



Newsletter

Term 2 - Week 4 - 2018

Anzac Day 2018

103 years after the landing at ANZAC Cove in Gallipoli, the students of Macksville High School honor all Australians killed in military operations.

Students from Macksville High School attended various ceremonies around the valley and participated in marches. Our School Captains laid a wreath at the Dawn Service. The school was well represented at the late morning march and service with strong representation from the high school and primary school. Again the Captains laid the wreath and read a poem.

Later in the afternoon our presence could still be noted at the Taylors Arm commemoration where our Vice-Captain Sam Schmidt took post on the flag as part of the parade with Australian Air Force Cadets, Coffs Harbour Squadron.



Sam Schmidt



Message from the Principal

Dear Parents and Community,

Welcome back to term two. I would firstly like to welcome Mr Jeff Mills who was merit selected as our new Head Teacher Mathematics. Mr Mills comes to us from Orara High School and is very excited to be joining our school. I know the Macksville High community will embrace him in his new appointment.



Thank you to our students and staff who marched at ANZAC ceremonies throughout the Valley during the holidays. It is always a pleasure to see so many of our students not only representing the school, but also many other organisations. Our Captains and Vice Captains also did themselves and the school proud in the various official duties they performed.

Congratulations to Blake Howle in Year 11 who has been selected for Combined High Schools representative duties in both Rugby League and Rugby Union. Please see the link below to the *Guardian News* story. This is an outstanding achievement and we wish him and the team every success!

Our Staff Development Day at the beginning of the term focused on staff developing their technology skills in Google apps, our Sentral administration system and a demonstration of Chromebooks. There was also a focus on our extended response writing scaffold. It is fantastic to see our staff working collaboratively to assist each other in building our technological skills and delivery in classrooms. Thank you to the presenters who continue to make Macksville High School a great place to learn.

Term 2 is a busy time regarding assessment tasks and examinations for all students and I would encourage everyone to keep striving towards their personal best. This includes continuing to develop their organisational skills, particularly with respect to assessment schedules and developing a study timetable. There is support available for our students if they are feeling disorganised or overwhelmed. Students in Years 7 to 10 can seek assistance from their classroom teacher, Year Adviser, or they can access the Learning Centre through negotiation with Mrs Graham or Mr Ian Smith. There is also Mathematics support for all students after school on Tuesdays. Please see Mr Mills for details.

Our Senior Support Program continues with myself and Mrs Robertson interviewing our Year 12 students to develop and refine their learning goals to assist them leading into their Trial HSC next term. Year 11 will receive their Interim reports this week, and we will begin interviewing them.

The Macksville Show was an opportunity for our students to showcase their talents in many areas including, photography, art, cooking and showing cattle. Students were successful in winning various prizes and awards for their efforts. Thank you to the many staff who give their time to allow our students to shine.

We had perfect weather for our cross-country colour run, which again proved to be a fun afternoon for both students and staff. I would like to thank Mr Parker for his organisation around this annual event. Our Athletics carnival is just around the corner, and it would be great to see all our students participating in this fun day.

Mrs E Lyne
Principal

Blake Howle Guardian Story -

<http://www.nambuccaguardian.com.au/story/5399626/double-feature-for-rugby-talent-blake-howle/?cs=736>



Message from the Deputy Principal

SCHOOL ATTENDANCE

Do you have trouble getting your child to school? Won't get out of bed, can't find their clothes, books, homework, school bag. Do they dawdle over breakfast, watch television till late, chat with friends into the small hours? Here are some suggestions;

Have set times for bed, homework, limit online/phone access and monitor. Be firm with your student, missed time at school is missed learning and missed opportunities. Don't treat birthdays as a holiday, shopping trips are best carried out at weekends and encourage kids to attend school even if there is a test on. A doctor will see your child out of school hours so if at all possible make appointments after 3.15pm.

School attendance is compulsory for children aged between 6 and 17. Until a student turns 17 they must be enrolled and attending a school regularly. Schools are legally required to maintain accurate records of school attendance and absences need to be explained by parents and carers. Notification can be done by note, email or phone (SMS) and the absence will be recorded as a justified absence.

Family holidays should be taken during school holidays, however, if this cannot be organised you must seek approved leave by the Principal. The application form can be collected from the front office. If approved, and a leave certificate will be issued which you must keep with you, and work should be requested for the time away.

In cases where attendance is very low then intervention by a Home School Liaison Officer may be required. Plans can be developed to assist students to improve their attendance and with the school's help a normal pattern of regular school attendance should be restored. If it isn't then further action may be needed, the worst case being legal action and prosecution of parent/carer.



BEFORE SCHOOL SUPERVISION

- All students are to be in the quad before school to ensure adequate supervision before roll call.
- Students can access the breakfast club or place canteen orders then must return to the quad.
- All staff will ensure students are redirected to the designated area before school.

When you say, "Hey, this is wrong!"
It helps others to do the same.
85% of you see harm every day and
do nothing about it.

#saysomething



CROSS COUNTRY COLOUR RUN

On Wednesday 2 May, Macksville High School held its annual Cross Country and Colour Run. Running the cross country as a colour run enables both the competitive and non-competitive students to get involved (and even some willing staff), and has significantly increased the participation rates.

After Graham House (the under-dog house) was in the led for almost all of the races, Oxley house managed to pull through. Well Done Oxley!

Oxley 334	Graham 302
Briner 219	Taylor 158

I am very proud of all students' efforts and congratulate all competitors on their fantastic effort and excellent behaviour.

Good luck to all the students that have qualified through to the Zone Cross Country at Kempsey Race course on Friday 25 May.

Mr A Parker
Sport Organiser



Results for 2018:

Age Group	Males	Age Group	Females
12 Yrs	Jack Cleversley	12 Yrs	Jess Evelyn
13Yrs	Ethan Jones	13Yrs	Jade Summerville
14Yrs	Jack Peachman	14Yrs	Arrin Stirrat-Black
15Yrs	Jake Jones	15Yrs	Kayla Turner
16Yrs	Declan Sutton	16Yrs	Jessie Laverty



Year 11 Community and Family Studies

Year 11 CAFS explored the roles individuals adopt within groups. In this collaborative learning experience the students were armed with a newspaper, a roll of toilet paper, some sticky tape and scissors.

In groups of four they had to design and produce a wedding dress in 40 minutes.

A democratic approach to the task was preferred by each of the groups. As a result of group cooperation their creative designs were produced!

Mrs L Atkins



Centaur Commemorative Service

The commemorative service for the 75th anniversary of the Sinking of 2/3 AHS Centaur at the Macksville War Memorial in River Street on Saturday 12 May. The special significance to the Nambucca Valley is that Macksville's Dr Hindmarsh was one of the casualties when the Hospital Ship Centaur was torpedoed off the Queensland coast while on a mission of mercy with the loss of 268 non-combatant medical and merchant marine lives.

In attendance were: Mikayla Ennis and Adam Nowland who read the Litany of Hope and Aengus Hill, Nathanael Carr and Annalise Robertson who laid the floral tribute. Teachers present were Mrs Tourmaline Bailey and Mrs Melissa Robertson.



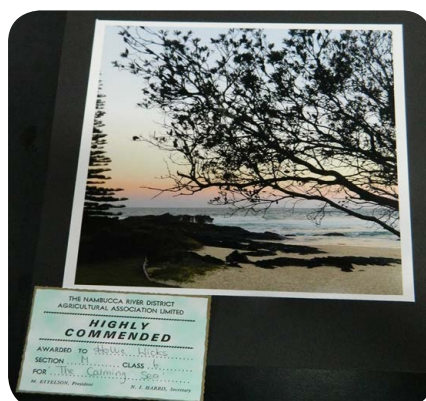
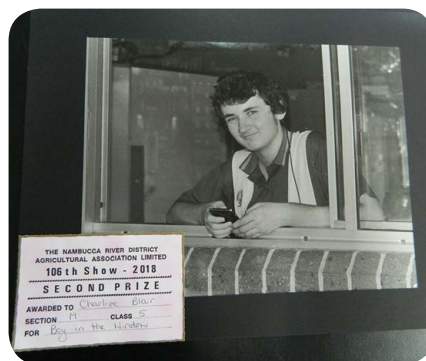
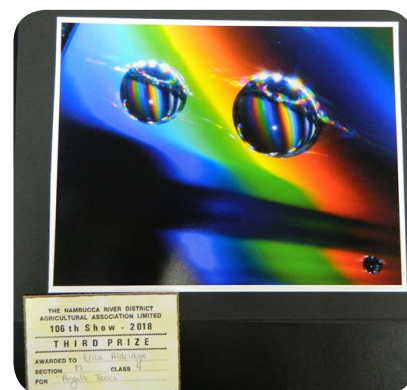
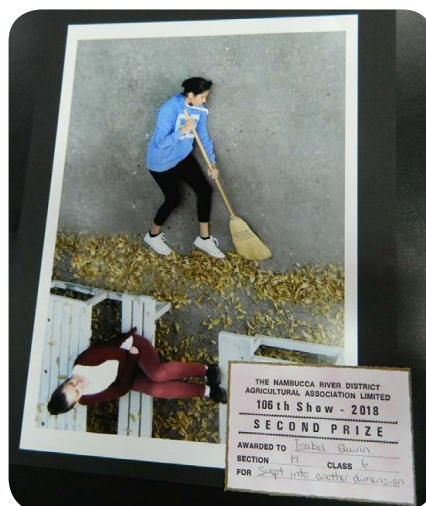
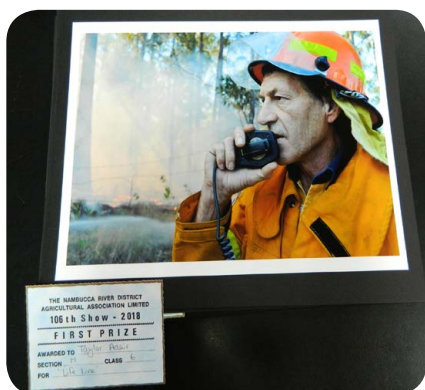
Macksville Show Photography Report

Once again the Macksville High School photography students showcased their talents at the local show.

The most successful student was Taylor Adair who took out first place in the colour class and first in the black and white class as well as being highly commended for her colour photo of Krysta's dog. Charlize Blair received second for her excellent black and white portrait of Ryan Matheson. Hollie Wicks and Boyd Lyons were highly commended for their colour beach scenes. Isabel Quinn scored a second for her different perspective of Charlize sweeping the leaves and Joan Styles a third for her black and white shot of a palm frond.

Congratulations to all the photographers who made the effort to enter works into the Macksville Show including Mrs Atkins for her second place in the open colour section for her sunrise over the inner harbour at Nambucca.

Mr D Sheridan



Mrs L Atkins - 2nd Place

Macksville High shines at the 106th Annual Macksville Show

The 2018 Macksville Show provided an opportunity to showcase the many talents of students at Macksville High School. Our school show display highlighted the diversity of subjects offered at Macksville High School and the award winning achievements of our students. Special thanks to those students who submitted artwork, cooking, photography and woodwork entries to compete in the array of competitions. Congratulations also to our award winning cattle team – you have all done yourselves very proud.

Ms Y Wallis



People's Choice Winner

Jiminka Laow



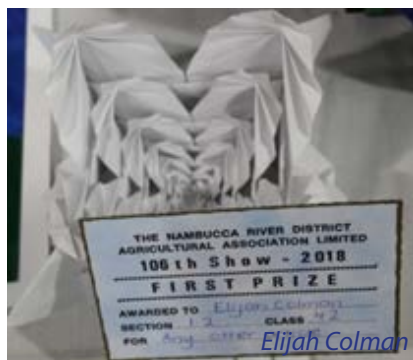
Shorna Tai



Kieran O'Donnell



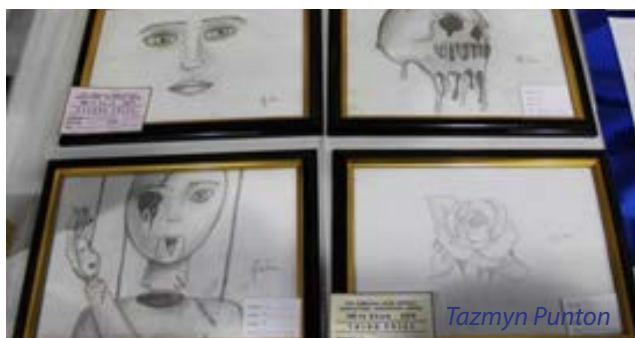
Jess Simpson



Elijah Colman



Chloe Loveday



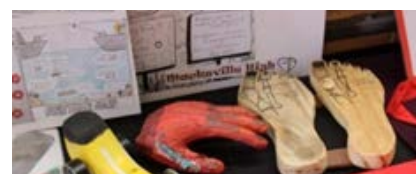
Tazmyn Puntun



Shorna Tai



Dante Mollenhauer



The Bellinger River Agricultural Show

Saturday 5 and Sunday 6 May 2018



2018 Cattle Team: Malachy Walker, Caldyn Powlesland, Tamika Wright, Brody Ryan, Ella Castle, Mark Nash, Daniel Barber, Alicia Hicklin, Connor Johnson, Cleo Urquhart, Rhys Ballard, David Styles, Kyle Seymour, John Panaguiton, Jack Nowland and Franko Deveson

The cattle team had a very successful 2018 Bellinger Agricultural Show. All students performed well and represented our school with pride.

The stand out performers were;

- Rhys Ballard winning the Junior Paraders Competition for his age group 14-17 years.
- Franko Deveson won through to the finals of the Junior Judging at his first attempt!

Our cattle team claimed a total of two first placings and six second placings.

Congratulations to all!

Mr T Argent



Cleo Urquhart



John Panaguiton

CAREERS CORNER

Year 10 Work Experience 2018

Macksville High School would like to sincerely thank all the businesses who have supported our year 10 cohort this year. Students found opportunities near and far, a total of 55 placements arranged across a broad range of industries including beauty, travel, physiotherapy, plumbing, education, retail, business, construction, hospitality, automotive and agriculture. Work experience enabled students to gain an insight into a desired career path and even led to offers of casual work and apprenticeships. All students came away from the experience with a new perspective of an adult working life and some knowledge of how to move forward from here. As we head into subject selection, students now have a lot to think about. See photos below...

Year 11 2019 Subject Selection

There will be a year 10 into 11 parent information evening on Tuesday 3 July in the school hall at 5:30pm. HSC processes, NESA (NSW Educational Standards Authority) requirements and MHS subject options will be explained on this night. If your child is in year 10, it would be of great benefit to attend this session, prior to the subject selection interviews held in Term 3.

Year 10 Careers Expo

There is a mandatory excursion for all year 10 students on **31 May to Coffs Coast Careers Expo**. There will be over 50 career stalls, Health career workshops, Professional Services workshops and Try-a-Trade activities. Permission notes will be distributed soon and further details are below.

Macksville High Careers

<http://www.macksvillehighcareers.com/> is a fantastic site for teachers, parents and students for any career related information. This is the resource we use in career lessons so take a look! Also like our Facebook page for the latest information; *Macksville High School Careers*.



YEAR 10 CAREERS EXPO

THURSDAY 31 MAY 2018

Permission Notes – Please return notes and payment to the front office by 28 May 2018.

Clothing – Formal uniform is required.

Money – The cost of the excursion is \$5 payable to MHS front office.

Travel – Students will travel by bus departing from school at 9am and returning at 12:30pm. Students will attend period 5 & 6.

Please direct questions to Mrs Laura Peisley on 6568 1066.

HSC Timetable

The HSC timetable for 2018 has been released. Year 12 students can access their individualised timetables by activating their 'students online' account at <https://studentsonline.bostes.nsw.edu.au/>.



Anna Robertson
Dubbo Zoo



Hayley Finlay
Nambucca River Department Store



Ethan Joyce
Bass Building

CAREERS

Year 10
Work Experience

GET
AHEAD
GET
WORK
EXPERIENCE



Jai Vincent
Avocados Australia, Norco



Matthew Brown, Declan Sutton
& Lily Galvin
St Patricks Primary School



Jewel Kumar
Macksville Adventist School



Jasmine Rose
Stuarts Point Public
School



Jazmyne Horne
Fresh Dental



Daniel Day
Visions Bistro



Anna Robertson
Mid Coast Travel



Krysta Stennett
Mid Coast Vets,
Nambucca



Kayla Turner &
Saule Stasionis
Soulitude Health



Taylah Martin
Macksville Public School



Ryleigh Freeman
Sabrina's Beauty



Alex Howard &
Aaron Creighton
Nambucca Plumbing



Louella Gayden
Haircare



Riley O'Loughlin
Stuarts Point Supermarket



Blake Sampson
Coastal Curves


Planning for the Future:

Coffs Coast CAREER CONNECTIONS

Thursday
31st May 2018

Venue: Coffs Harbour Racing Club

Event partner



Coffs Coast Career Connections 2018

The 13th annual careers day for the Coffs-Clarence region is being organised by Mid Coast Connect for Thursday 31st May 2018. Coffs Harbour City Council is the event sponsor.

The aim of the careers day is to raise the awareness and aspirations of young people about careers. Some 1500 senior students from twenty high schools in the region will attend. Participating students arrive in groups from 9:30am and the event finishes at 12:30.

A strong local economy is underpinned by an appropriately qualified, and motivated, workforce. This workforce development initiative contributes to encouraging young people to build a career in the region by informing of them about vocational opportunities and the pathways to employment. Emphasis is placed on the sectors of the economy where there is growth and demand, particularly Health and Community Services and Professional Services. There is also a strong focus on the impact of technology on current and future jobs.

Throughout the day career champions will showcase careers in their industry. These showcases:

- Include activities or displays that assist with interaction/engagement with students
- Demonstrate the range of occupations within the industry
- Provide information on learning pathways and support available

Career showcases are supported by **Health Careers Workshops** and **Professional Services Career Workshops**. These workshops are ten minute *career conversations* in small groups (10-12 students). Each school will be allotted a limited number of places in the workshops and will allocate these to students who are interested in participating.

Health Careers Workshops are arranged in conjunction with the Mid North Coast Local Health District and will include the following health professions:



Aboriginal Health	Medical Radiation Science	Medicine
Aged Services	Nursing and Midwifery	Paramedic
Chiropractic	Nutrition and Dietetics	Pharmacy
Home and Community Care	Occupational Therapy	Physiotherapy



University students from Charles Sturt University, Southern Cross University, the University of Newcastle, and the University of New South Wales will be role models who contribute to the workshop discussion.


Professional Services Career Workshops will include the following professions:

Architecture	Environmental Management
Accounting	Horticultural Science
Law	Surveying
Engineering	Veterinary Science

Support from **Greater Bank** in showcasing career options in trades and Science, Technology, Engineering and Mathematics (STEM) has been arranged with hands-on **Try-a-Trade** activities and displays by businesses that have STEM elements in their operations

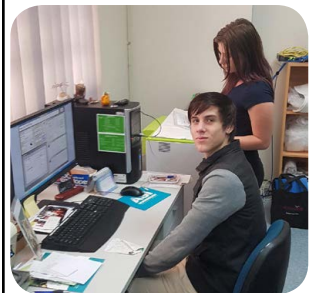




Tiana Clews-Sorenson
Macksville Pharmacy



Kayla Miller
Yarrhapinni Hotel



Elijah Colman & Zoe McAlister
Zeny's Photography



Nicholas Robinson
Rose's Cafe


EVERY DAY COUNTS....

A day here or there doesn't seem like much, but...

When your child misses just...	that equals...	which is...	and therefore, from Kindy to Year 12, that is...	This means that the best your child can achieve is...
1 day each fortnight	20 days per year	4 weeks per year	Nearly 1 ½ a years of school	Equal to finishing Year 11
1 day a week	40 days per year	8 weeks per year	Over 2 ½ years of school	Equal to finishing Year 10
2 days a week	80 days per year	16 weeks per year	Over 5 years of learning	Equal to finishing Year 7
3 days a week	120 days per year	24 weeks per year	Nearly 8 years of learning	Equal to finishing Year 4

Give your child every chance to succeed...

Every day counts!



Rugby League Country Cup U13 & U15 - 4 April 2018

Macksville High School sent an U13 and a U15 team to Coffs Harbour to play in the opening round of the Country Cup.

In the U13's, Macksville High warmed up well and only had to play Toormina High to proceed through to the next round. It took 6 minutes for the scoring in the game, with a try to Brodie Moore after a big run from Ayden Sigrist. Zane Jones kicked the conversion. Macksville High 6 – Toormina High 0.

Brodie Moore scored again three minutes later and Zane Jones kicked the conversion. Macksville High 12 - Toormina High 0.

Finnian Walsh scored two minutes later and Zane Jones kicked the conversion. Macksville High had raced away to 18 points to Toormina High 0.

A few minutes later Brodie Moore was unstoppable close to the line and scored under the posts. Zane Jones kicked the conversion. Macksville High 24 – Toormina High 0.

Zane Jones wanted to get in on the try scoring and did so with a great back line movement. He kicked the conversion. Macksville High 30 – Toormina High 0.

Wezley Brown showed that playing in last years Under 13 team as a 12 year old was very beneficial as he showed great skill in scoring. Zane Jones kicked the conversion. Macksville High 36 – Toormina High 0.

Just prior to halftime Brodie Moore scored and he also kicked the conversion. Macksville High 42 – Toormina High 0.

The talk at halftime was very positive and the boys wanted to keep Toormina High scoreless for the game.

Jack Cleversley was the first to score after the halftime break after some big metres through the middle from the forward pack. Zane Jones missed the conversion from out wide. Macksville High 46 – Toormina High 0.

Zane Jones scored his second try a few minutes later. Brodie Moore kicked the conversion. Macksville High 52 – Toormina High 0.

Brodie Moore scored his fifth try of the game and also kicked the conversion. The game was called short as a respect for Toormina High. Macksville High had beaten Toormina High 58 to 0.

Macksville High now go onto the next round of the Country Cup to be played at Port Macquarie in June.

In the U15's Toormina High opened the Scoring in the 4th minute. They missed the conversion. Toormina High 4 – Macksville High 0.

Toormina High scored a few minutes later, however then missed the conversion. Toormina High 8 – Macksville High 0.

Toormina High scored an intercept try in the 16th Minute and they kicked the conversion. Toormina High 14 – Macksville High 0.

Jacob Skeen scored a gutsy try prior to halftime. Jake Jones kicked the conversion. Toormina High 14 – Macksville High 6.

Macksville High was very much in the game and just needed to keep the errors to a minimum and get the fifty fifty calls their way.

Toormina High started the second half like the first half with a try. They missed the conversion. Toormina High 18 – Macksville High 6.

This ended up being the final score. The Macksville High team should be proud of their efforts to almost beating a very strong Toormina High team.

Mr N White



Back Row (left to right): Joshua Willer, Kurt Stennett, Zachary Sutton, Liam Cuffe, Zane Jones, Yharli Fitzgerald, Wezley Brown, Brodie Moore

Front Row (left to right): Billy Skinner, Connor Watson, Jack Cleversley, Jye Mulvihill-Espaze, Finnian Walsh, Ayden Sigrist

Opens Lower North Coast Touch Football

On Wednesday 9 May, Macksville High School competed in the Opens Lower North Coast Touch knockout and selection day in Port Macquarie, Tuffins Lane.

The boys team won all of their matches except for their first. They had seven players selected to progress to the North coast Open Touch competition.

Congratulations Lachlan Jones, Blake Brunsdon, Ryan Atkins, Logan Jones, Nathan Fitzgerald, Dylan Cartwright & Callum Denison (shadow).

On the day the tries were scored by Ryan Atkins (8) Dylan (5) Callum (3) Nathan (3) William (2) Adam (1) Connor (1).



Back Row: Lachlan Brookes, Mr Parker, Nathan Fitzgerald, Dylan Cartwright, Lachlan Jones, William Douglas, Ryan Atkins & Connor Lockyer.
Front Row: Connor Peterkin, Ryan Cartwright, Callum Denison & Adam Nowland

The girls team was a fantastic representation of the true determination, grit and raw talent that Macksville High has to offer. The girls played with Seven players on the day (one previously injured). Instead of the normal sub procedure their rest time consisted of active play in the wing position.

The girls team were undefeated in all of their matches on the day and will progress onto the next round as a team.

Additionally, eight Macksville High School girls were selected to be in the Lower North Coast opens touch team (some were competing in state Netball and were selected on merit).

Congratulations Johanna Walsh, Astrid Smith, Emily Hall, Matiese Trisley, Zoe Baxter, Tamsyn Spear, Abby Baxter & Brin Trisley.

On the day the tries were scored by Astrid (5) Zoe (3) Sienna (2) Emily (2) Johanna (1).



Back Row: Astrid Smith, Matiese Trisley, Zoe Baxter & Shenay Blanch
Front Row: Johanna Walsh, Mrs Peisley, Emily Hall & Sienna Harris

We would also like to acknowledge and thank Lachlan Brookes and Connor Lockyer who volunteered their time to referee on the day, and as always, extend our gratitude to the parents that drove and accompanied students for the day.

North Coast Opens touch is on the 18 May at Port Macquarie, Tiffin Lane. Good luck to all those that made it through.

**Mr A Parker
Sport Organiser**

Opens Lower North Coast Table Tennis

On Monday 14 May, Macksville High School competed in the Opens Lower North Coast Table tennis knockout in Port Macquarie at the table tennis and sporting complex.

They versed the team that came 3rd in the state 2017 competition. Our students demonstrated outstanding sportsmanship, resilience and Macksville High School spirit. Unfortunately, our team did not prove triumphant in this round and were knocked-out achieving 2nd place in the Lower North Coast combined high school competition.

The Table tennis complex also had two automatic serving machines which the students were able to take advantage of for some pre-game warm up.

We would also like to acknowledge and thank Port Macquarie table tennis association who volunteered their time to help referee on the day.

Mr A Parker
Sport Organiser



Photo from left: Ryan Atkins, Mitchell Williamson-Roe, Chloe North field & Jess Simpson

Congratulations



Murwillimbah March 2018

Congratulations
Declan Sutton - joint
Swimmer of the meet
North Coast CHS Swimming
Championships



Homebush Bay April 2018

Congratulations
Declan Sutton and Darcy Welsh at the NSW CHS State
Swimming Championships

State CHS Netball Finals

Last week Macksville High School 15 years netball team travelled to Wollongong to compete in the State CHS Netball finals. The team had been successful in winning all matches on the north coast including beating Kingscliff High School 63-21 in the North Coast Final. This win qualified the team to travel to Wollongong to compete against 15 other NSW schools.

The competition was incredibly hard as opposition teams consisted of several Sydney Sports High Schools, schools from Hunter region, as well as South Coast. Macksville High School lost only five matches out of 15, drawing with Whitebridge High (who came 3rd) and losing another two matches by only three goals. MHS placed 5th overall which is an amazing result!!

It was an inspiring, mature effort by our team and an absolute pleasure to watch the players rise in their skill level to match the opposition. Congratulations girls
- we are all very proud of you!!!

Ms H Black



From Back to Front: Bree Ferguson, Tamsyn Spear, Abby Baxter, Brin Trisley, Lily Bartlett, Lillah Hoffman, Gemma Summerville, Wulaaran Walker, Arrin Stirrat-Black

S P O R T S D E S K

Last weekend several Macksville High School students travelled to Mudgee to represent North Coast in the 15 years Combined High Schools Touch Carnival. Brin Trisley, Abby Baxter, Tjuiana Rosser, Arrin Stirrat-Black and Wulaaran Walker were all members of the North Coast Girls team. Eight regions competed in this competition and the girls team made it to the semi finals where they went down to Sydney North. This placed the team 4th in the region over all .

Finn Stevens, Max Thompson and Caleb Wassens were members of the boy's team who were very competitive, losing many matches by one try. The team placed 6th over all.

All students were outstanding, displaying a great level of skill, as well as excellent sportsmanship and team work. Congratulations to all players as you were all exceptional ambassadors for Macksville High School.

An individual acknowledgement needs to go to Wulaaran Walker was also named in the NSW CHS Team that travels to Sydney in the coming months. Well done!!

Ms H Black



Back Row: Caleb Wassens, Finn Stevens, Abby Baxter

Front Row: Arrin Stirrat-Black, Wulaaran Walker, Max Thompson, Brin Trisley, Tjuiana Rosser

Kick Start Physics

Wednesday 9 May

Sam Kinnear, Sam Schmidt and Chloe Northfield traveled to Coffs Harbour CHEC to participate in the Sydney University outreach program, Kick Start Physics.

During the course of the day they delved into many hands on activities to reinforce concepts learned in class. It was great to mix with Physics students from other schools from our neighbours in Nambucca to students as far as Tamworth.

The picture shows Sam and Sam exploring Lenz's Law with jumping rings, a consequence of electro-magnetic induction.



Sam Kinnear & Sam Schmidt

WHAT'S ON AT MHS

21 May	Year 10 & 11 Vaccination Day
21 May	Year 8/9 Debating Toormina
25 May	Zone Cross Country Kempsey
28 May - 1 June	National Reconciliation Week
29 May	Science & Engineering Challenge
30 May	Athletics Carnival Scotts Head
31 May	Year 10 Careers Expo Coffs Harbour
13 June	NC Cross Country Nana Glenn
19 June	Zone Athletics Carnival Nambucca
26 June	Year 10 into 11 Student Subject Expo, P1&2
3 July	Year 10 into 11 Parent Information Evening 5.30pm
5 July	Half Yearly Presentation Day

C A N T E E N



TERM 2



SALADS

Home-Made Falafel – Full Wrap \$7.50
Half Wrap \$5 Salad Tub Large \$8
Small \$5.50

Spinach Leaves, Carrot, Beetroot,
Cucumber, Sundried Tomato, Feta &
Aioli (ORDER)

Chicken Breast & Egg Salad – Full
Wrap \$7.50 Half \$5 Salad Tub Lge \$8
Sml \$5.50

Spinach Leaves, Carrot, Beetroot,
Cucumber, Tomato, Cheese, Avocado,
Egg & Chicken & Aioli (ORDER)

Tuna Salad – Full Wrap \$7.50 Half \$5
Salad Tub Lge \$8 Sml \$5.50 (ORDER)

Spinach Leaves, Carrot, Beetroot,
Tomato, Avocado, Onion, Cheese, Tuna
& Aioli

Egg Salad – Full Wrap \$7.50 Half \$5
Salad Tub Large \$8 Small \$5.50
Spinach Leaves, Carrot, Beetroot,
Tomato, Avocado, Onion, Feta, Olives,
Egg & Mayo

SANDWICHES - Wholemeal OR Wholegrain

Chicken Breast Avocado Cheese Lettuce
& Aioli \$5.00 Toasted \$5.50

Chicken Breast Avocado Cheese Lettuce
Tomato Carrot Beetroot & Mayo \$5.00
Toasted \$5.50

Egg Lettuce & Mayo \$5.00 Toasted \$5.50

Curried Egg Lettuce Cheese & Mayo
\$5.00 Toasted \$5.50

Ham Cheese Tomato & Pickles \$5.00
Toasted \$5.50

Tuna Lettuce Spanish Onion & Cheese
\$5.00 Toasted \$5.50



SPINACH WRAPS \$5.00 HALF (FULL ORDER ONLY \$8.00) Toasted ADD \$0.50

Chicken Breast Avocado Cheese
Lettuce Mayo \$5.00

Chicken Breast Lettuce Tomato
Cucumber Cheese Carrot Beetroot
Aioli \$5.00

Ham Lettuce Tomato Carrot
Cucumber Cheese Beetroot Mayo
\$5.00

Tuna Lettuce Cheese Tomato Carrot
Cucumber Beetroot \$5.00

SUBS - CREATE YOUR OWN SUB 7 INCH FRESH \$8.00 TOASTED \$8.50

Meat – Meatballs, Chicken Breast,
Ham, Bacon

Salad – Lettuce, Tomato, Capsicum,
Onion, Beetroot, Carrot, Olives,
Cheese, Cucumber, Feta, Sundried
Tomato, Egg, Avocado

Dressing – Mayo, Aioli, Sweet Chilli,
Relish, Hummus, Mustard

EXTRA MEAT – MORE THAN 1 WILL
COST \$1.00 EXTRA

SUBS ARE
ORDERED ONLY

HOT FOOD

Cheese & Spinach
Rolls \$4.50

Ricotta & Spinach Rolls \$3.50

Chicken Curry Pie \$4.50

Angus Chunky Steak Pie \$4.50

Steak Cheese Bacon Pie \$4.50

Steak & Potato Pie \$4.50

Plain Pie \$4.00



HOT FOOD

Homemade Ham & Cheese \$1.00

Homemade Cheesy Garlic Bread \$1.00

Homemade Chicken Vegetable Curry &
Rice \$4.00

Homemade Spaghetti Bolognese \$4.00

Chicken Burger (Lettuce & Mayo) \$4.50
ORDER

Chicken Burger (Salad & Mayo) \$5.50
ORDER

Chicken Pops (4) \$2.00

Mc Cain Ham & Pineapple Pizza \$2.50

Weekly Specials

Monday – Homemade
Spinach Feta Sundried Tomato
Frittata & Side Salad \$6.50

Friday – Sweet Potato Hot Chips
with Aioli & Sweet Chilli Sauce \$3.50

FRIDGE

Fruit Salad (Seasonal Fruit) \$2.50

Watermelon Tub \$2.50

Yogurt \$2.00

Homemade Muesli Cup with Yogurt
& Berries \$2.50

Homemade Banana Bread \$2.00

Carrot Celery & Tomato Tub with
Hummus \$3.50

Seasonal Fruit Sold Individually
\$0.50

Frozen Pineapple \$0.50



CRUCIAL INFORMATION

HEAD LICE

At this time of year, it is known that head lice is prominent, so can we please request that you check your children now and over the coming weeks.

Please check your child's hair for nits/lice using the methods recommended in information from NSW Health <http://www.health.nsw.gov.au/environment/headlice/Pages/treatment.aspx>.

If you find any eggs or lice please commence treatment as recommended.

Further information on head lice is available on the NSW Health website (details above) or through the Department's website at <http://www.schools.nsw.edu.au/studentsupport/studenthealth/conditions/headlice/index.php>.

We appreciate your assistance in this regard.

SCHOOL UNIFORM

Bottle green and maroon long pants are available from Kmart for \$15.

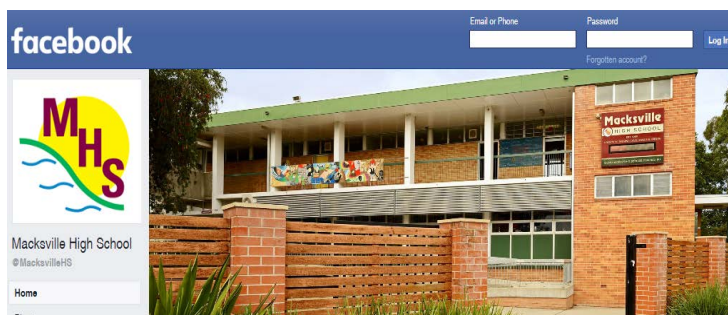


Senior Jumpers



<https://www.facebook.com/MacksvilleHS/>

Visit our facebook page....



2018 P&C MEETING DATES

TERM 2	22	May
	26	June
TERM 3	24	July
	28	August
TERM 4	25	September
	23	October
	27	November
	18	December

Meetings start at 5.30 pm unless otherwise stated.

Look forward to seeing you there!

COMMUNITY NEWS

CRANES' workshops are FREE of charge
Free childcare is also available at some venues
Bookings essential

NOTE: To be eligible for our free workshops you must have a child in your care, seeking access to or restoration of a child or support someone who does. Grandparents and foster and kinship carers are most welcome!

VENUES	
CRANES Grafton	11 Kemp St .
Maclean TAFE	Woombah Street (next to high school.
Coffs Harbour	St John Paul College 421 Hogbin Drive .

Call CRANES for enquires or to register (no referral necessary)

Ph: (02) 6642 7257 Email: FaRS@cranes.org.au

CRANES' Family and Relationship Services is funded by the Dept. of Social Services

How to Talk So Teens will Listen

This **half-day workshop** provides parents with information about teens intellectual and emotional development and using this knowledge to communicate more effectively. The workshop will be held In Coffs Harbour

**CRANES @ Coffs
Harbour**
9.30am to 12.30pm
27th June

Nambucca Aquatic

65687596

INDOOR HEATED POOL OPEN ALL YEAR

Monday to Friday 7am – 6pm Saturday 8.30am – 2pm

Learn to Swim – All Ages and Abilities

School Holiday Intensive Swim Programs

Squads & Adult Squads

Aqua fitness Staying Active

Zumba Aqua Zumba

Lap Swimming School Programs



Giinagay

We cordially invite you to the book launch to celebrate 35 years of the Valla Community Preschool operating in Valla Beach.

Please join us in the celebration and sharing of memories in the preschool grounds.

When: 2pm 16th June 2018

RSVP: 1 June 2018
vallapreschool@westnet.com.au



DO YOU LIKE CAMPING ?



YES?

TRY SCOUTS THEN

Nambucca Valley Scouts go camping a number of times a year depending on age and weather.

We also meet one night a week to play games, do activities and much more.

You are invited to try us out. Come for 5 meeting nights to see what it's like for only \$40*.

Age 7½-11 Thursdays 5:30pm-7:00pm

Age 10½-15 Tuesdays 6:30pm-8:30pm

Age 14½-18 Tuesdays 6:30pm-8:30pm

Call first in case we're out and about

Maxine 0429 397 042

*Covers liability insurance



Discover Engineering Coffs Harbour

A free forum for all high school students interested in learning about engineering as a career choice

- Why be an engineer?
- What do engineers do?
- What is it like to study engineering?
- How do you become an engineer?

Discover Engineering provides the opportunity for high school students interested in an exciting career in engineering to hear real life experiences from young engineers across the various engineering disciplines who will share their career path and practical first hand knowledge. University representatives will also be available to advise on course information.

Tuesday 19 June 2018, 6.30pm - 8.30pm

Coffs Ex-Services Club
1 Vernon Street, Coffs Harbour
Enquiries: 02 4911 7310

This is a free event. Light refreshments will be served.
Registration is essential for catering purposes

[Register online](#)

Other locations for Discover Engineering 2018
[Port Macquarie](#) | [South Grafton](#) | [Ballina](#) | [Newcastle](#)



/EngineersAustralia



/EngAustralia

Sponsored by



COMMUNITY NEWS



Fire & Rescue NSW Open Day 2018



Winter is just around the corner so it's a great time to visit your local Fire & Rescue NSW Fire Station and learn more about how to be home fire safe

In an effort to educate the community about fire prevention and safety, Fire & Rescue NSW is hosting its annual Open Day on Saturday, 19 May 2018 between 10.00am and 2.00pm.

You and your family are invited to visit your local station for home fire safety tips, hop on a fire truck and chat with firefighters to learn more about what they do every day.

From chemical spills, car accidents and natural disasters to education, prevention and humanitarian relief, across the state, across the country and even overseas, our firefighters are prepared for anything, anywhere, anytime.

For more information, visit ww.fire.nsw.gov.au. Make sure you mark it in your diary and come and join us on the day.



SAFER DRIVERS COURSE FOR LEARNER DRIVERS

PCYC SAFER DRIVER COURSE

If you hold a valid NSW Learner Licence, are under 25 years of age and have completed a minimum of 50 hours actual on-road driving then you are eligible to attend the Safer Driver Course run by PCYC Kempsey held on the 17th May 2018.

The course's aim is to help young people develop safer driving practices and skills so they are better prepared for when they transition to solo driving. The Safer Driver Course counts towards 20 hours of Learner Driver Logbook time and provides strategies for dealing with road risks and provides guidance to prevent risk taking behaviour. Topics covered include safe driving distances, crash avoidance, speed management and hazard identification. These strategies are a great asset for young drivers who are transitioning to unsupervised driving, better preparing them for the potential situations and conditions that may face them during their driving. The course is educational, enjoyable and will help you drive more safely.

Contact PCYC Kempsey 6562 8399 for information and booking details.

COMMUNITY NEWS

YOU CAN ASK THAT !!

A Q&A ABOUT GENDER, SEXUALITY AND DIVERSITY

You Can Ask That!! is a Q & A about gender, sexuality and diversity.

This is the first of a series of public dialogues to build inclusiveness and relationships in our community.

FREE event for Adults and Adolescents.

THURSDAY 17 MAY
7 - 9PM

BELLINGEN GOLF CLUB
1172 Waterfall Way Bellingin

Dinner from 6pm (optional and at own cost)
To make a reservation call the
Golf Club - 6655 1312

THE PANELISTS

**DRAGAN
ZAN WRIGHT**

DRAGAN IS A NON-BINARY TRANS MAN, PSYCHOTHERAPIST AND EDUCATOR IN COMPLEX TRAUMA AND GENDER DIVERSE AFFIRMATIVE CARE

**CHRIS MARKS &
KYLIE SELIG**

CHRIS IS LESBIAN IDENTIFIED AND HAS RAISED 5 CHILDREN. KYLIE IS HER ADULT DAUGHTER AND ALLY AND IS MARRIED WITH 4 CHILDREN

ELISA HALL

LOCAL ARTIST, MOTHER AND 'PARTY DYKE' WHO LOVES COUNTRY LIVING, DISCO AND SOCIAL JUSTICE

PAUL YOUNG

DORRIGO BORN AND RAISED, LOCAL BUSINESS OWNER AND PROUD GAY MAN



FACILITATED BY 2BBB'S DEB SPILLANE

DEB SPILLANE IS A RETIRED SPORTS BROADCASTER AND RADIO PRESENTER WITH THE ABC AND JJJ.

SHE NOW A BOARD MEMBER OF BELLINGEN'S 2BBB.

THIS EVENT IS BEING ORGANISED BY LOVE IS LOVE PROJECT, A SUB COMMITTEE OF BELLINGEN NEIGHBOURHOOD CENTRE AND FUNDED BY AURORA WAY FOR PUBLIC AWARENESS RAISING. **FOR FURTHER INFO: KYLIE 0408 178 585**



Compulsory School Attendance

Information for parents

Education for your child is important and regular attendance at school is essential for your child to achieve their educational best and increase their career and life options. NSW public schools work in partnership with parents to encourage and support regular attendance of children and young people. When your child attends school every day, learning becomes easier and your child will build and maintain friendships with other children.

What are my legal responsibilities?

Education in New South Wales is compulsory for all children between the ages of six years and below the minimum school leaving age. The *Education Act 1990* requires that parents ensure their children of compulsory school age are enrolled at, and regularly attend school, or, are registered with the Board of Studies, Teaching and Educational Standards for homeschooling.

Once enrolled, children are required to attend school each day it is open for students.

The importance of arriving on time

Arriving at school and class on time:

- Ensures that students do not miss out on important learning activities scheduled early in the day
- Helps students learn the importance of punctuality and routine
- Give students time to greet their friends before class
- Reduces classroom disruption

Lateness is recorded as a partial absence and must be explained by parents.

What if my child has to be away from school?

On occasion, your child may need to be absent from school. Justified reasons for student absences may include:

- being sick, or having an infectious disease
- having an unavoidable medical appointment
- being required to attend a recognised religious holiday
- exceptional or urgent family circumstance (e.g. attending a funeral)

Following an absence from school you must ensure that within 7 days you provide your child's school with a verbal or written explanation for the absence. However, if the school has not received an explanation from you within 2 days, the school may contact you to discuss the absence.

Principals may decline to accept an explanation that you have provided if they do not believe the absence is in the best interest of your child. In these circumstances your child's absence would be recorded as unjustified. When this happens the principal will discuss their decision with you and the reasons why.

Principals may request medical certificates or other documentation when frequent or long term absences are explained as being due to illness. Principals may also seek parental permission to speak with medical specialists to obtain information to collaboratively develop a health care plan to support your child. If the request is denied, the principal can record the absences as unjustified.

Travel

Families are encouraged to travel during school holidays. If travel during school term is necessary, discuss this with your child's school principal. An *Application for Extended Leave* may need to be completed. Absences relating to travel will be marked as leave on the roll and therefore contribute to your child's total absences for the year.

In some circumstances students may be eligible to enrol in distance education for travel periods over 50 school days. This should be discussed with your child's school principal.





My child won't go to school. What should I do?

You should contact the principal as soon as possible to discuss the issue and ask for help. Strategies to help improve attendance may include a referral to the school's learning and support team or linking your child with appropriate support networks. The principal may seek further support from the Home School Liaison Program to develop an Attendance Improvement Plan.

What might happen if my child continues to have unacceptable absences?

It is important to understand that the Department of Education and Communities may be required to take further action where children of compulsory school age have recurring numbers of unexplained or unjustified absences from school.

Some of the following actions may be undertaken:

- Compulsory Schooling Conferences

You may be asked, along with your child, to attend a Compulsory Schooling Conference. The conference will help to identify the supports your child may need to have in place so they attend school regularly. The school, parents and agencies will work together to develop an agreed plan (known as Undertakings) to support your child's attendance at school.

- Application to the Children's Court – Compulsory Schooling Order

If your child's attendance at school remains unsatisfactory the Department

may apply to the Children's Court for a *Compulsory Schooling Order*. The Children's Court magistrate may order a Compulsory Schooling Conference to be convened.

- Prosecution in the Local Court

School and Department staff remain committed to working in partnership with you to address the issues which are preventing your child's full participation at school. In circumstances where a breach of compulsory schooling orders occurs further action may be taken against a parent in the Local Court. The result of court action can be the imposition of a community service order or a fine.

What age can my child leave school?

All New South Wales students must complete Year 10 or its equivalent. After Year 10, and up until they reach 17 years of age, there are a range of flexible options for students to complete their schooling.

Working in Partnership

The Department of Education and Communities recognises that working collaboratively with students and their families is the best way to support the regular attendance of students at school.

We look forward to working in partnership with you to support your child to fulfil their life opportunities.

If a student misses as little as 8 days in a school term, by the end of primary school they'll have missed over a year of school.

Further information regarding school attendance can be obtained from the following websites:

Policy, information and brochures:

Please visit the Department of Education's *Policy library*

The school leaving age:

Please visit the Department of Education's *Wellbeing and Learning* website

Do you need an interpreter?

Interpreting services are available on request, including for the hearing impaired. The Telephone Interpreter Service is available 24 hours a day, seven days a week on 131 450. You will not be charged for this service.

For further advice and questions contact your educational services team

T 131 536

Learning and Engagement

Student Engagement & Interagency Partnerships

T 9244 512

www.dec.nsw.gov.au

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NSW Department of Education and Communities