



## A TASTE OF INDONESIA

Learning a language is the gateway to understanding and accepting how and why certain cultures do things in certain ways. Our Year 9 Indonesian class did a great job of trying to cook and taste some Indonesian food. They are a brave bunch of students who are opening their minds and futures to help our country better understand the culture and people of Indonesia.

Pada tanggal ke-24 Juni, yang hari Rabu, kelas 9 Bahasa Indonesia dan Pak Karl memasak makanan Indonesia. Kita memasak nasi goreng...Dan, yang pedas sekali dan enak! Kita memasak nasi goreng untuk mencoba rasanya makanan Indonesia, yang keren. Kita memasak di dapur sekolah MHS, yang di mana saya bersekolah.

On the 24th of June, which was a Wednesday, the Year 9 Indonesian Language Class and Pak Karl cooked some Indonesian food. We cooked fried rice... And one which was really spicy and delicious! We cooked fried rice to try the taste of Indonesian food, which was cool. We cooked in the MHS kitchens, where I go to school.

#### **Alexandra Habgood**

Pada hari Rabu ke-24 Juni yang lebih dari seminggu yang lalu, kelas 9 Bahasa Indonesia, yang sangat hebat, dan Pak Karl memasak. Kami memasak nasi goreng yang sederhana. Kami memasak untuk coba makanan Indonesia. Kami memasak di dapur sekolah Macksville yang lumayan besar. Nasi goreng yang kami masak kering dan sedikit pedas.

On Wednesday the 26th of June, which was more than a week ago, the Year 9 Indonesian Language class, who are really awesome and Pak Karl, did some cooking. We cooked a simple fried rice. We cooked to try the taste of Indonesian food. We cooked in the Macksville school kitchen, which is pretty big. The fried rice we cooked was dry and a bit spicy hot.

#### **Koby Hanham**



# WHAT'S ON AT MHS

#### **Important Dates and Information**

Note: dates are subject to change. Visit www.macksville-h.schools.nsw.edu.au.

17/8-27/8	Year 12 Trial HSC Exams
7/9-18/9	Year 11 Exams
7/9-11/9	Year 10 Work Experience



**P&C MEETINGS** 

25 August

22 September

Next meeting 25 August Legacy House, Mackay St, Macksville and via Zoom Start: 5pm



# Guardian News

https://www.nambuccaguardian.com.au/story/6854601/our-youth-and-the-covid-crisis-macksville-high-students-speak/



An exciting free subscription to the on-line learning platform, Edrolo. All Year 11 and 12 students have free access until the end of December.



# Edrolo

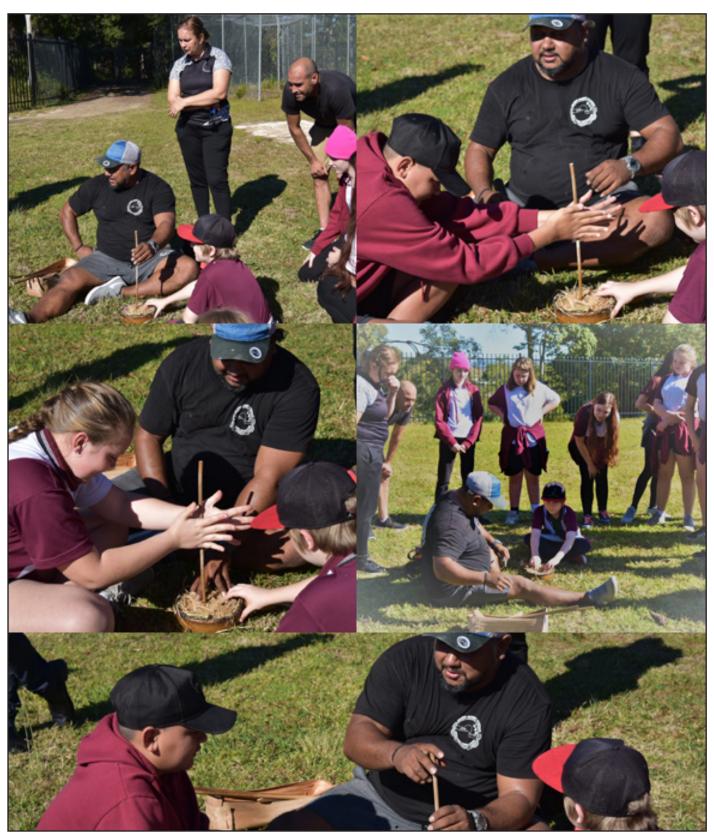
Targeted tips to help students get started visit edrolo.com.au/studenttraining/

For parents to see what support is available for students visit edrolo.com.au/parents

# S C I E N C E YEAR 7

Year 7 had been studying Forces and as part of this unit Uncle Troy (Troy Robinson), Aunty Amanda (Amanda Donovan) and Uncle Ricky (Ricky Buchanan) came to our school to talk through with students the ways traditional Gumbaynggirr people used forces in their daily lives. Students were able to experience friction and how the selection of wood was very important in increasing friction to make fire. Students also learnt about the subtleties of the angles of boomerangs which influence streamlining and air resistance.

We thank Mr Paul Evans for being a part of the organisation and a tremendous support for bringing an educational as well as a cultural experience together as one.



## M A T H E M A T I C S

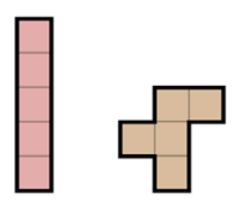
Students have had a busy start with their learning in Term 3, with our Senior students busily preparing for their upcoming Trial Examinations. Our HSC students are advised to start their studying early, with all Mathematics subjects having provided students with additional revision material targeting past HSC questions as well as HSC style questions for our new syllabus courses.

Mr Holden and Mr Mills have been sharing the magic of numbers with **Scotts Head Public School** as part of their "Maths Magic" program. These visits will take place every second Wednesday of this term in an attempt to inspire a passion for being a mathematician. It is hoped that we will eventually branch out to our other feeder primary schools in the near future. In the first session, Mr Holden had the students thinking about the relationship of numbers when subtracting, followed up by an investigation into the number of ways a pentomino can be created. A pentomino is a shape formed by joining 5 squares together; a unique pentomino is not a rotation or reflection of another.





The next session will involve Mr Mills investigating the number of outcomes for flipping multiple coins.

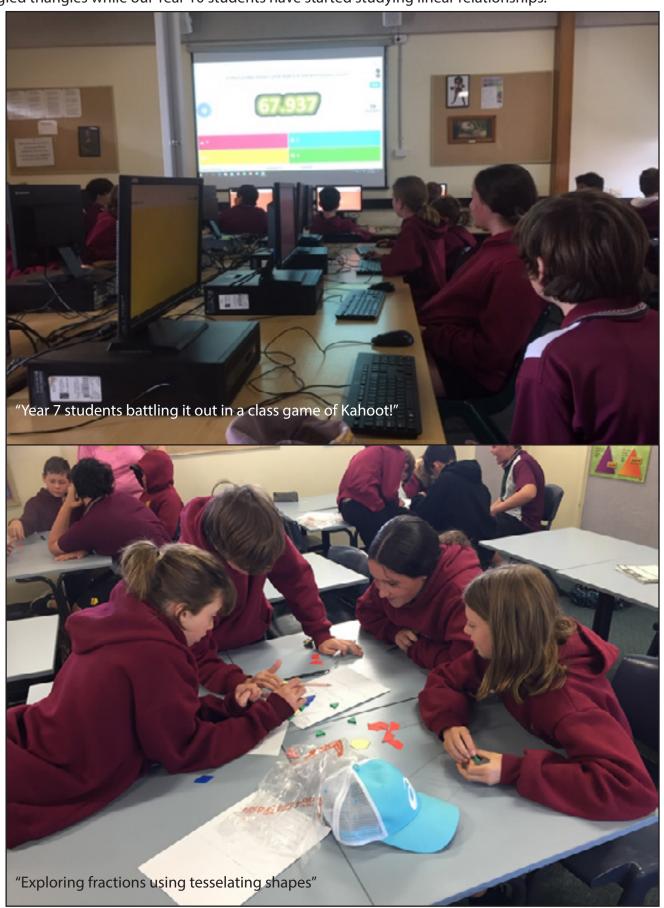


"Here are two possible pentominoes, can you find all 12?"

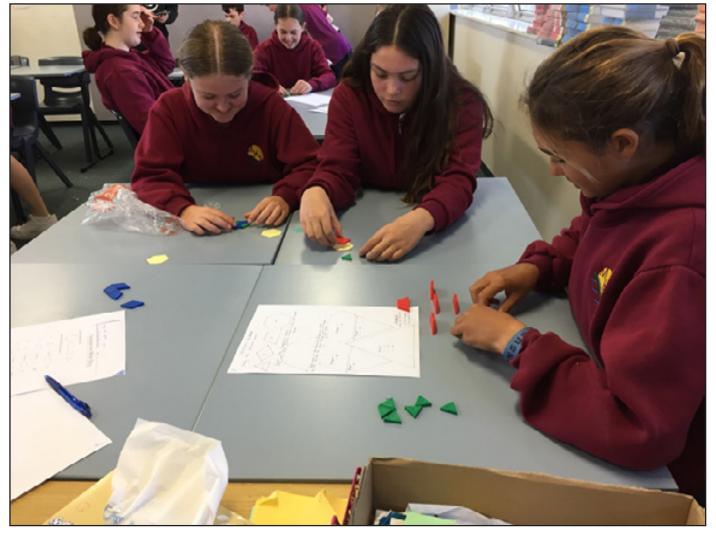


# MATHEMATICS

Our Junior students are busily building their number and problem solving skills. Our Year 7 students are currently studying the relationship between fractions, decimals and percentages and our Year 8 students are working through a unit on algebraic reasoning. Our Year 9 students have started working on right angled triangles while our Year 10 students have started studying linear relationships.



## MATHEMATICS



"What fraction of the larger shapes are represented by the smaller ones?"

Thinking and working mathematically takes time and practice. We're happy to see that students have settled into Term 3 with the energy and mindset to maximise their learning.

Mr J Mills

C A R E E R S

### **Macksville High Careers**

http://www.macksvillehighcareers.com/ is a fantastic site for teachers, parents and students for any Career related information.



This is the resource we use in Career lessons so take a look!

Also, like our **Facebook** page for the latest information: Macksville High School Careers.



Alice Burns

# Young artists, musicians and drama students continue to explore their creative talents

Ellie Stapleton

Ella Bradford

Rheality Whalen-Combo

Term 3 has provided the opportunity for our young artists, musicians and drama students to further explore their creative talents. Of note, Visual Arts students have benefitted from working with a range of new mediums while trying their hand at new techniques. Music students have enjoyed their course while engaged in a study of Australian Music. Despite restrictions on public performances we hope to get them out there performing again soon. The CAPA team enjoy the opportunity to see our students engaged in the range of exciting programs designed to support their learning. The images capture some of our students and their creative pursuits and we wish our students continued focus and creative success.

#### **ART**

**Year 8 Visual Arts** classes continue to focus on foundation art studies which have introduced students to screen printing, tie dye, calligraphy, illuminated manuscripts and the creation of Aboriginal inspired artworks.

**Year 9 Elective Visual Arts** students have started a sculpture unit of work where they will be using cardboard to make a musical instrument.







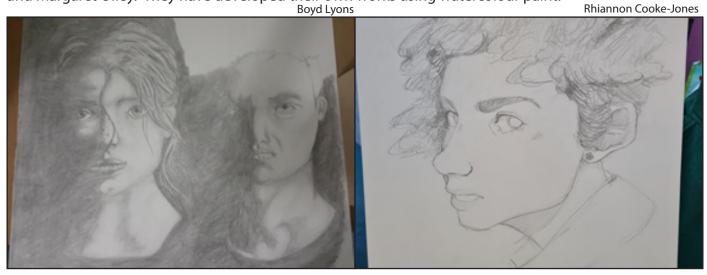
**Year 10 Elective Visual Arts** classes have focused on developing student's painting techniques with students completing a painting of their choice.

**Year 9 and 10 Ceramics** students continue to enjoy experimenting with clay and exploring a range of glazing styles and techniques to complete their designs.

Hope Willer Dimity O'Connor



Year 11 Visual Arts students have focused on portraiture through a study of the work of Jenny Sages and Margaret Olley. They have developed their own works using watercolour paint.



**Year 11 Visual Design** students have enjoyed working with clay to make clay head sculptures.

Year 12 Visual Design students have focussed on a major design work of their choice.





#### **MUSIC**

Year 7 Music students are continuing to enjoy playing the guitar, ukulele and keyboard.

**Elective Music** students continue to advance in their music studies. Of note, Lillah Hoffman (pictured) has a great singing voice and a fine touch on the piano. She is sure of ongoing success in her Higher School Certificate.

Lillah Hoffman (Jeans for Genes Day)



# L I T E R A C Y students focus on the 'Keys to Success'







The start of Term 3 has provided the opportunity for our Year 7 and 8 literacy students to focus on key elements to their success at school and beyond.

Our 'Literacy Toolkit' – a framework of key words which include RESPECT, COOPERATION, RESILIENCE, ORGANISATION, CONFIDENCE and PERSISTENCE provide an empowering reminder to students to help them to focus on their learning.

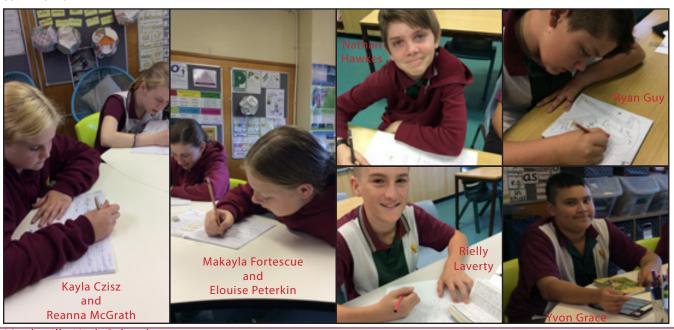
Our program aims to take a 'Back to Basics' approach to help students to feel empowered by the knowledge that through applying themselves and working together, to improve their literacy skills, they will grow in confidence – and feel that they can learn and **DO WELL!** 

Our program is focused on improving spelling, writing and reading, with encouragement to make time for reading revision at home.

The 'Literacy Toolkit' is proving to be a great foundation to our program and a motivator to our students' success.

It continues to be rewarding to see students' encouragement of one another's success. Wishing our young learners continued enjoyment as we work together.

#### Miss Y Wallis



## TECHNOLOGY

**7-TECH-3** currently studying Food Technology have been learning about the different methods of cookery and developing their knife skills.

Students shown are preparing fried rice and chicken pot pie. The class has been working well together and achieved some quality food products.

Mr Sheridan







**7-TECH -1** have been mixing it up with Timber and Agriculture Technologies. Students have produced a timber tool box, exploring a range of timber joinery techniques and are now out in the kitchen garden sowing crops. We are hoping to catch some rain before spring.

Mr Ally



## HOSPITALITY

It has been a busy week in the Hospitality kitchen. On Monday Preliminary and on Thursday HSC Hospitality completed a deep fry practical lesson that incorporated battering fish, spring rolls with dipping sauce and chips with a side of coleslaw.

Both classes demonstrated great team work and achieved good results on the day. HSC Hospitality demonstrated their abilty to carry multiple plates when serving.

Mrs Atkins & Mrs Alchin



## FOOD TECHNOLOGY

Working with yeast, *Year 10 Food Technology* prepared their own pizza bases. Students were provided with a range of different toppings to create their meal. Below are Marli Green, Arrin Stirrat-Black and Yharli-Waagay Fitzgerald's finished products.

Mrs Atkins & Mrs Alchin







11 Macksville High School

## INDUSTRIAL ARTS

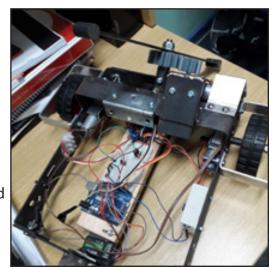


#### **Year 12 Metals & Engineering**

Students are currently fabricating a metal vice.
Components must fit together accurately to be functional.



Are building two
Robotic War Cars. This
prototype is being
used to develop the
war cars which will
consist of three or four
electric motors. Two of
the motors will be used
for weapons.



#### **Year 11 Electronics**

Circuit boards - students are using electronic modules to create an amplifier. This is delicate work, the board shown is 10 x 15mm in size, producing three watts of audio power.

## T A S T E O F

A group of 12 Year 8 students participated in the "**Taste** of **Textiles**" incursion today. The students started at 9:05am with three pieces of fabric and at 12:50pm they had tie dyed, embellished and constructed a completed cushion cover.

It was a busy but highly productive experience that the students appeared to enjoy.





## IMPORTANT INFORMATION



#### YEAR 7 VACCINATIONS



Dear Parent/Guardian
If your child has not been vaccinated at the school vaccination clinic and you would like for them to be vaccinated

Our team of specially trained registered nurses will be re-visiting your child's school on 27 October 2020 to offer free vaccinations against serious vaccine preventable diseases.

#### Vaccines include:

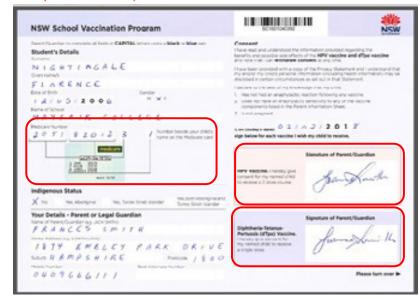
Human Papillomavirus (HPV) vaccine

Diphtheria-Tetanus-Pertussis (dTpa) vaccine

#### What do you need to do?

- √ Read Year 7 Vaccination Information Kit
- √ Complete the Consent Form in BLOCK letters using a BLACK or BLUE pen
- Sign the Consent Form for EACH vaccine your child requires
- $\sqrt{\phantom{a}}$  Return the signed Consent Form to your child to return to school, as soon as possible
- √ Discuss the importance of vaccinations with your child
- Ensure your child has breakfast on the morning of vaccination

#### Example of how to complete the consent



**More questions?** - Please contact Coffs Harbour Public Health Unit 6656 7893 or visit <a href="www.health.nsw.gov.au/immunisation">www.health.nsw.gov.au/immunisation</a> for further information and translated copies of the Year 7 Vaccination Information Kit.

# CROSS COUNTRY

On Wednesday the 22nd of July, we held our annual Cross Country. Running the Cross Country enabled the students to get involved in their house challenge for 2020.

Throughout the history at Macksville High, Graham house has always been considered as the under-dog house. This is generally due to the large number of competitive students in other houses and the level of skill they encompass. For the first time in a very long time, Graham house has graciously won the Cross Country Carnival. This is an outstanding result and we hope many more are yet to come.

#### Well Done Graham house

GRAHAM	BRINER	OXLEY	TAYLOR
305	288	259	190

I am very proud of our students' efforts and congratulate all competitors on their fantastic effort and excellent behaviour.

Mrs T Jones
Sport Organiser

View photographs on the following pages

# CROSS COUNTRY



14 Macksville High School

# CROSS COUNTRY



15 Macksville High School



# F U N D R A I S E R S



## Jeans for Genes



# Jeans for Genes





16 Macksville High School

A T H L E T I C S

Look forward to reading the article in the next edition of the Newsletter...

CARNIVAL



# A T H L E T I C S CARNIVAL















# COMMUNITY NEWS

# Not sure where you're heading?



ETC's Transition to Work (TtW) program supports youth aged 15-24 who are not in employment or education.

We create a personalised journey to work through study, training and workshops. This program is all about creating an environment where you feel connected, unique and respected.

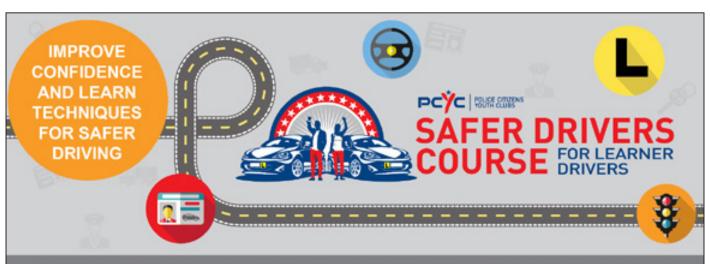
Contact the TtW Team today to see if you're eligible!





**1800 007 400** etcltd.com.au **f → in lin** 





#### THE SAFER DRIVERS COURSE INVOLVES TWO MODULES



#### MODULE ONE:

A three-hour facilitated group discussion on how to manage risks on the road.

This will involve a maximum of 12 participants and will be delivered by a facilitator.



#### **MODULE TWO:**

A two-hour, in-vehicle coaching session to develop low-risk driving strategies.

This will involve two participants and a coach.

LEARNER DRIVERS WHO COMPLETE THE COURSE WILL RECEIVE 20 HOURS OFF THEIR LOG BOOK.



# **Next course dates: Online.**

#### ALL PARTICIPANTS MUST:

Hold a valid NSW Learner Licence, be 16-24 years of age and have completed a minimum of 50 hours of actual on-road driving hours in their Learner Logbook (not including bonus hours).

# Book online at www.saferdrivers.org.au



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Kempsey@pcycnsw.org.au



