3.22 volts.

Elliot built a complex battery from activated carbon soaked in salt solution using stainless steel and aluminium disks in between layers. After much toil constructing this difficult design, he was disappointed with the voltage of 0.57 volts. Then he realised he had forgotten the aluminium disks! He returned a final reading of 5.9 volts.

Riley built his battery out of a tin of sauerkraut and a piece of copper. A simple design with strange ingredients. He had to problem solve when no voltage was detected. Turns out cans have insulating plastic linings that prevent electrical conduction. Sanding back the lining he was able to get a reading of 0.34 volts. Not enough to run a robot, but a very creative design.

Jonah used an ice cube tray with vinegar, screws and copper wire to build a 12 cell battery. His design returned a reading of 1 volt, however, a similar set up built by Jordan achieved an impressive 6.9 volts.

Rory built his battery from 2 cent pieces, zinc disks and paper soaked in salt water. He was pleased when his battery read 1.47 volts, however a similar design using vinegar instead of salt water built by Jamie read 4.83 volts, so Rory quickly switched solutions to reach a final reading of 6.9 volts.

Jamie wasn't happy with his 4.83 volts. He reasoned that increasing the number of cells (stacks of disks) would increase the voltage. His experimentation paid off when he won the competition with an impressive reading of 7.52 volts.

Well done to all the STEM participants who used research skills, problem solving skills, logic and creative innovation to design and build a diverse range of batteries.

#### **Mrs A Hughes**









# YEAR 11 NEWS

#### **GRIP Leadership**

On Tuesday 30 October, five Year 11 students attended the GRIP Leadership conference at Coffs Ex-Services club. This conference trains student leaders in gaining leadership skills. Students partook in a variety of activities and discussions including character of a leader, developing events within schools and leading groups of students for a cause.



Bianca McFadyen, Emma Lawson, Nathan Fitzgerald, Kamden Walker and Sasha Frost

#### **RRISK**

On Thursday 8 November, Year 11 attended the RRISK program at CHEC. RRISK is a health promotion program that addresses risk-taking behaviour amongst Year 11 students in the Mid North and North Coast of NSW. Students listened to Paul Dillon (founder of Drug and Alcohol Research) discussing alcohol and drugs with young people. There was also a session delivered by the RMS about safe driving and buying second hand cars, and students were given some important advice from Mark Bettini (injured due to motor vehicle accident).



Thank you to Chilli Burt-Perks and Blake Howle who proudly represented Macksville High School.

#### **Student Individual Learning Plans**

Currently Year 11 are undergoing an interview process with Mrs Melissa Robertson (Senior Mentor Teacher) and Mrs Toni Jones (Year Adviser). This process involves evaluating the Year11 report, creating goals for the HSC year and discussing strategies in meeting those goals.

Mrs Jones is also looking forward to receiving baby and kindergarten photos from Year 11 students by the end of the term.



Thank you to the students who have already supplied these.

# EARTHWATCH

#### **Our Earthwatch Experience**

On Sunday 30 September, we travelled to Adelaide Airport, where we met 10 other students from around Australia who we would be spending the week with. Our home and work for the week was located five hours out of Adelaide near Renmark. Calperum Station is a part of the Murray River Floodplains and it was once a major watering hole for cattle and sheep travelling on the Overland Stock Route. The property is now managed by the Australian Landscape Trust and has been declared as critical habitat for species conservation under the Commonwealth legislation.

The reserve covers an area of 2,386 km<sup>2</sup> with Mallee vegetation covering almost 95% of the property. The large population of Mallee is precious as the Mallee scrubland of Australia is one of the most endangered vegetation types in the world, with approximately 80 per cent cleared for agriculture in the past 150 years.

Throughout the week we participated in many ecological surveys such as Pit-fall trapping. This process involved setting up a 60m long mesh line with 6 buried buckets every 10 metres. These buckets were checked every morning and evening and after we caught and surveyed the animals we would release them back into the wild. Nocturnal animals were predominately found in the mornings. These animals included many arachnids such as scorpions and spiders as well as other animals including centipedes, geckos, common house mice and many native species of mice. During our evening surveys we mainly found reptiles such as Mallee dragons, Burton's blind snakes, legless lizards and bearded dragon's. We also conducted soil and tree survey's in which we had to set up  $10\text{m}^2$  quadrats.

The ecological surveys that we undertook throughout the week contributed to the field scientist's research and the data that we collected will be used in published scientific reports. During the week we were able to use information that we learnt earlier this year in Science about ecology and different ecological surveys. We would also like to thank Ms Kelli Dykes as without her guidance and support during the application process we would have never experienced this wonderful opportunity.

#### By Taylor Adair and Annalise Robertson







#### Our education support dog - 'Ginger at work'





#### **Food Technology**

Students have been learning how important it is to Move and Eat for Health. They recently created their own healthy sandwiches and have begun designing posters to promote this message.

#### Mrs E O'Sullivan



Billy Skinner



Aiden Laird



**Branden Parkins** 



Harry Smart



Maurice Boney



Torrie Maloney

#### **Child Studies**

Year 9 Child Studies had the opportunity to attend the Macksville Hospital Maternity Unit on Friday 23 November to tour the facility.

The staff at Macksville Hospital had organised for a simulated pregnant woman to be available for the students to interact with. They were able to watch a simulated birth and had the opportunity to assist in a hands on delivery experience which gave the students a better understanding of the birthing process.

Thank you to the staff at Macksville Hospital for giving our students this amazing opportunity.

#### Mrs E O'Sullivan















#### **Aboriginal Culture and Children**

Child Studies 2 students had a wonderful time making lemon myrtle flavoured damper last week.

They have been discovering which traditional plants are used for medicinal purposes, such as the lemon grass, eucalyptus oil, tea tree oil, billy goat plum, emu bush and snake vine.

They will be attempting to create some dot paintings in their next lesson, modelling their pictures on traditional Aboriginal art pieces provided to them.

Mr Mark Werner, whose mother originates from the Torres Strait Islands, was able to share some of his knowledge about totems, story-telling and the traditional ways of the Aboriginal people. He is presently studying the Gumbaynggirr language as part of a linguistics degree.

The students have learned about traditional Aboriginal games such as "Chuboochuboo", which was played in South Australia. A wallaby skin stuffed with grass, and about the size of a football, was thrown into the air and caught. After catching the ball a player would run about with the ball before throwing it in the air in an unexpected direction.

Mrs E O'Sullivan



Haley enjoyed her damper with a little bit of golden syrup and margarine



Mr Werner discussing Aboriginal culture



#### **Year 8 Technology**

Mr Sheridan's Year 8 students will be ready for the summer BBQ season now they have finished their BBQ Mates! The design problem asked the students to construct a BBQ Tool using suitable metals and timber. Most opted to use camphor laurel for the handle and aluminium for the blade. The new laser cutter was utilised to laser burn a design into the handle.

#### Mr D Sheridan







# YEAR 10 MASTER CLASSES

#### **Tuesday 27 November to Friday 7 December**

During Week 7 and 8 students will be provided with a wonderful opportunity to attend a 'Master Class' with their teachers for 2019 senior classes. These 'Master Classes' will provide a unique chance for students to gain an understanding about the expectations and course structure of each subject. They will also learn the fundamental skills that will be required for the course and be provided with information that will allow them to begin their preparation and organisation for the 2019 academic year.

In the 'Master Classes' students will have the opportunity to ask questions about the course, gain additional information about the content and familiarise themselves with their peers and learning space. This will also be a valuable opportunity for students to enquire about books, homework and preparation material to be gathered over the holidays.

#### **Master Class Schedule**

Date	Week	Master Class
Tuesday 27 November	Week 7, Day 2	English Studies
		Standard English
		Advanced English
Wednesday 28 November	Week 7, Day 3	Sport
Thursday 29 November	Week 7, Day 4	Standard Mathematics
		Mathematics
		Hospitality
Friday 30 November	Week 7, Day 5	Community and Family Studies
		Engineering
		Modern History
Monday 3 December	Week 8, Day 6	Biology
		Business Studies
		Food Technology
		Metals and Engineering
Tuesday 4 December	Week 8, Day 7	PD/H/PE
		Visual Design
		Primary Industries
		Chemistry
Wednesday 5 December	Week 8, Day 8	Sport
Thursday 6 December	Week 8, Day 9	Marine Studies
		Business Services
		Legal Studies
		IT Electronics
Friday 7 December	Week 8, Day 10	Sports Coaching
		Sport Lifestyle and Receation
		Math Ext
		English Ext

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Week	<b>Time</b>	Monday	Tuesday	Wednesday Swim and Survive	Thursday Swim and Survive	Friday Swim and Survive
<u> </u>	9.00 - 12.50	Swim and survive or	Swim and Survive or	Swim and survive or	Swim and survive or	Swim and survive or
26 - 30 Nov		PBL	PBL	PBL	PBL	PBL
	1.30 - 3.10		Master Classes		Master Classes	Master Classes
		Normal classes	English	Sport	Mathematics	CAFS
					Hospitality	Engineering
	, , ,					Modern History
Wk 8	9.00 - 12.50	Swim and Survive	Swim and Survive	Swim and Survive	Swim and Survive	Swim and Survive
		or	or	or	or	or
3-7 Dec		PBL	PBL	PBL	PBL	PBL
)	1.30 - 3.10	Master Classes	Master Classes		Master Classes	Master Classes
		Biology	PD/H/PE	Sport	Marine Studies	Sports Coaching
		Business Studies	Visual Design		Business Services	SLR
		Food Technology	Primary Industries		Legal Studies	Math Ext
		Metals and	Chemistry		IT Electronics	English Ext
		Engineering				
Wk 9	9.00 - 12.50		Normal classes or Sign up	Compulsory Sessions		
		PBL	sessions		Stage Assemblies	
10 - 14		Presentation Day		*All My Own Work	)	
Dec			*Resume writing (ETC)			Merit Excursion
	130-310		*How does the ATAR	* Students Online NESA	Sign up Session	
	0		work?	*Misadventure Process	* What is Uni like?	
			*Scholarship writing			
Wk 10						
17 - 19		Presentation Day	Activities	ties		
Dec						

# ACTIVITY DAYS

# Tuesday 18 and Wednesday 19 December Last 2 days of school for 2018

This year on Tuesday 18 and Wednesday 19 December 2018, Macksville High School will be running alternate activity programs. These programs have been designed so that students can elect a two day program that they are interested in.

There are a variety of programs available including -

- Arts / Craft / Gardening / Cycling
- Farm and Agricultural Activities
- Water Activites and Games at the Pool
- Cinema and Films
- Fishing and Sports at Gumma Reserve
- Movies, Music and Puzzles
- Fishing
- Electronics
- Creative Journaling and colouring
- Scotts Head Surfing/ Beach activities



All students have received an information sheet that outlines the special requirements including cost, equipment, location and travel.

There are a few important steps to ensure that students obtain their chosen activity:

- 1. Read the information about each activity.
- 2. Return the permission note to the box outside Ms Dykes office and if there is a cost please pay this at the front office.
- 3. Add their name to the sign up sheets outside Ms Dykes' office. This will ensure a place in their activity.

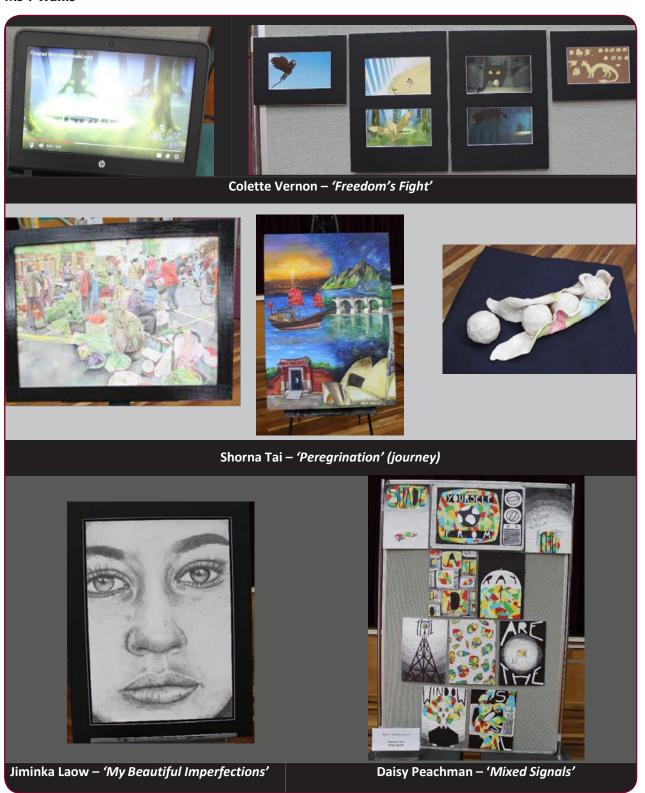
Please contact the school if you require any additional information.

# ARTS PERFORMING So CREATIVE

#### **Visual Art Major Works - Class of 2018**

Congratulations to our Year 12 Visual Art students, Daisy Peachman, Jiminka Laow, Colette Vernon and Shorna Tai. The ladies have all excelled themselves in producing Visual Art Major Works that demonstrate their dedication to meet the Higher School Certificate Visual Arts Course requirements and also convey their love of their art practice. They are a very talented group of ladies and I wish them all the very best in the future. Special thanks to Eddie Frankel of Matilda Street Art Gallery in Macksville, for his service to assist students to frame their Major Works. The images below capture the student's Visual Art Major Works after recent Higher School Certificate marking at Macksville High School.

#### Ms Y Wallis

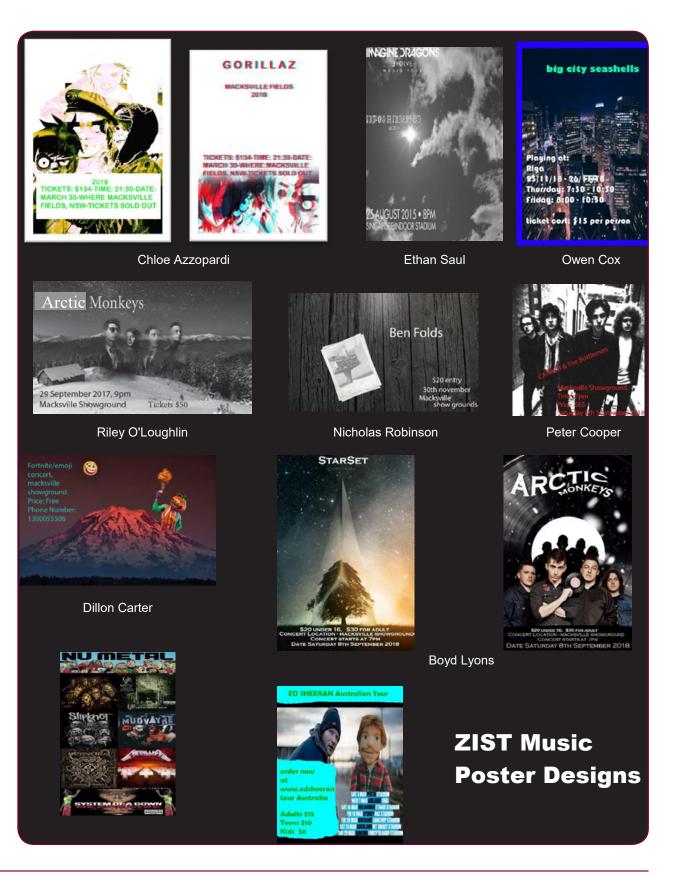


# ARTS RFORMING Ш 1 Ш CREATIV

#### **ZIST – Music Poster Designs**

During this semester the ZIST class have been engaged in a range of animation and Adobe Photoshop learning activities. Of note, students have used Adobe Photoshop to design posters to advertise their favourite band or music group. The images below capture their creative designs.

Ms Y Wallis and Ms D Beadle



# CANTEEN NEWS



## IMPORTANT INFORMATION

#### **Head Lice**

Head lice has been identified here at school, so can we please request that you check your children now and over the coming weeks.

Please check your child's hair for nits/lice using the methods recommended in information from NSW Health http://www.health.nsw.gov.au/environment/headlice/Pages/treatment.aspx.

If you find any eggs or lice please commence treatment as recommended.

Further information on head lice is available on the NSW Health website (details above) or through the Department's website at http://www.schools.nsw.edu.au/studentsupport/studenthealth/conditions/headlice/ index.php.

We appreciate your assistance in this regard.

#### 2019 Bus Passes

Busways is now updating their data in preparation for student bus passes for 2019. If you have changed your address or intend to do so over the summer holidays please inform Busways. This will ensure that all bus passes are sent to the correct address.

Changes can be updated at https://apps.transport.nsw.gov.au/ssts/updateDetails Transport



If you have trouble using this website please contact Busways Macksville on 6568 3012.

#### **Concession Cards**

Students turning 16! If you require a concession card, they are available from the office. These cards allow you to travel on public transport at student concession prices. They are not a form of ID but you may be required to show it if requested by a Transport Officer, to prove that you are still at school.

#### **Year 12 Sign Out**

A reminder to all Year 12 students to sign out of Macksville High School after your last HSC exam.

Please return all your textbooks, library books and any other school properties you might have.

The school wold also appreciate donations of any unwanted uniform items.

#### **Yearly Presentation Day Ceremony**

Our Presentation Day Assembly to be held in the Macksville High School Stadium on Monday 17 December **2018, commencing at 10.00am,** and we would like to invite you to join us on this occasion.

Our Presentation Day Ceremony recognises the achievements of our students at Macksville High School during semester two. We would welcome your presence at morning tea at the conclusion of proceedings.

A list of awards will be displayed on the library door for students to see the award/s they will be receiving.

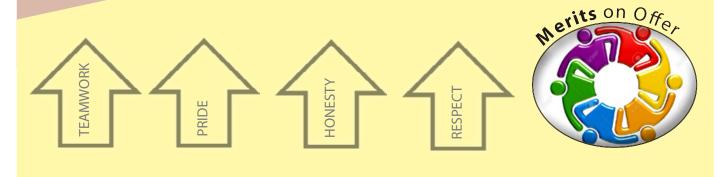
Your support in ensuring your child is in **full school uniform** for the occasion would be appreciated.



Have PRIDE in Macksville High School, wear our correct school uniform.



Thank you to the students of Macksville High School for wearing their uniform with pride!



# SPORT OF THE WEEK

#### **Beach Walking**

This term we have have lots of fun at Scotts Head during Beach Walking for sport. Each week we have had a different competition or activity. We began with beach combing where the aim was to find the most interesting item. After wading through lots of seaweed, crabs and various types of sponges, the eventual winner was Hailey Bloomfield from Year 7 who found a baby octopus!

Other activities included beach art, BYO beach ball and a sandcastle competition which was won by Lachlan Petith, Zeph Threadgate, Jack Boys, Levi Skinner and Baylun Green.

In the coming weeks we will be enjoying 'Operation Beach', Beach Olympics and an end of term picnic!

#### **Ms A Champion**













#### Our education support dog - 'Ginger at work'









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A magical evening was held to celebrate the end of school for this Year's Year 12 students. I chose an 'Aladdin's Cave' theme as the organising idea for the event. This concept worked well as it allowed me to incorporate the genie lamp

as the motif for the message, 'What You Wish....'
The Macksville Ex-Services Auditorium was the perfect venue and we began our work setting up for the special occasion the day before. The events management team from the Ex-Services Club

were very dedicated in their efforts to help me to transform the room into a formal dining area complete with draped entrance and our very own Aladdin's Cave area to use for the backdrop for our photos.

Macksville High School Year 11 Hospitality students, Alicia Hicklin, Annabelle Craven, Amelia Telford, Chloe Loveday and Amy Ralston were an asset to the setting up process and I really appreciated their hard work. Two Year 10 students, Annalise Robertson and Taylor Adair also contributed to the smooth organisation of the evening. These two girls acted as ushers and were dressed in authentic Arabian Harem costumes as they welcomed the guests and showed them to their tables. Taylor also worked as a photographer for the evening and

she was able to take lots of shots to help us remember the wonderful night.

The Year 12 students dressed up and were a sight to behold with every one looking absolutely beautiful or simply handsome. It was a very

rewarding experience to see them arrive looking so grown-up and sophisticated. The other guests included parents, special family members and staff and they too contributed to

the pleasant ambience of the evening.

After some time in the 'Aladdin's Cave', sipping fruit punch and posing for glorious photos amongst the props and artefacts which were assembled for that purpose, it was time to start the formalities.

Mrs Black and Mrs Peisley had prepared the students beforehand in two dances. These were performed on the night with a sense of pride as well as good humour, the addition of high heels made the challenge of the dance even more of an accomplishment.

A buffet style meal was enjoyed along with a choice of desserts for parents and staff whilst the students had individual glamour cupcakes. It was a wonderful night and I am privileged to have had the opportunity to have been the Year 12 Adviser for 2018.

I wish my students and their families well for their future beyond Macksville High School. **Mrs M Robertson** 









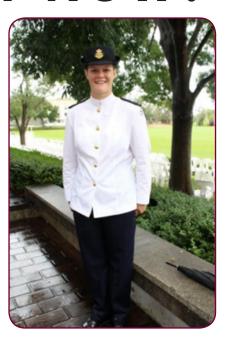
### WHERE ARE THEY NOW?

#### **Sarah Welsh**

Air Force, ADF Class of 2016

In January 2017 I joined the Royal Australian Air Force and completed initial training before commencing a Bachelor of Aeronautical Engineering at the Australian Defence Force Academy. In just over 12 months I have had the opportunity to play rugby for the Academy team, participate in leadership challenges, visit RAAF bases and network with junior and senior officers.

At the beginning of this year I completed four weeks of Air Force training at RAAF East Sale and also completed two weeks of Engineering Work Experience with Capability Acquisition and Sustain Group. I have enjoyed my time since graduating MHS and look forward to what is to come.



## COMMUNITY NEWS







NAMBUCCA VALLEY ARTS COUNCIL PRESENTS
CHATSWOOD HIGH BIG BAND
at the Nambucca Community and Arts Centre

Also featuring the Valla Voices

Saturday 8 December 2pm

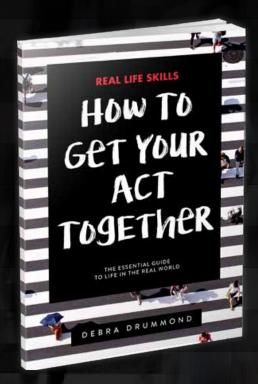
Tickets from Hello World Travel or at the door
\$10 Members, \$15 Non Members, Children Free

Afternoon Tea Included

# **COMMUNITY NEWS**

A message to Year 10 to 12 Parents and Friends

Would you like a book filled with life tips and lessons to help kick-start your teenager towards independence?



# Do you feel they need help with any of the following life-skills?

- ✓ Managing money and budgeting
- ✓ Knowing what's expected of them when they turn 18
- ✓ Going out and staying safe
- ✓ Buying a first car
- ✓ Building self-esteem
- √ Career choices
- ✓ Looking after their mental health
- ✓ Moving out of home
- ✓ A comprehensive list of support services...
  and more!

If you answered 'yes' to any of those things, my new book might be of help.

This practical, no-frills guide with hundreds of expert tips, is an ideal gift for your secondary student or school leaver as they transition to life in the real world.

Debra Drummond

# Order securely online @ www.real-life.com.au

REAL LIFE Youth Foundation Pty Ltd PO Box 302 Mona Vale NSW 2103 E: info@real-life.com.au M: 0407 885 271 Ebook: \$9.95 • Hard copy: \$24.95

First 2 chapters FREE