



Newsletter

Term 4 - Week 10 - 2018

Macksville High Students Shine at Lions Youth of the Year

The Lions Youth of the Year Club Final was held on 27 November at the Nambucca Hotel in Macksville. This program focuses on developing young people's interview skills and their public speaking skills. The two participants were Annalise Robertson and Blake Howle. Each student underwent a short interview at the Nambucca Shire Council Chambers where they were judged by a panel on their extra-curricular activities, sporting and cultural achievements. This interview also included a general knowledge section with three questions.



The challenging questions that the two students were asked to respond to were "What is APEC and what is their purpose?", "What are your thoughts on a change in prime-minister mid-term?" and "What would be the outcomes of decentralisation of government offices?"

After this interview, Annalise and Blake attended a dinner with the Lions club members at the Nambucca Hotel. The impromptu speeches were carried out before dinner and the two competitors had to respond to two questions involving sharks on the east coast of Australia and changing the age of prosecution for youth. After dinner Annalise presented her speech on the fascinating Platypus and the urgent need to protect their species. This speech was followed by Blake's speech where he discussed the qualities that sports such as Football teach people and the importance of sport. Both participants gave the competition their best and the judges said it was one of the closest and best competitions they had seen. Annalise was awarded the winning speech and the overall winner of the Lions Youth of the Year club final. In 2019, Annalise will continue onto the next round of the competition which will be held in Urunga in March. The two candidates are grateful to Ms Kelli Dykes for her assistance with their applications as well as her support on the night.

Message from the Principal

Dear Parents and Community,

As 2018 draws to a close, on behalf of the staff, I would like to thank you for giving us the opportunity to teach and work with your children this year. Earlier this week we celebrated the successes of so many students at our Presentation Awards Ceremony, and as always I am inspired and amazed by the varied talents that our students possess. I again want to recognise the effort and dedication they have shown over this year, and hope they continue to give their personal best in all aspects of their school life.

I would also like to acknowledge the hard work, dedication and commitment of the staff here at Macksville High School. The teachers, support staff, office staff and cleaners all contribute to making Macksville High a great place to learn.

To our parents and carers, we also thank you for your enduring support of your children, for encouraging their talents and for the partnerships you create with us in educating your children.

Congratulations to our HSC students. Chloe Northfield was our outstanding achiever with Band 6 results in Biology and Mathematics Extension 2 and Band 5 results in English Advanced, Physics, Chemistry and Mathematics Extension 1. Chloe was thrilled to receive her ATAR of 95.6 which means she will be able to study medicine.

Other high achievers included Madellyn Urquhart, Emily Whitehead, Mickayla Ennis, Sam Kinear, Sam Schmidt, Jiminka Laow, Daisy Peachman, Shorna Tai and Madison Turner. Overall, 3 students made the Distinguished Achievers list and also achieved 26 Band 5's across 18 different subjects. We wish all of the Class of 2018 the very best for their future endeavours.

Finally I would like to wish everyone a safe and happy festive season and I look forward to working together again in 2019.



Mrs Erica Lyne
Principal

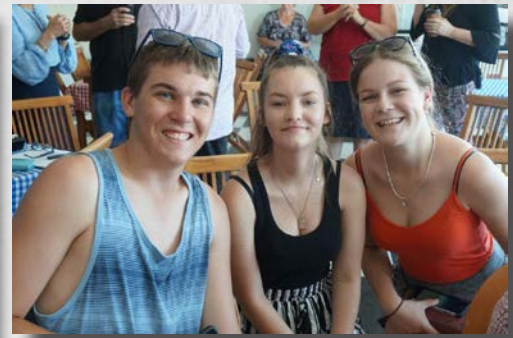


Chloe Northfield

Congratulations!

BREAKFAST BY THE RIVER

It was with great pleasure that Macksville High celebrated the release of the 2018 Year 12 HSC grades. The function was held at Rose's Cafe and was celebrated with milkshakes and egg & bacon rolls. A final fun event and final farewell to our outgoing Year 12 of 2018. We are very proud of the efforts of all these students and wish them well as they embark on life beyond Macksville High School.



INDEPENDENT LITERATE YOUTH PROGRAM SUCCESS

During this semester it has been rewarding to work with a small group of year 7 and 8 students to assist them to develop their literacy skills. The 'ILY Program' has focussed on developing student confidence with spelling and sentence construction. It has been rewarding to see the improvement in our students' literacy during the term and to see their overall enjoyment in the program.

I hope that the literacy program has assisted students to improve their learning across all subject areas. Thank you to all students who participated.

Miss Yvette Wallis



Year 6 Gets a Taste of High School



On Tuesday 4th of December our incoming Year 7 2019 students spent a day at Macksville High School. We had students attend from Macksville, St Patricks, Scotts Head, Eungai, Stuarts Point, Nambucca and Medlow Primary Schools.

The day started with a short assembly where our school captains Matiese Trisley and Ulysses

Roberts, our principal Mrs Erica Lyne and their Year Adviser Ms Helen Black gave them some wise words of advice. The students were divided into four colour classes and with their Year 9 student leaders they headed off to experience a high school lesson. Classes rotated between Food Technology with Mrs O'Sullivan, History and Geography with Mrs Bailey, English with Mrs Hill, Engineering with Mr Hill and Science with Mrs Jones. At recess many students enjoyed purchasing some delicious food from our canteen and some friendly games of handball. Classes then headed off to two other lessons while Mrs Robertson and her Year 11 student volunteers got started on our BBQ lunch. Lunch and a variety of ball games were enjoyed on the bottom oval and then another two lessons before heading home. All students whose parents were not available to attend the parent information evening were sent home with an MHS information package which I encourage all families to read together.

I would like to thank all the teachers who taught lessons to Year 6, our fantastic students in Year 8, 9 and 11 who were great helpers on the day and the Transition Team.

We hope all the students had a great day and look forward to seeing them all here in full school uniform (available at Binalong Clothing Macksville) to start High School in 2019.

Remember Macksville Newsagency also has a great deal on book packs or book and stationary packs for Year 7 2019.

Mrs Jennifer Conway





Cooking Up a Storm

What a day! On Tuesday 4 December, prospective 2019 Year 7 students participated in a mini Food Technology lesson, the recipe - Coconut Balls.

Students were fully kitted out in hair nets and aprons, provided with instruction on food preparation and hygiene after which a cooking demonstration was given. Students happily participated and produced approximately ten coconut balls each. I am hopeful that some made it home to be shared with family.



Mrs Elizabeth O'Sullivan





WHAT'S ON AT MHS

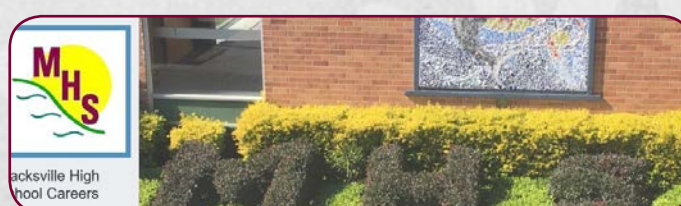
Important Dates and Information

30 Jan	First day of Term 1 for Year 7
31 Jan	First day of Term 1 for Years 8, 9, 10, 11 & 12
4 Feb	Swimming Carnival - Macksville Memorial Pool
7 Feb	School Photos - Library
8 Feb	School Photos - Library - Catch up
19 Feb	Years 7 & 8 Immunisations
19 Feb	Year 11 Parent Evening
20 - 21 Feb	SRC Camp
22 Feb	Uni Roadshow - UNE, SCU & CSU
25 Feb	Lower North Coast Swimming Carnival - Macksville

Visit our facebook pages...

<https://www.facebook.com/MacksvilleHS/>

<https://www.facebook.com/Macksville-High-School-Careers>





HSC Food Technology and Hospitality classes finished off their year with a trip to the Eungai Creek Buffalo Farm. This visit provided students with a first hand paddock to plate experience and valuable information about the costs and hours involved in running a boutique business.

Thank you to Ian and Kim for this opportunity and for sharing your knowledge and experiences with regard to this multi faceted business. Students even got up close and personal with Missy Moo and a rather naughty buffalo named Wendle!

We were fortunate to have a sneak peak into the processing area where the specialist cheeses, yohurts and gelato are produced. No visit would be complete without sampling the produce, afterall it was an immersion. Student feedback was that the arancini balls were fabulous, the lasagna was great and the buffalo burgers where huge and naturally we finished off with gelato.

Mrs Denise Alchin



Creative Christmas Wishes



Term 4 has been another exciting term for our art students. Our Year 11 visual artists have explored ideas for their Visual Art Majorworks, with a focus to decide their theme and preferred medium to create their work. It is an exciting time for our senior students as they prepare for 2019 when they will complete their Majorworks as part of the Higher School Certificate Examination.

During this term our Year 9 and 10 artists have worked well to produce some exciting artworks which were inspired by Surrealism. Our Year 8 artists have enjoyed landscape art and mask making inspired by traditional African masks. Towards the end of the term our classes have also come up with some artistic Christmas inspired designs.

All in all, it has been another creative and enjoyable term for the Art Department. Miss Hardingham, Mrs Laverty and I congratulate our students on their great work throughout the year and their commitment to explore their art practice. We wish everyone a happy and safe holiday and look forward to another creative year in 2019.

Miss Yvette Wallis

Christmas Art and Year 8 Landscape Art



SLIKK DANCE RITES

An Excursion to Remember



Participants of the SLIKK camps this year were invited to a very special event in Sydney from 23 to 27 November. Three students were representing our school out of the 27 attending students. We caught the Friday morning train to Sydney and made our way to our lovely accommodation situated next to Lane Cove National Park.

Students were very excited for their first evening where we made our way into Carriageworks, Redfern using public transport. It was there that we were dazzled by the dancers of NAISDA for their end of year performance.

On Saturday and Sunday the agenda was to make our way to the Opera House to witness the culturally significant Dance Rites: a celebration of First Nations dance competition. Students thoroughly enjoyed both days and were inspired to come home and work on their dance group throughout the 2019 SLIKK camps for entry into next year's competition.

Monday was a nice day out to Manly on the ferry from Circular Quay with some free time around the beach and shopping district. Our train home was on Tuesday and students sadly said their goodbyes to newly made friends as the train approached Macksville.

We all look forward to watching our students perform at Dance Rites 2019!

Mrs Laura Peisley

PRESENTATION DAY



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Year 9 MySkills Program

TAFE NSW

The aim of this program is to:

- Opportunity to meet and inform students to talk about future jobs and the skills needed to work in your industry
- Chance for you to observe students performing hands on tasks related to your industry and help students develop their skills and knowledge
- Opportunity to develop relationships with suitable student for future work opportunities. For example offering work experience, traineeships or apprenticeships and

Employability Skills Information Sheet

providing help with subject selections, which relate to your industry area.

- A chance to develop aspiration in the youth of the Nambucca Valley.
- An opportunity to meet with other local employers, representatives from Department of Premier and

Cabinet and Department of Education, Nambucca Shire Council: TAFENSW vocational teachers, schoolteachers, and local support agencies, to talk about future work directions, skills and community collaborations.



13, 14, 15 February, 2019
Macksville High School

20, 21, 22 February, 2019
Nambucca High School

9am to 3pm



Key Industry Areas

As part of the Year 9 MySkills Program students will participate in experiential activities in eight industry areas (see box right) over three consecutive days. You will work with students in hands on activities relating to your industry offering assistance and advice. For further information call **Lyn Owen 0437 160 883**

The 8 Industry Areas are:

Manufacturing
Health
Construction
Information Technology (IT)
Tourism, Hospitality and Retail
Automotive
Science, Technology,
Engineering, Maths (STEM)
Agrifoods

G I R L S O N F I R E



On 2 December 2018 I was lucky enough to be one of 20 young girls aged between 15 and 17 selected for the first ever Inaugural Girls Fire and Emergency Services Camp. The six-day camp was run to promote and increase numbers of women in the emergency services agencies by showing us that we can do whatever we like no matter what the stereotype. Firefighting is a job that is traditionally associated with men as 95% of the firefighting recruits are male. Firefighter Bronnie Mackintosh is the founder of the Girls on Fire Camp as she started the Girls on Fire group after examining how agencies in other countries encourage diversity within their ranks.

Throughout the week I was involved in numerous activities including theory and practical work with fire science, kitchen fire simulators, gas attacks, road crash rescue and trauma forum, cave maze rescue, flood boat rescue, community safety presentations and even team building activities such as, high and low ropes, abseiling, giant swing and a hike to an overnight campsite. During the week State Emergency Services (SES) and Rural Fire Service (RFS) volunteers along with NSW Fire and Rescue employees came to our camp at Yarramundi YMCA, to increase our knowledge of their roles and what they do. We met many young inspiring men and women and it helped increase our confidence and resilience and encouraged problem solving, teamwork and leadership.

Twenty young girls and myself were split into four platoons - red, yellow, green and blue. Within our platoons we worked as a team to come up with a team flag that would represent us throughout the week. On 7 December we had our graduation from the camp. At the graduation we had the RFS Commissioner Shane Fitzsimmons and Fire and Rescue Commissioner Paul Baxter come to help present our certificates. Each participant received a graduation certificate after which I got up to deliver a speech on behalf of the team leaders and girls to thank everyone and to thank Bronnie. During the ceremony there was a surprise Leadership Award given out to a participant who showed the best leadership skills and team skills throughout the week. I was lucky enough to receive that award.

The Girls on Fire Camp was the best thing I have ever attended, I had made lifelong friends, been on the front page of the Sydney Morning Herald, experienced skills and activities I would not experience in my every day life and I have learnt things that will help me to be the best emergency service woman I can be.

If you ever get the opportunity to apply for this camp (applications for next year's camp will be available on their website) please do, you will not regret it.

Taylor Adair
Year 10



WHERE ARE THEY NOW?

Jessica Howe

Lawyer - Clayton Utz

Class of 2012

While I was still at Macksville High I decided that I wanted to study law at university. After visiting and researching a lot of universities, I decided that I wanted to study at Bond University on the Gold Coast.

When I started university I wasn't completely sure what I wanted to do, but I knew I wanted to study a double degree in law and business. As I progressed through my degrees I learned more about different areas of law and business, and this helped me decide on the career path that was right for me - I discovered that I had a passion for commercial law, and from there, I followed that passion.

I enjoyed my time at university immensely, and graduated from Bond University in 2017 with a Bachelor of Business (Marketing) and Bachelors of Laws with First Class Honours. I also graduated at the top of my cohort in my Business degree.

I was fortunate enough to have secured a number of legal clerkships while I was studying at University. Those clerkships allowed me to gain practical experience in the legal profession and gave me a better understanding of what it would be like to work in corporate law at a large commercial law firm. I was also fortunate to be given the opportunity to work as a paralegal for Virgin Australia at their head office in Brisbane. I worked at Virgin as a paralegal for just under a year and this helped me to decide that I wanted to pursue a career in commercial law at a top-tier law firm.



A year before I graduated from university I applied for graduate positions at a few law firms in Brisbane. I was fortunate enough to secure a position as a Graduate at Clayton Utz.

Clayton Utz is a top-tier law firm, with offices across Australia. I moved from the Gold Coast to Brisbane to start my graduate program, and I am now in the final stages of the graduate program at Clayton Utz. The graduate program at Clayton Utz has three six month rotations. So far, I

have spent six months working in Workplace Relations, Employment and Safety law, six months in Environment and Planning law, and now I am about to start my final six month rotation in Commercial Litigation.

In the year that I have been working full time I also completed post graduate study, which enabled me to become a fully qualified lawyer. I can now legally practice law in Queensland, and in the Federal Court. The journey to get to where I am now was incredible and I really encourage anyone thinking about tertiary education to give it a go and see how far it will take you.

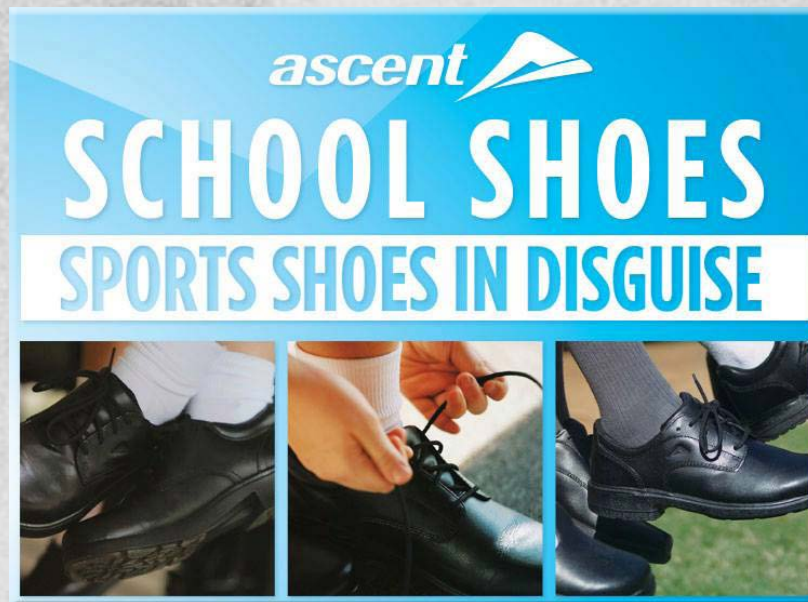
I'm happy to answer any questions you might have - add me on LinkedIn at <https://www.linkedin.com/in/howejessica/> or search Jessica Howe at Clayton Utz.

COMMUNITY NEWS

The Athletes Foot Coffs Harbour stock brands such as Ascent, New Balance and Clarks covering all your back to school foot wear needs.

We stock different widths for those with wide or narrow feet.

Come in and be professionally fitted by our staff today!



**We wish all our families peace and happiness during
the Holidays and the coming New Year**

