



# Newsletter

Term 4 - Issue 2 - 2020

## Remembrance Day 2020

On this important day, Macksville High students have been asked, What does Remembrance Day mean to you? One Year 9 student responded:

Remembrance Day is a day to remember our own fallen soldiers who have helped shape our world and allowed us to live in a safe and successful country full of opportunities for generations to come as well as show us how important peace is and allow us to refrain from participating in conflict in the future. *(Student Response)*



Student responses to: What does Remembrance Day mean to you?

People with families and children. Young men, some only 18 or younger, volunteering to fight thinking it will be great. Though soon finding that they were walking into death itself. Their mates being killed in front of them or themselves getting injured. The ones that survived, forever reliving the trauma. Australians allowed futures because of these men. Forever remembered for their bravery. *(Student Response)*



# Remembrance Day Student Responses

Remembrance Day is the day in which Aussies remember all the people that served in the wars. It is a day which unites all Australians together. A day that fills the country with pride about who we are. A day to reflect on what we sacrificed in order to get to where we are now. That is the true meaning of Remembrance Day.

Remembrance Day is the day to remember all the Australian soldiers who sacrificed/put their lives on the line to fight day and night for future generations to live in a safe country in the future. To me Remembrance Day means how important it is to be grateful for everything that you have because if it wasn't for the people who fought for our country it might not have been the same today.

Today is a special day as it's a day we all celebrate. To me I feel lucky for what I have and who I have. For what they done for us will always be remembered.

Remembrance Day means to remember those who protected our country. Those brave souls who fought day and night to see families and citizens of Australia live in peace and prosperity every day of their lives. We will remember the ones who protected this country. They will be remembered.

Remembrance Day is very important to me because it highlights the loss that our country had. We wouldn't be here if it wasn't for the brave soldiers that lost their lives. The end of WW1 is very symbolic of what should have been peace through sacrifice.

Remembrance Day for me when I was younger was going to the Dawn Service with my Gran. I would remember getting an artificial poppy as you walked into the parade and my Gran starting to cry as the soldiers walked down the street. At the school I was going to at the time, hearing how many of the students' relatives had lost their lives fighting for Australia. I even remember one girl having 10 relatives names read out. The feeling was surreal hearing all the names.

Remembrance Day is a day to reflect on those who fought for our country. It is a day to be thankful for all they have done and remember the lives that were lost. A day to remember those who died in war so we could live in peace. This day is to honour them, for our lives may have been a lot different without them. They will be remembered.

Remembrance Day is a day to give respect to those men that sacrificed their lives for Australia and have a minute's silence.

I am thankful for all the men and women who served and gave their life for the whole of Australia so we could all be here with our friends and family.

For me, Remembrance Day is a time to reflect on the sacrifice that the Australian soldiers went through to protect the country we live in today. It makes me think of my family that fought in the war and how lucky they were to make it through. As well as reminding me of my family that fought in the war, it also reminds me of those who have passed in our family fighting their own wars.

When I hear the words Remembrance Day I think of the ANZACs who fought and died in the war in 1918. To me Remembrance Day means that we pay our respects to the young soldiers who volunteered to fight for our country.

Remembrance Day means a day where we remember the people who sacrificed their lives for us. It is a day where we show respect to the people who lost their lives for us.

It is a way to remember those who died for us to live and forget about our worries. Family members and friends. Saving lives for us and others. It's for all of us and also to end the war.





# Always Was, Always Will Be.

8-15 NOV 2020

On Tuesday 17 November Macksville High School celebrated **NAIDOC** week with a whole school assembly.

Each year the NAIDOC committee select a theme and this year the theme was **Always Was. Always will Be.** The theme translated into our local Gumbaynggirr language is '**Malaaw yidaa. Yilaana yidaa**'. The theme provided an opportunity to shine a focus on the length of Aboriginal and Torres Strait Islander occupation of Australia.

During the assembly Year 9 student Zach Pacey read a script that detailed the history of Aboriginal and Torres Strait Islander people and their connectedness to their respective land and sea countries.

Special guest speaker Michael Jarrett provided a Welcome to Country in language. He also shared his thoughts regarding the significance of language revitalisation and the importance of maintaining cultural practices.

The assembly also provided an opportunity to screen a recent film production of Birrugan. This short film chronicles the life of local Gumbaynggirr hero ancestor Birrugan. The film was produced in association with the Saltwater Freshwater Alliance and features students from our school.

A huge thank you goes to our AEO Paul Evans for his work in coordinating this special occasion.

Mr Mark Werner

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## SCU HeadStart - *Tamsyn & Caleb*

Congratulations to Tamsyn Spear and Caleb Wassens for successful completion of the SCU HeadStart Biology unit in 2020. Although it was a tough year, these two students have achieved direct entry and advanced standing into a [Southern Cross University](#) degree after Year 12 completion. With no graduation ceremony this year we had to make our own fun!





# S L I K K C a m p

## Student Leadership in Koori Kids

3 days @ Scotts Head

Last week our Aboriginal students participated in an employability skills camp facilitated by Jill Ashley, Paul Ireland and many other wonderfully skilled TAFE representatives. Combining enterprise skills like creativity, teamwork and communication with culture helped these students to think about the application to business and entrepreneurialism. Thanks again to Jenni Farrands for her organisation of yet another innovative event!



### Macksville High Careers

<http://www.macksvillehighcareers.com/> is a fantastic site for teachers, parents and students for any Career related information.

This is the resource we use in Career lessons so take a look!



Also, like our **Facebook** page for the latest information: Macksville High School Careers.

4 Macksville High School

## Message from the Principal

Dear Parents and Community,

We are well and truly into our planning processes for 2021 including developing our School Improvement Plan for the next 3 years. The Staff and Executive have been analysing data looking at the strengths of our school as well as areas to work on through a situational analysis. We will develop our draft Strategic Directions from this work. We will be seeking input from our wider school community at a later date. The School Improvement Plan will continue our focus on quality teaching and learning at Macksville High.

As we farewell Year 12 we welcome our new Year 7 cohort for 2021 with their Orientation Day being held next week. It is the largest Year 7 group we have had for a number of years. Although we have not been able to have our usual program of transition activities due to COVID-19 restrictions, we are pleased they will get the opportunity to have a high school experience before they start next year. Their Year Adviser Mr Aaron Boatfield has been able to meet most students and get to know them as he has spent time in our partner Primary Schools.

There is still assessment work continuing and attendance at school is still expected every day. There is a strong correlation between attendance and achievement and all students need to give themselves every opportunity to achieve their best.

Mrs Erica Lyne

Principal

## Message from the Deputy Principal

Dear Parents and Carers,

Students have recently been issued with three important documents as part of the Positive Behaviour Expectations here at Macksville High School. The first document outlines our shared Core Values and what students can do to show these values in actions towards each other and across the school.

Also listed are Positive Behaviour Expectations and appropriate actions. Following are our Behaviour Guidelines which shows action if student find they are not following the school's expectations.

The Macksville Way Student Rewards Program is designed to recognise our students' positive behaviour choices and values their achievements. The stymie information is to remind students and families there is a way to report concerns especially around harassment and possible bullying incidents at school. The report made on stymie is anonymous meaning I cannot trace who has sent the report which comes directly to myself. I am then able to deal with issues.

Please take the time to review these documents and discuss with your child. If you have any inquiries or wish to discuss the documents with me please do not hesitate to contact me here at Macksville High School.

Ms Linda McGregor

Deputy Principal



# Macksville High School

Expectations for your success and wellbeing



## Core Values

*We aim to create a safe place where everyone feels valued and respected. To support our school's core values 'RESPECT, HONESTY, PRIDE and TEAMWORK' our students can:*

### Show respect by

- Considering the feelings of others
- Valuing the culture of others and their point of view
- Caring for the school environment and the property of others

### Be honest by

- Telling the truth
- Being trustworthy in your dealings with others
- Treating others fairly

### Show pride by

- Wearing our school uniform
- Working to the best of your ability
- Celebrating success

### Show teamwork by

- Being co-operative and working together
- Being kind in words and actions
- Include, value and encourage others

*Don't forget you can Stymie issues at [www.stymie.com.au](http://www.stymie.com.au)*

## Positive Behaviour Expectations

### Classroom

- Follow teacher's direction
- Be on time, line up quietly
- Be ready for class with your equipment
- Phones off, away and in bag
- Hats off
- Do your best to complete set work activities

### Mobile Phones and other Technology

- Phones off and away in your bag before entering the classroom
- Please always handle school equipment with care

### Playground

- Be safe and respectful
- Always leave area clean
- Stay in bounds at all times

### Use Appropriate School Language

- Always be polite and use your manners

### Positive Social Expectations

To help make everyone feel safe and respected always be:

- Kind
- Thoughtful
- Fair
- Open-minded
- Trustworthy

## Our behaviour guidelines

If you are warned to change your behaviour and it continues the teacher may:

- place you on **detention**
- **record** your behaviour on Sentral

If the behaviour continues

- You will be placed on a **Level 1** behaviour contract by your teacher and contact will be made home

If you do not meet expectations on the monitoring card

- You will be placed on a **Level 2** behaviour contract by the Head Teacher and contact will be made home

If the behaviour continues

- You will meet with the **Deputy Principal** and your parents/carers

**Positive  
behaviour is  
rewarded**

RESPECT

HONESTY

PRIDE

TEAMWORK

## What are the Awards?

### ZINC

A student must receive recognition once in each category to achieve Zinc level recognition

### BRONZE

This is achieved once a student has received **3 awards in each category cumulatively**

### SILVER

This is achieved once a student has received **6 awards in each category cumulatively**

### GOLD

This is achieved once a student has received **10 awards in each category cumulatively**

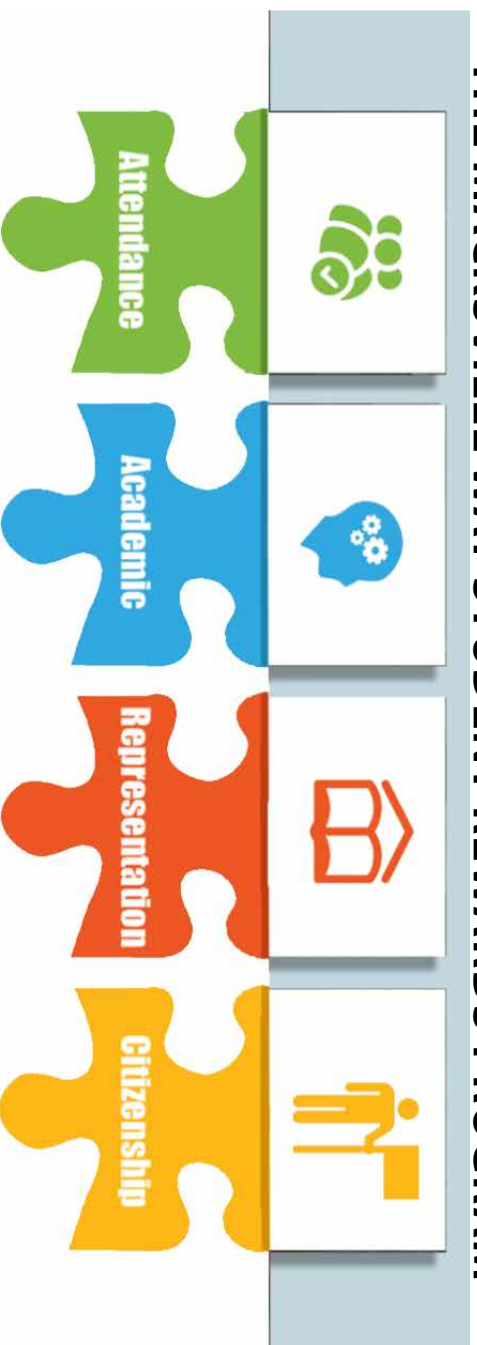
### PLATINUM

This is achieved once a student has received **14 awards in each category cumulatively**

### MACKSVILLE MEDAL

Students will also have the opportunity to gain the MACKSVILLE MEDAL, the most esteemed award offered at Macksville High School. This award is achieved by receiving **18 awards in each category cumulatively**. This signifies the sustained meritorious effort that these students have displayed throughout the duration of their entire time at Macksville High School.

## THE MACKSVILLE WAY STUDENT REWARDS PROGRAM



## What are students recognised for?

### Academic Recognition

- ◆ Consistent Effort
- ◆ Improved Application
- ◆ Outstanding Achievement
- ◆ Excellence in Classroom Achievement

### School Representation

- ◆ Representing Macksville High in a cultural activity
- ◆ Representation in any given event at zone, regional or national level including sports, academic or cultural events
- ◆ Representing Macksville High in the school or broader community whilst on an excursion or incursion in an exemplary manner

### Attendance Recognition

- ◆ 90 % or above and this will be reviewed at the end of each term - Term 1, 2, 3 and 4

### Citizenship

- ◆ School Service
- ◆ Working towards enhancing the school community
- ◆ Community Service
- ◆ Consistent Uniform

Teamwork

Pride

Respect

Honesty

# Promoting student wellbeing

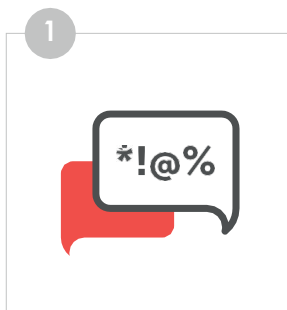
[www.stymie.com.au](http://www.stymie.com.au)



[enquiries@stymie.com.au](mailto:enquiries@stymie.com.au)

**One in four Australian students are bullied.  
Stymie gives kids the power to say something.**

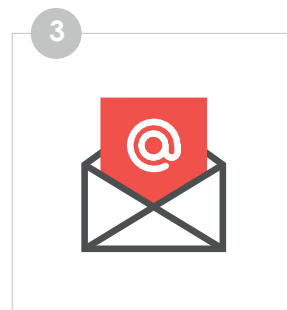
Stymie allows students at your school to send anonymous notifications about someone who they believe is being bullied or harmed. Allowing them as bystanders to remain anonymous, gives them the courage to overcome the fears and social pressures that prevent them from speaking up. It also relieves feelings of helplessness for students who want to help their peers but don't quite know how. **Ultimately, Stymie helps your school community foster caring and respectful relationships.**



*An incident occurs that involves bullying, harassment, assault or illegal activity.*



*Bystanders use an internet-enabled device to make an anonymous notification via Stymie.*



*Your school receives the notification & responds to the incident according to its wellbeing framework.*

Learn more at [stymie.com.au](http://stymie.com.au)





# Why attendance matters

When your child misses school they miss important opportunities to:



Learn



Build friendships



Develop life skills



## Days missed = years lost

A day here and there doesn't seem like much, but...

When your child misses just...

they miss weeks per year

and years over their school life

**1** day per **fortnight**  
  
**= 4 weeks** **= Over 1 year missed**

**1** day per **week**  
  
**= 8 weeks** **= Over 2.5 years missed**

**IMPORTANT  
INFORMATION**

# Y E A R 1 0

Dear Parents and Carers,

In 2020 we have developed an innovative program for Year 10 students. It is essential that students attend all school days as attendance is mandatory as outlined in the school attendance policy by Department of Education. <https://education.nsw.gov.au/policy-library/policies/school-attendance-policy>.

**The last day of the school year for Year 10 is Wednesday 16th December.**

This program is focused on the development of skills that are essential for senior learning. The students will have the opportunity to participate in a variety of programs being offered by a range of experts. Each session is designed to provide fundamental learning skills to help students as they progress into Year 11 and 12.

Some sessions that will be offered in Week 9 have limited numbers so we encourage students to sign up quickly. Along with these expert sessions we will also be covering many mandatory aspects required by NESA. It is essential that students have completed all of these required sessions to ensure successful enrolment into Year 11 in 2021.

Students can sign up for the following sessions outside the Teaching and Learning Office:

- Apprenticeship Preparation Session
- Tax File and Unique Student Identity Number Application

Students will also attend sessions to obtain their NESA student numbers and enroll in the My Futures Workforce.

In Week 10 students will attend presentation assemblies where academic and sporting awards will be distributed.

## **Master Classes**

During Week 9 students will be provided with a wonderful opportunity to attend a 'Master Class' with their teachers for 2021 senior classes. These 'Master Classes' will provide a unique chance for students to gain an understanding about the expectations and course structure of each subject. They will also learn the fundamental skills that will be required for the course and be provided with information that will allow them to begin their preparation and organisation for the 2021 academic year.

In the Master Classes students will have the opportunity to ask questions about the course, gain additional information about the content and familiarise themselves with their peers and learning space. This will also be a valued opportunity for students to enquire about books, homework and preparation material to be gathered over the holidays.

# Masterclass Timetable

	Monday 7 <sup>th</sup> December	Tuesday 8 <sup>th</sup> December	Wednesday 9 <sup>th</sup> December Library	Thursday 10 <sup>th</sup> December	Friday 11 <sup>th</sup> December
1	<b>Masterclass</b> Chemistry- Lab 2 CAFS –T9 Construction- Photo PD/H/PE- B8	<b>Sign up Session-</b> Apprenticeship Preparation Session – library	<b>Group 1 – 10.1 Eng</b> NESA students online My Future Workforce	<b>Masterclass</b> Aboriginal Languages -A1 Ancient History – B2 Business Studies- A2 Physics- Lab 4 SLR	<b>Masterclass</b> Indonesian Continuers- C8
2			<b>Group 2 – 10.2 Eng</b> NESA students online My Future Workforce		
3	<b>Masterclass</b> Engineering – T8 Legal Studies – A4 Marine Studies-A3 Textiles and Design -T8	<b>Masterclass</b> Biology- Lab 5 Metals and Engineering- T3 Drama- B4 Industrial Tech Timber-T6 Visual Design –Art 2	<b>Group 3 – 10.3 Eng</b> NESA students online My Future Workforce	<b>Masterclass</b> Business Services – Prac Firm Std Mathematics –C1 and C5 Adv Mathematics – C4 Photography – Photo Room	<b>Masterclass</b> English Studies-C8 English Standard- Library/C7 English Advanced- B4
4			<b>Group 4 – 10.4 Eng</b> NESA students online My Future Workforce		
5	<b>Sign up Session-</b> Get your Tax file and Unique Student identity (USI) Numbers – Library	<b>Masterclass</b> SLR and Sports Coaching – Room 10			
6					



# Y E A R 1 1 A W A R D S

*- Congratulations to all Award Recipients -*



Luke Fitzgerald  
DUX - First in Year 11



Sienna Harris  
Second in Year 11



Amelia Kyle  
P&C Encouragement  
Award



Sienna Harris  
Aaron Argent  
Memorial Award



## WHAT'S ON AT MHS

### Important Dates and Information

*Note: dates are subject to change. Visit [www.macksville-h.schools.nsw.edu.au](http://www.macksville-h.schools.nsw.edu.au).*

<b>1 December</b>	Year 6 into 7 Orientation Day
<b>16 December</b>	Last day for Students for Term 4
<b>29 January 2021</b>	Return to school for Years 7, 11 and 12
<b>1 February 2021</b>	Return to school for Years 8, 9 and 10

### P&C MEETINGS:

Watch this space  
for 2021 dates  
and venue.

## Tuesday 15 December Christmas Dinner



If you would like to attend online please email  
our P&C President David Hall on

[mackvillehighschool@pandcaffiliate.org.au](mailto:mackvillehighschool@pandcaffiliate.org.au)

# R O B O T I C S

Robotics students started the term constructing bionic hands that have been 3D printed on one of Macksville High School's 3D printers. The hands are printed in biodegradable PLA. Fishing braid is threaded through channels to act as ligaments, dental elastics act as tendons. These hands will be donated to people with limb differences via the EN-able foundation. They are designed to work for people that have a wrist, but no fingers. The students take care to attach comfort padding to the gauntlet, which straps around the lower arm. The hand stump fits inside the palm, which students have also comfort padded. When the wrist is bent the fingers and thumb of the device close into a fist which can grasp water bottles or bicycle handles.

Students study the action of their own closing fist and then tension the ligaments to get just the right action. Hand building requires patience, perseverance and fine motor skills. The path to completion is often fraught with self doubt, but realising that they have built a functional bionic hand which can help someone less fortunate fosters pride and confidence in other engineering activities. Upon completing their hand, students move on to robot programming and development.

Mrs Angelle Hughes



Kealy built an excellent hand with terrific action



Brayth tightens the tensioner to ensure good first formation



Brayden & Brody were proud to construct top quality hands



Reece



Tim constructed his hand in record time



Emily, Jayde & Bridie finish their hands



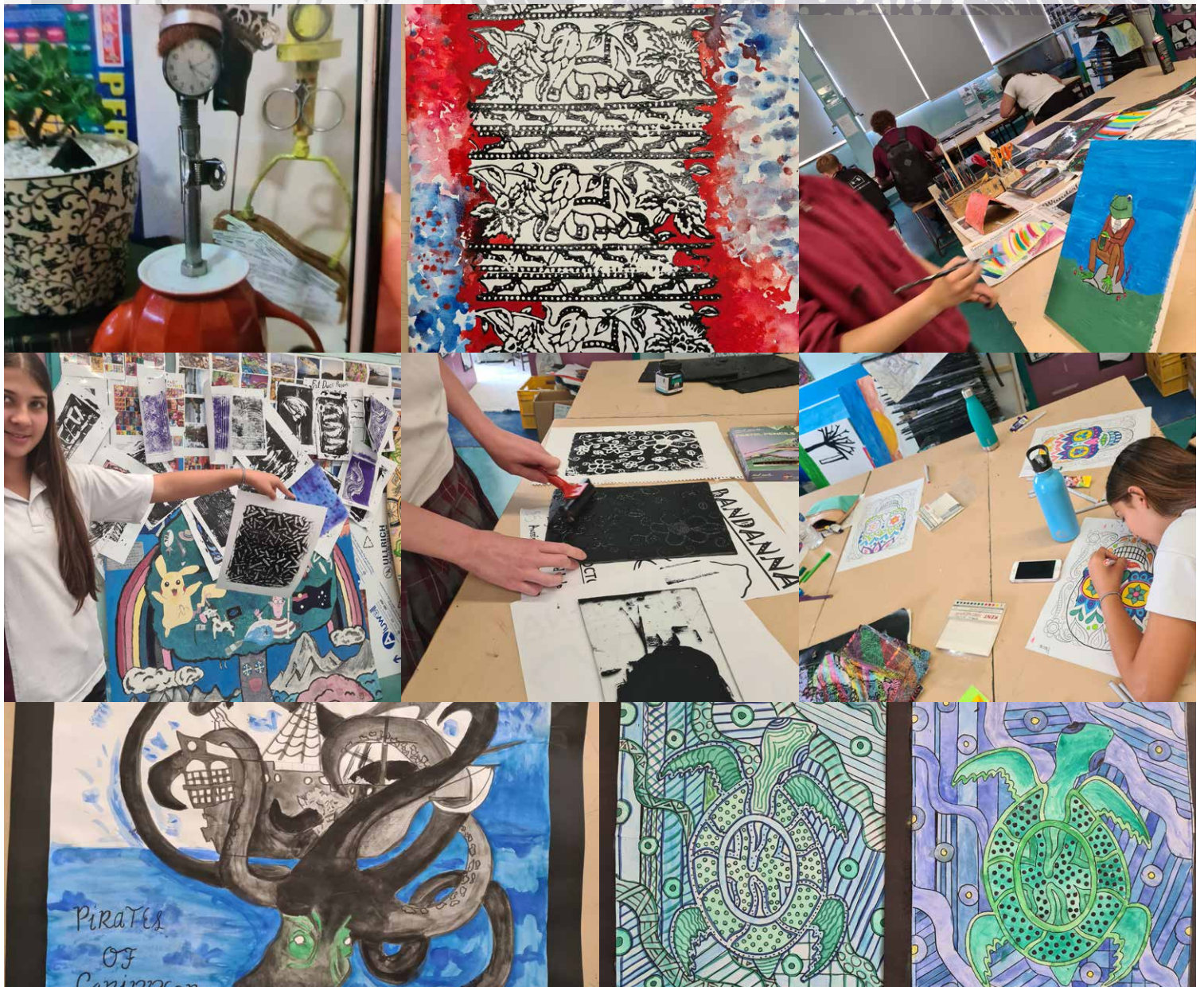
# A R T R E P O R T

It has been a very productive term for all CAPA students with a range of excellent artworks being created.

Year 8 have been printmaking, creating monoprints and prints using meat tray liners. They have also created a range of high-quality lino inscribed prints. Last week Year 8 students created some NAIDOC inspired Aboriginal paintings. Other Year 8 students have been creating optical artworks similar to those of Bridget Riley. Year 9 Art students have been creating large multi-colour lino prints. Year 10 Art students have been building sculptures using discarded found objects inspired by Duchamp and Oldenburg. Others have now moved onto designing their own devised canvases and are working on them. Year 11 Visual Arts have been busy planning their body of works and learning about art history and criticism. Year 11 Visual Design have been creating different movie posters using a range of art mediums.

Well done to all the budding young artists for their hard work, dedication and creative talents – Keep arting on!!!

Ms Kelly Hardingham, Mr Jonathon Driver and Ms Yvette Wallis





# I G A R I T C H I E S

## Please assist MHS by nominating us as your favourite school!

We are reminding parents and carers that **Ritchies IGA (Nambucca, Boambee and Park Beach Plaza)** offer a **Community Benefit Program** in which you can nominate **Macksville High School** as your **recipient** for this program. We would like to use these benefits to purchase some watercraft for students to use as a weekly sporting option.

It is simple to join, collect a card when you shop at any of these locations, download the free app and nominate us as your chosen recipient.

We thank you for your support

## Where to go to Join!

When joining the Ritchies Card program you are given the option to nominate your favourite club school or charity (known as Recipients). Each time you scan your card (either physical card or electronic card in the App) when making a purchase at any of our participating stores, the total is recorded to your chosen club, school or charity. At the end of each month, Ritchies will pay your chosen club, school or charity . 5% of the total accrued directly into the Recipient's nominated bank account.

### Loyalty



**RITCHIES CARD**  
MEMBERS SAVE MORE

**PLUS** Support your favourite club, school or charity

Have you picked up a **RITCHIES** card in store? Click the button below and complete the registration process to join.

[click here to register](#)

(click when on website)

**Calling  
parents, carers  
and community  
members**

**Click or paste this link into your browser**  
**<https://www.ritchies.com.au/loyalty>**

# S P O R T A L E R T

This year sport has been disrupted due to COVID rules and regulations. Here at Macksville High School we have successfully minimised these impacts on students to ensure that sport has run smoothly.

As we are nearing the end of the year, this is just a reminder that sport is compulsory for Years 7 to 10 in order for students to obtain their ROSA at the end of Year 10. If students have appointments that must be made during this time, then a pass-out through the front office is required, otherwise students must attend sport.

Each year group has a variety of sports on offer for students and every week all students are participating in their sport making it an enjoyable time for both students and staff.

There will be an email sent to students within the coming weeks about sport selection Term 1 2021, as well as a survey to gain feedback from students.

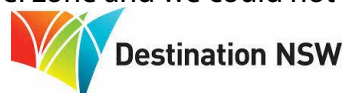
Mrs Toni Jones

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## HSIE

### Show Me The Holidays

One of the topics we study in Show Me The Money is Travel and Tourism. This topic introduces students to the ideas of passports and visas, organising accommodation and transportation, as well as currency exchange rates and international customs and laws. But, this has been 2020 – a year when even our close neighbour New Zealand was declared a Do Not Travel zone and we could not even go to Brisbane for a few days of shopping.



So how do we provide a real life learning experience in a COVID-safe world? The class were given the task of organising a week away within New South Wales for a hypothetical couple with a budget of \$3000. Regular checks of the government's travel and transport advice website resulted in changes to driving routes in an attempt to bypass clusters in the Sydney Metropolitan region. Some students considered the need for contact tracing whilst others ignored fancy restaurant bookings for quiet and socially distanced picnics. It was very pleasing to note those students who also considered the impact of a few thousand dollars on a community which had been impacted by bushfire or drought prior to COVID-19.



In looking to the future, students noted that it may take some time before Australians do travel overseas again so, in the meantime, let's enjoy the wonderful features of our country and spend locally.

Mrs Tourmaline Bailey

# WHERE ARE THEY NOW?



## Steven Robertson

Composer & Music Tutor

### Why I want to share my experiences

There have been few pivotal decisions in my life, but my choice to leave my Business degree for a Music degree genuinely changed my future. If sharing what I learned from choosing Music over Business can assist even one person's conflict or indecisiveness, then I'll be glad.

### About me

- Studying a Bachelor of Music (Honours) at University of Melbourne 2020-2021
- Acquired a Bachelor of Music at JMC Academy 2018-2020
- Relinquished a business scholarship & unenrolled in a Bachelor of Business to pursue music (2018)
- Travel a lot during my study breaks & holidays (international connections are important for a career in the arts!)

### My Experiences **'Business or Music'**

Over 2016-2017 I took an interest in business and economics and I was convinced that this was a sensible path to follow. I won a scholarship to study business at La Trobe University in Melbourne and I moved into my student accommodation in Feb 2018. I gradually came to the realisation that I was simply meant to pursue music because, at that stage, I had already studied it for 9 years. I gave up my scholarship, dropped out, and immediately enrolled in a Bachelor of Music. Today I'm an Honours student at UniMelb preparing a research proposal for my Master's degree.

### What I learned from this experience

I found it tempting to pursue what was sensible rather than what I really wanted. I think this is a problem that everyone in the arts must confront - the argument of what will make money versus what you will enjoy. I learned that if you are passionate about something, you won't make excuses - you'll find a way to survive doing it and, eventually, thrive from doing it.



# School Travel for 2021

## 2021 school travel applications are now open

Applications for student travel in 2021 opened from Monday 12 October 2020.

Students who require a School Opal card or travel pass for 2021 can now apply online. A new application should be submitted if a student is applying for a school travel pass for the first time or requesting an additional pass as a result of a new shared parental responsibility situation (e.g. joint custody).



Students who have changed school/campus, changed address, repeated a year or received an expiry notification from Transport for NSW for their school travel entitlement should re-apply or update their details.

\*Applications must be completed by the student's parent or legal guardian if the student is aged under 16 years. Students 16 years and over must complete the application form themselves.

Where there is a change of distance eligibility based on a student's grade, the system will automatically update a student's entitlement if they meet the new criteria. If they do not meet the new eligibility criteria, they will receive an expiry notification via email.

Students who have an entitlement approved under a medical condition which is due to expire will receive a notification advising them to re-apply.

Term Bus Pass holders will receive a notification to re-apply.

**If a student needs to update their information or re-apply, they should go online to <https://apps.transport.nsw.gov.au/ssts/updateDetails>**

Applications need to be submitted before **31 December 2020** to ensure that current student entitlements are updated and their current entitlement/card remains valid. If their application is submitted after 31 December 2020, the system will automatically cancel an entitlement/card and a new one will need to be issued.

Students in the Opal network applying for a SSTS or Term Bus Pass entitlement for the first time will receive their card at their nominated postal address. Cards will be mailed out from January 2021.

Students residing in Rural and Regional (R&R) areas should receive their travel pass at the commencement of the new school year from their nominated operator, this may be distributed via the school or sent direct to their address. Note: some R&R operators do not issue travel passes. Students/Parents should confirm with their nominated operator if they do not receive a pass.

### New Concession Entitlement Cards

Transport for NSW will be replacing the below cards with Transport Concession Entitlement Cards (TCEC) from October 2020:

Senior Secondary Student Concession Card (16 years and over) – also used by Mature Secondary Students (18 years and over), Distance Education Students and Home School Students, Proof of Age card (when a student under 16 years of age looks older) and Boarder Rail Pass. (All previous cards will be valid until they expire. Students who require a Transport Concession Entitlement Card should speak with their school administration staff).

**Enquiries regarding school student travel can be submitted to Transport for NSW at: <https://transportnsw.info/contact-us/feedback/passes-concessions-feedback>.**



## Are you a Food Smart family?

Sign up to the free online Food Smart program today!

Get your kids involved to create **BIG CHANGE** with **SMALL ACTIONS** in your kitchen!



- Keep up to \$4000 a year in your pocket by cutting food waste
- Prevent up to 1 in 5 shopping bags worth of food ending up in the bin
- Help the environment by reducing landfill and greenhouse gases
- Learn how to shop, serve and store smarter with an easy step-by-step guide
- Download your free seasonal recipes, menu planner, shopping list and action cards

Register now:

[www.midwaste.org.au/food-smart](http://www.midwaste.org.au/food-smart)



[lovefoodhatewaste.nsw.gov.au](http://lovefoodhatewaste.nsw.gov.au)

This project is a Waste Less Recycle More initiative funded from the waste levy.

**MIDWASTE**  
Regional Waste Forum

# COMMUNITY NEWS

## NAMBUCCA DISTRICT RESCUE SQUAD

### UNDER NEW MANAGEMENT

Nambucca Rescue Squad has been servicing Nambucca for over 46 years. Due to a drop in member numbers the Squad has been "offline" for a couple of years. It is time to get this squad and the valuable service it provides to the community back "online".

#### The Service it Provides ?

Under police direction the Squads specifically trained members perform a number of rescue tasks. Road crash rescue is the predominate task. Vertical (cliff) Rescue. Swift water rescue. Missing person searches. Ambulance assist and animal rescue.

The squad is often called on to assist other emergency services.

The Squad acts under the governance of the Volunteer Rescue Association of N.S.W.

Members of the Squad are all volunteers. We are looking for people willing to take on Rescue roles (you will be trained). A number of ancillary staff positions also need filling.

Positions such as Secretary and Treasurer are two that urgently need filling. Down the track we will be looking for people to assist with fundraising.

Should you be interested in helping or just getting more information on the Squad and what it does please

Tamara Shorter on 0432366020

*\*Note: 18 years and over.*

Chris Foster on 0427668418



**Maarla gurraada**  
*Wash your hands*  
**Girrwa daalbirrwirramba**  
*Keep our community safe*

