

## NEWSLETTER

TERM 1 ISSUE 1 – 2018

### 2018 GOLD COAST QUEENS BATON RELAY



On Friday 2 February, Macksville High School had the privilege of hosting the Queens Baton Relay for the XXI Commonwealth Games.

As the baton makes it's way towards the Gold Coast it has been making stops in country regional areas and Macksville High School was selected to be one of the changeover points. Past student David Walker had the honour of receiving the baton within the Macksville High School grounds. It was an exciting and fun moment for all staff, students and past students.



### 2017 RURAL & REMOTE GRANT INITIATIVE

We would like to acknowledge Matiese Trisley who was successful in receiving the 2017 Rural & Remote Grant on behalf of the NSW Combined High Schools Sports Association for NSWCHSSA Touch Football Girls Team.

Receiving a grant such as this is certainly very encouraging for Matiese to continue with her sporting endeavours.

Congratulations Matiese!



## FROM THE PRINCIPAL



Dear Parents and Community,

Welcome to the new school year! In particular, I would like to extend a warm welcome to all of our new students and their families to the Macksville High School learning community. We have made a positive start to the year, and I look forward to continuing to work together achieving the educational goals of our students.

I would like to welcome 3 new permanent staff members to our school – Mrs Denise Alchin is Head Teacher of TAS, Mr Paul Evans is our Aboriginal Education Officer and Mrs Zsuzsanna Vernon in our Front Office. In relieving positions we also welcome Mr Aaron Argent in PDHPE, Ms Danica Burrige in HSIE, Mrs Anna Champion in Maths, Ms Sharon Morris and Mr Aaron Loughland, both in the English Faculty.

Year 7 students have had a great start to the 2018 school year. The students have settled in well with their peers and with their teachers to embark on their journey through high school.

Congratulations to Matiese Trisley who has been awarded a scholarship from the NSWCHSS Association to recognise her outstanding skills and talent in Touch Football, and support her future endeavours in this area.

During our first week, we had a very pleasant day at the pool for our annual swimming carnival. The great weather I am sure contributed to most students participating in so many events, including our seniors showing their unique style in the novelty events! Thank you to Mr Parker for his organisation of the day.

We have again achieved excellent results in the HSC. Six Macksville High School students qualified for the 2017 distinguished achievers list with a total sum of 8 Band 6's. Congratulations go to Max Cleversley (2), Sarah Rose (2), Jacob Cooper, Jesse Mola, Zoe Baines & Madellyn Urquhart for achieving the top band. Students also achieved 35 Band 5's and 50% of the subjects delivered sat at or above the state average, a reflection of the hard work and dedication of students and teachers alike. We wish all students well in their post school destinations and look forward to following their future successes.

We have wonderful opportunities for our students to involve themselves in academic, cultural, leadership and sporting pursuits within excellent learning facilities. Macksville High School will continue in 2018 to provide a learning environment that is safe, positive and an encouraging experience for all. I am looking forward to a great year!

**Erica Lyne**  
Principal



[stymie.com.au](http://stymie.com.au)



School Leaders

Daisy Peachman & Mickayla Ennis  
Sam Schmidt, Mrs Erica Lyne & Adam Nowland



## Year 7

Year 7 have settled well into their Mathematics classes, completing work diligently and having a go. The uniform has been exceptional and demonstrates the pride with which students attend Macksville High School. Students will shortly sit an assessment task that staff will use to determine the optimum composition of each class. Please keep in mind that regardless of the class your child is placed in, they will still receive any assistance required for them to reach their potential and extend their knowledge where possible.

## Education Perfect

In 2017, MHS trialled Education Perfect Mathematics as an online tool to aide in delivering and assessing Stage 4 content to students. The feedback from last year's students was very positive with participation, engagement and completion levels very high.

Students in years 7 and 8 will each be given a username and password to access the programme at school and at home, on any web-based device.

Education Perfect delivers tuition in lesson format and assesses student comprehension through quizzes and more formal assessment tasks. Teachers can then monitor students' progress and understanding and subsequently offer remediation activities to 'fill in the learning gaps'. Students can then compete nationally and globally in online tasks and competitions.



EducationPerfect

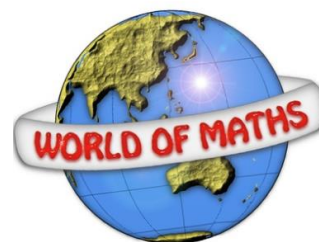
## Calculators



This year sees the transition to a new 'school calculator'. The **Casio fx-82AU plus II** (pictured) will be available for purchase from the front office for \$20.00. We acknowledge that some students may already have a Sharp EL-531 calculator. This will not be a problem as the Mathematics staff are trained to teach concepts using both calculators. The Casio calculator has been chosen due to its simplified fractions and data capabilities.

## World of Maths

In week 10 of Term 1, Year 7 and 8 students will be involved in an in-school incursion hosted by World of Maths. The day will involve students participating in groups to investigate and solve engaging, real-life problems using models and hands-on displays. Students will need to work collaboratively, using deep thinking skills and logic to solve a variety of challenging problems. A permission note will be sent home in due course, however there is no charge for students to participate.



## Text Books

Students both past and present are reminded to please return Mathematics textbooks to the school. 2018 classes are being issued their textbooks for the year and a prompt return of all borrowed books will ensure no current student misses out.

## Tutoring

After-school tutoring will continue this year and take place in C1 every Tuesday afternoon from 3:15 until 4:30pm. This is an opportunity for students, from all years, to extend their learning or receive additional assistance with concepts with which they may be struggling. As always, students are expected to attempt all set work in class and not attend tutoring sessions merely to catch up on work. This free programme will commence from week 4 (Tuesday 20 February).

**Mr Clay Urquhart**

**Head Teacher Mathematics**

## HUMAN SOCIETY & ITS ENVIRONMENT (HSIE) REPORT

The beginning of 2018 sees a few changes within the HSIE faculty. We are delighted to welcome Miss Danica Burrridge, she will be teaching a number of junior History and Geography classes this year. Miss Burrridge joins Mrs Jodie Collits (who is also Year 8 advisor), Mr David King, Mr Barry Lockyer and Mr Mark Werner. The HSIE Head Teacher is Mrs Tourmaline Bailey, who started at Macksville High at the beginning of Term 2, 2017 following a move from the lower Blue Mountains.

In addition to the mandatory History and Geography courses that all students complete in the junior years, the HSIE faculty team also offer a variety of elective courses from Year 8 to the HSC.

All Year 8 students are able to participate in **Gumbaynggirr Studies** where they learn local language, stories and traditions and play indigenous games. Miss Burrridge, a Gumbaynggirr woman, and Mr Werner, a Torres Strait Islander man, team-teach this class. Mr Paul Evans, the school's Aboriginal Education Officer, also supports this class.

Year 9 and 10 students can elect to study **Show Me The Money** where they learn a variety of skills and knowledge including how to be a wise consumer and understand their legal rights and responsibilities. This class also has the opportunity to participate in **\$20 Boss**, where students establish their own real business and keep the profit. The diversity of the HSIE faculty is also evident in the senior curriculum, which can include Ancient and Modern History, Business and Legal Studies, Marine Studies and more.

There will be some changes to the HSIE faculty over this year and your feedback is greatly appreciated. If you have any questions concerning History, Geography or any other HSIE subject, please do not hesitate to contact Mrs Bailey, HT HSIE.



Given the range of contemporary issues and global events that can be studied under the HSIE curriculum, there is scope for all students to offer their own insightful points to lessons. A recent Year 9 Geography class were discussing the impact of climate change on the polar ice caps. These photos show the students modelling that impact and discussing possible solutions to rising sea levels.

## 2018 BCU BILL USSHER SCHOLARSHIP PRESENTATION

Our school was among the winners of the Schools Incentive Prize through the 2018 BCU Bill Ussher Scholarship. We were delighted to receive a cheque for \$500, presented at our Assembly on Tuesday by representatives from BCU, Kerrie Byles and Bryan Ussher, the son of Bill - Bryan was most excited, as he is a former Macksville High School student.

The BCU feel giving back to the local community is important and this great scholarship program honours the founding chairperson Bill Ussher, who believed in helping the youth of our region excel.



## PARENT / TEACHER INTERVIEWS – TUESDAY 6 MARCH



Dear Parents and Carers,

Parent/Teacher Interviews will be held on Tuesday 6 March.

Interviews are strictly 5 minutes and spaces are limited. If you require more time with a particular teacher, please arrange a separate meeting by telephoning the school on 6568 1066.

Go to [www.schoolinterviews.com.au](http://www.schoolinterviews.com.au) and enter the code **26r4e**



Enter your details.



Select the teachers you wish to see.



Select the appointment times that suit your family best.



When you click FINISH your selected bookings will be emailed to you immediately. If you not receive your email, please check your junk-mail, or enter the event code again and check your email address spelling. Update your details if email address if incorrect. **DO NOT DELETE** the email you receive. Keep it somewhere safe. You may need to refer back to it at a later date.

**REMEMBER TO ADD YOUR APPOINTMENTS TO YOUR CALENDAR** - reminders will not be sent home.

Bookings must be finalised by Monday 5 March 2018.

If you need to view, cancel, change or print your bookings:

- Click on the link in the confirmation email you received after you made your bookings
- OR return to [www.schoolinterviews.com.au](http://www.schoolinterviews.com.au) and enter the code and the email address you used when making your bookings.

**Please contact the MHS front office on 6568 1066 if you require assistance with booking appointments.**

**Bookings will open on Friday 16 February at 3pm.**

## IMPORTANT INFORMATION – HEAD LICE

At this time of year, it is known that head lice is prominent, so can we please request that you check your children now and over the coming weeks.

Please check your child's hair for nits/lice using the methods recommended in information from NSW Health <http://www.health.nsw.gov.au/environment/headlice/Pages/treatment.aspx>.

If you find any eggs or lice please commence treatment as recommended.

Further information on head lice is available on the NSW Health website (details above) or through the Department's website at

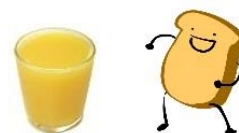
<http://www.schools.nsw.edu.au/studentssupport/studenthealth/conditions/headlice/index.php>.

We appreciate your assistance in this regard.

## MHS BREAKFAST CLUB

Hi Everyone,

Back to school and breakfast club is up and running again. Breakfast is available from 8.15am until 8.55am each morning. There is toast with vegemite, honey, jam and/or cheese slices. We have fruit toast as well as white toast. Fruit is also available until we run out, usually by Wednesday so get in quick. Cold drinks are served so come along and get something to get you through the day, no cost.



Mr Ian Smith

## A NOTE FROM LEE GILLILAND – INDONESIAN TEACHER RETIREMENT

*I hope 2018 is a great year for everyone.*

*After 25 years teaching MHS students Indonesian language, it is now time for me to spend more time with my family, and other activities, so I am retiring.*

*I'd like to thank parents especially who have helped on every occasion for different activities, eg billeting students from our sister school at Tangerang in West Java, since 2007 and the AIYEP Uni students in 2008 via Australia Foreign Affairs. As well as transport to all the concerts, performances and workshops our students have been involved with and travelled to in these many years. I think the favourites with students have been the Independence Day Celebrations where on four separate occasions our students have performed, and the Darling Harbour Multi cultural days, where our students have won awards.*

*Thanks to local businesses who provided workplace experiences for doctors, hospitality, travel, schools and media for AIYEP members from Indonesia.*

*Parents have been great supporters for Indonesian language study, so our students could take advantage of opportunities like SLSOC where students at MHS received \$41,000 between 1998 and 2002 for travel to study 'in country' at Australian government approved language colleges for Year 11 in Indonesia and our students benefit from experiences like these.*

*Our students accept and learn about other cultures and our HSC results have reflected the hard work our students have done over a period of 13 years. We have had students in the top 5 in the state every year with marks ranging from 98, 97, 96 and 94 in 2 Unit Continuers and Beginners and 46/50 in 3 Unit extension for more than one person. This has helped them with future careers in many fields and these are very pleasing results for all.*

*There is a positive atmosphere at MHS and I thank all colleagues and students for friendship and support each day when I have been working there.*

*Have a happy and busy 2018! Best Wishes Lee Gilliland*



## YEAR 7 OF 2018

A big welcome to our **New Year 7 Students** to Macksville High School. We have had a very busy first few weeks with students learning about their classes, their timetable, their peers, their teachers and the overall school environment. Their first day was on the 30 January where 90 odd little people came into school with some nerves, but have settled in well. We had our school swimming carnival on the Thursday where we had fun partaking in the day's water activities and races. We were also lucky enough to watch the Commonwealth Baton Relay!

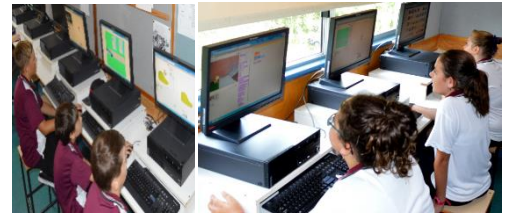
A quick reminder to parents that students will have their immunisations on Monday 19 February and School Photo's on Friday 2 March.

So far, most students have settled in really well and have impressed their teachers.

**Great job Year 7 – Keep it up! ☺**

**Miss K Hardingham – Year 7 Advisor**

See below photos of Year 7...



# PDHPE STUDIES

During Term 1, the following units will be studied within PDHPE theory lessons.

Year 7	Year 8	Year 9	Year 10
<b>Be active be healthy</b>	<b>Promoting a Healthy Lifestyle</b>	<b>Rethinking drinking</b>	<b>Hit the road Jack</b>
Changes and challenges	Factors that affect health	Drug use	Road safety
The nature of health	Mental health	Effects on relationships & community	Influences on health decision-making and risk behaviors
Healthy food habits	Sexual health	Marketing strategies and the media	Empowering individuals and communities
Personal benefits of participation in physical activity	Exploring risk	Influences on alcohol use and binge drinking	Challenges and opportunities
Health related components of fitness		Consequences	
Skill related components of fitness			
Components of a balanced lifestyle			

**Mr Aaron Parker**  
Sport Organiser & PDHPE teacher



**New Look  
Coming Soon!**

## MHS NEWSLETTERS

Published 3 times per term, Wk3, Wk6 & Wk9

Newsletters are emailed, please contact the front office if you need to update your email details.

Additionally, hardcopies are available for students to pick up from the student foyer in the front office.



## 5 STAR MERIT – WORLDS EXCURSION

During the final week of 2017, students who had achieved 5 STAR Merit Level were taken on the annual "World's Excursion". They attended Movie World for a fun-filled day of rides, being with their friends and over-indulging on the various sweet treats on offer.

An amazing 163 students attended the day and represented Macksville High School proudly. This rewarded all of their hard work throughout the year.

A crowd favourite on the day was the Green Lantern rollercoaster, which lived up to it's name, creating a green tinge of colour in many faces.

Thanks to parents and teachers for making this day possible with the 5:30am start and midnight return. Without this ongoing support, excursions of this magnitude are not possible.

**Luke Smith**

**Excursion Organiser**



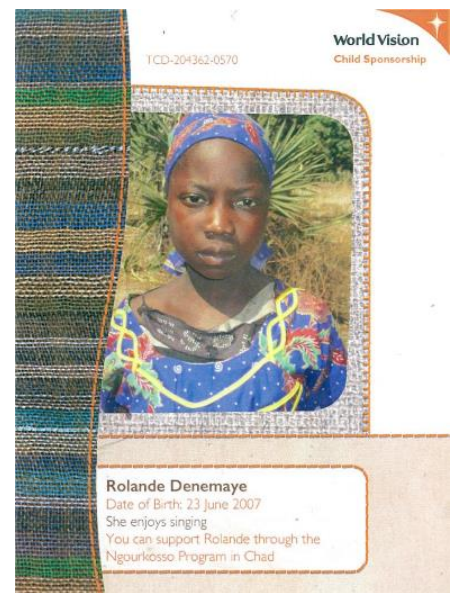
## WORLD VISION – CHILD SPONSORSHIP

At the end of 2017, MHS created and participated in the 'one dollar one day program'. The aim of this program was to raise enough money to sponsor a child through World Vision. With the help of the outgoing year 12's donation, we were able to achieve this goal.

Rolande Denemaye is a 10 year old girl who lives in a semi-rural area in Southern Chad. The climate is hot and dry and approximately 230,000 people mostly consisting of women and children live there. The schools there are overcrowded, poorly resourced and lack qualified teachers. Many children do not get to attend school but Rolande is lucky enough to attend.

One of the reasons we choose World Vision is due to the strict ruling of all sponsored children must attend schooling to continue receiving donations, this encourages families to allow the children to be educated and hopefully give them a brighter future.

**Annabelle Craven and Chilli Burt-Perks**





# SWIMMING CARNIVAL

On Thursday 1 February, Macksville High School made its way to the Macksville Memorial Aquatic Centre. After selecting new house captains for the year, the carnival got under way. There were a number of novelty events to fill time and allow competitive swimmers to rest between races.

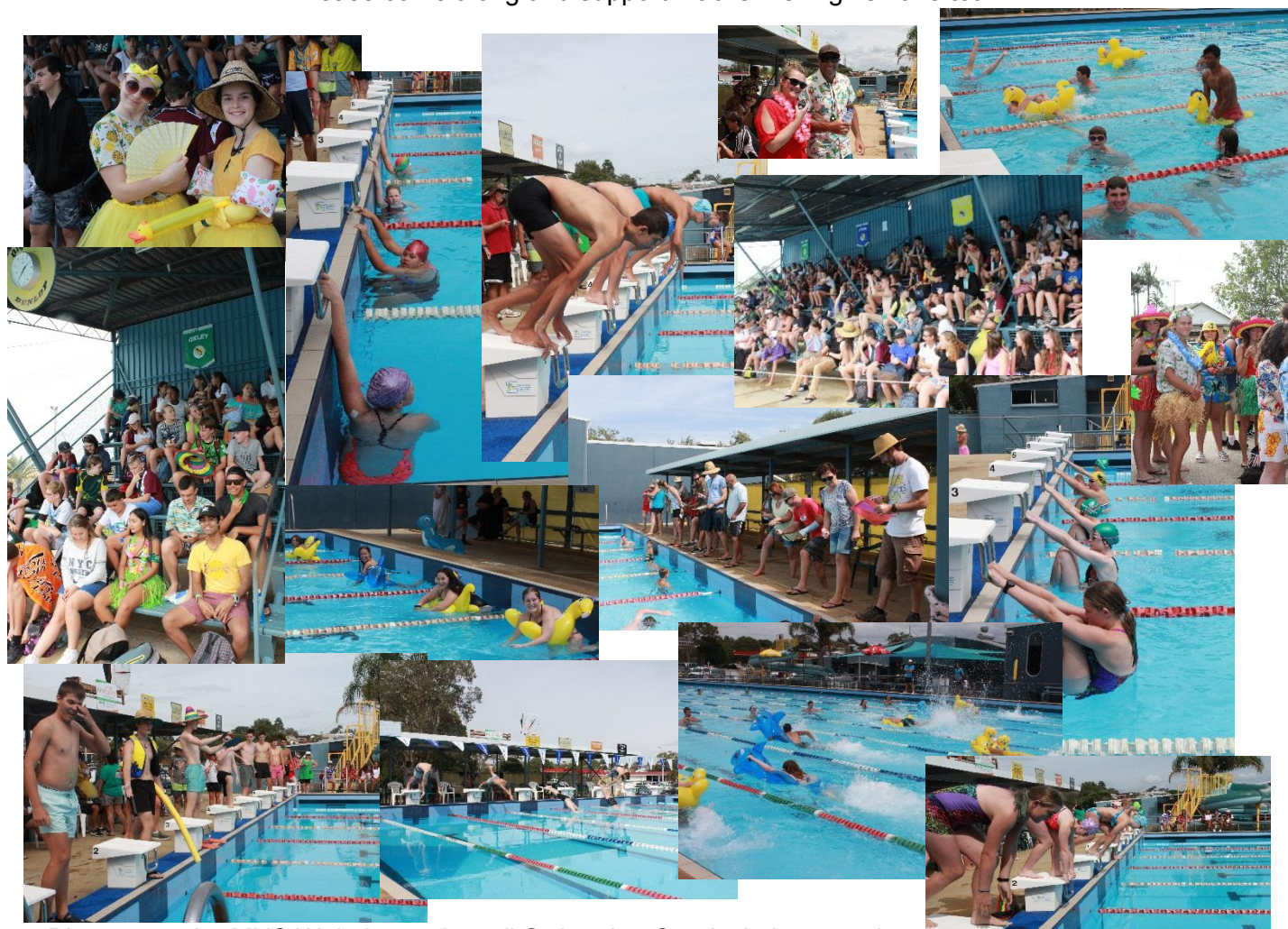
A stand out novelty event for competitors saw students from different ages and genders compete against each other in the 50m freestyle. Students were handicapped by their previous 50m freestyle time to ensure a very close finish, similar to the Macksville Gift.

The final house points from the day were  
**Oxley 505                      Taylor 351                      Briner 300                      Graham 299**

Age Champions for **2018**

AGE CATEGORY - YEARS	MALES	FEMALES
12	Joshua Willer	Torrie Maloney
13	William Simmonds	Jazmin Sutton
14	Omar Makari	Arrin Stirrat-Black
15	Darcy Welsh	Saule Stasionis
16	Declan Sutton	Astrid Smith
17	Zach Rolff	Matiese Trisley
18	Ryan Cartwright	

The zone swimming carnival will be held at the Macksville Aquatic Centre on Wednesday February 21. Please come along and support Macksville High's zone team.



Please see the MHS Website to view all Swimming Carnival photographs

# MACKSVILLE HIGH SCHOOL P&C

## UNIFORM DONATIONS

All unwanted uniforms in good condition would be greatly appreciated for our uniform pool.

Please drop them in to the Front Office.

Thank You!

### UNIFORM PRICE LIST

Skirts	\$38.00
Girls Tailored Shorts	\$30.00
Sports Polo Shirt	\$30.00
White Button-Up Shirts	
(Boys and Girls)	\$22.00
Unisex Sports Shorts	\$24.00
Girls Sports Shorts	\$28.00
Grey Shorts (Kids size)	\$23.00
Grey Shorts (Adult size)	\$28.00
Maroon Hooded Jacket	\$33.00

Items can be purchased from:  
**BINALONG Promotional Clothing**  
**5 Wallace Street, MACKSVILLE**  
**Ph: 6568 2578**

## 2018 P&C MEETING DATES

### Term 1

27 February

27 March - AGM

### Term 2

01 May

22 May

26 June

### Term 3

24 July

28 August

### Term 4

25 September

23 October

27 November

18 December

***Meetings start at 5.30 pm unless  
otherwise stated***

## COMING UP

<i><b>FEBRUARY 2018</b></i>		
19		Year 7 Immunisations & Year 8 Catch Ups
21		Zone Swimming Carnival – Macksville Aquatic Centre
23		Year 12 University Road Show, School Hall. 11.10am - 12.10pm
26 - 27		Year 12 Dive, South West Rocks – Notes to follow
<i><b>MARCH 2018</b></i>		
2		School Photos – Envelops to follow
6		Parent / Teacher Interviews, see attachment
7		School Photos – Catch up of absentees
13		North Coast Swimming Carnival – Venue TBC
21		Macksville High School Expo – More information to follow. <b>NEW</b>
21		Skills & Thrills Careers Excursion, Coffs Harbour for all Year 10
22		Year 12 Monash University Talk, MHS. 9.10am – 10am



# CANTEEN MENU TERM 1 2018

## Moroccan Chickpea – Full Wrap \$7.50 Half Wrap \$5.00 Salad Tub \$8.00 (ORDER ONLY)

Spinach Leaves, Grated carrot, Grated Beetroot, Cucumber, Sundried Tomato, Fetta & Balsamic Dressing.

## Pumpkin Falafel – Full Wrap \$7.50 Half Wrap \$5.00 Salad Tub \$8.00 (ORDER ONLY)

Spinach Leaves, Grated carrot, Grated Beetroot, Cucumber, Sundried Tomato, Fetta & Sweet Chilli Mayo.

## Chicken Breast & Salad – Full Wrap \$7.50 Half Wrap \$5.00 Salad Tub \$8.00 (ORDER ONLY)

Chicken Breast Lettuce, Tomato, Beetroot, Cucumber, Carrot, Light Cheese, Egg & Aioli.

## Chicken Caesar Salad – Full Wrap \$8.00 Half Wrap \$5.00 Salad Tub \$8.50 (ORDER ONLY)

Cos Lettuce, Chicken Breast, Bacon, Bacon, Parmesan Cheese, Egg & Caesar Dressing.

## SANDWICHES Wholemeal OR Wholegrain \$5.00 Toasted \$5.50

Chicken Breast, Avocado & Light Cheese

Chicken Breast, Lettuce, Light Cheese & Mayo

Corned Silverside, Lettuce, Light Cheese, Tomato & Pickles

Egg, Lettuce, Tomato & Aioli

Curried Egg, Lettuce & Aioli

Chicken Breast, Lettuce, Tomato, Carrot, Beetroot, Cucumber, Light Cheese & Aioli

Salad, Lettuce, Tomato, Beetroot, Carrot, Light Cheese & Aioli

Ham, Cheese, Tomato



## WRAPS – Spinach Wraps ONLY \$5.00 HALF ONLY

Chicken Breast, Avocado, Light Cheese, Lettuce & Mayo

Chicken Salad, Lettuce, Tomato, Light Cheese, Carrot, Cucumber, Beetroot & Mayo

Ham Salad, Lettuce, Tomato, Light Cheese, Carrot, Cucumber, Beetroot & Mayo

Egg Salad, Egg, Lettuce, Tomato, Light Cheese, Carrot, Cucumber, Beetroot & Mayo

## Fruit Salads – Made Fresh Daily \$2.50 ONE SIZE ONLY

Apple, Orange, Watermelon & Seasonal Fruit

## Watermelon Tub \$2.50 – Made Fresh Daily

## Fresh Seasonal Fruit – SOLD INDIVIDUALLY \$0.50ea

## Yogurts \$2.00

## HOT FOOD

Cheese & Spinach Rolls \$4.50 Sausage Rolls \$3.50

## PIE'S - ONLY AVAILABLE ON THURSDAYS \$5.00 Chicken Curry, Angus Chunky Steak,

## Cheese & Bacon & Plain

Chicken & Gravy Rolls \$4.50

Cheesy Garlic Bread \$1.00

Hot Ham & Cheese \$1.00

## Turkish Open Melts - Half \$3.00 Full \$6.00

Chicken Breast, Avocado & Light Cheese

Ham, Light Cheese, Tomato

Ham, Pineapple & Light Cheese

Capsicum, Olive, Light Cheese

McCain Ham, Cheese & Pineapple Pizza \$2.50

Homemade Spaghetti Bolognaise \$4.00

Chicken Burger, Chicken Patty, Lettuce & Mayo \$4.50 (ORDER ONLY)

Chicken Salad Burger, Chicken, Lettuce, Tomato, Beetroot, Carrot & Mayo \$5.50 (ORDER ONLY) ADD CHEESE \$0.50

**LUNCH ORDERS CAN BE PLACED AT ORDER WINDOW BEFORE SCHOOL OR RECESS.**

**EFTPOS - \$5.00 Minimum Sale - NO CASH OUT**

**SEE CANTEEN FOR DRINKS, ICEBLOCKS AND SNACKS MENU**

**MICROWAVE IS AVAILABLE FOR FOOD TO BE HEATED.**

**HOWEVER, FOOD MUST BE IN A MICROWAVE SAFE CONTAINER ONLY.**

**NO PLASTIC TAKEAWAY CONTAINERS.**

**PLEASE COME TO COUNTER - DO NOT ENTER CANTEEN UNLESS YOU HAVE SEEN APRIL, THE CANTEEN MANAGER.**

# NSW SCHOOL VACCINATION PROGRAM 2018

Each year NSW Health works in partnership with schools to offer the vaccines recommended by the National Health and Medical Research Council (NHMRC) for adolescents as part of the school vaccination program.

In 2018 the following vaccines will be offered to

## All Year 7 students

**MONDAY 19 FEBRUARY & MONDAY 10 SEPTEMBER**

- dTpa vaccine (Diphtheria, Tetanus & Pertussis (whooping cough) as a single dose
- human papillomavirus (HPV) vaccine in a 2-dose schedule at 0 and 6 months

## All Year 10 and 11 students **MONDAY 21 MAY**

- Meningococcal ACWY vaccine as a single dose

**Parent Information Kits** that include an Information sheet, consent form and privacy statement will be sent home to parents / guardians. To consent to the vaccination of their child, parents / guardians are advised to:

- read all the information provided
- complete the consent form, including signing their name next to the vaccine/s they would like their child to receive
- return the completed consent form to their child's school
- ensure that their child eats breakfast on the day of the school vaccination clinic.

Please note that students who commence HPV vaccination in school clinics in Year 7 but do not complete the course during the school year may be offered catch-up doses at school in Year 8. Parents will be notified by letter/ or text from The Public Health Unit if this applies to their child.

**Students who have any HPV doses at their GP will be advised to complete the course with their GP.**

Parents/guardians who wish to withdraw their consent for any reason may do so by writing to the school Principal or phoning the school. The Procedure for Withdrawal of Consent is available on the NSW Health website at:

[www.health.nsw.gov.au/immunisation](http://www.health.nsw.gov.au/immunisation)

**To improve vaccination completion, students will be opportunistically offered any missed doses throughout the year where possible.**

A Record of Vaccination will be provided to each student vaccinated at each clinic. Parents/guardians should ensure that this record is kept for future reference and should not assume that their child has been vaccinated if they do not receive this Record of Vaccination.

**A consent form was given to each Year 7 student on Wednesday 14 February. We will still accept them on Monday. THANK YOU.**

**Important information for parents National HPV Vaccination Program**

- ☒ Helps prevent HPV-related cancers and disease
- ☒ For young women and men in early high school
- ☒ Complete the consent form

I'm glad we've talked about it. Now I know why it's important to get the HPV vaccination.

This HPV vaccination is important for young fellas, as well as girls.

Young men and women in early high school can take part in a national vaccination program to protect against Human Papillomavirus (HPV), which can cause cancers and disease. The vaccine works best when given at this age as it is before they have been exposed to the virus through sexual activity.

More information is available at [www.immunise.health.gov.au](http://www.immunise.health.gov.au) or freecall 1800 671 811\*

\*Charges may apply for calls from mobiles.

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Australian Government

IMMUNISE AUSTRALIA PROGRAM

A joint Australian, State and Territory Government initiative



# COMMUNITY NEWS

## RIVERS NETBALL CLUB 2018 REGISTRATIONS

PLAYER REGISTRATION GO TO OUR WEBSITE

[riversnc.nsw.netball.com.au](http://riversnc.nsw.netball.com.au)

ONLINE REGOS ONLY

REGO CLOSES 11TH MAR (SUN) 2018 @ 9PM

NEW & OLD PLAYERS WELCOME!

Keep up-to-date [f](#) page Rivers Netball

For further information call

Nikki 0423 304 430 or Reigan 0401 402 573

## BOWRA NETBALL CLUB

Registration Day !!!



All new players welcome!!

Bowraville Ex-services Club, Bowraville

24th February 2018

From 11.00am - 1.00pm

Players turning 5 and onwards.

All players are eligible to apply for the Active Kids Voucher of \$100

If you cannot attend the registration day below are the links to register.

To register online please

<https://mynetball.resultsvault.com/Login.aspx?ReturnUrl=%2F>

To register for the Active Kids Voucher

<https://my.service.nsw.gov.au/MyServiceNSW/Register>

For more information please contact

Sandra Gill - President 0497 735 734  
Melanie MacDonald - Secretary 0498 270 546  
Jo Summerville - Treasurer 0402 111 659



## Beaches Netball Club 2018 Registration

Saturday 24th February 2018

930am-11am @ Gordon Park\* OR

REGISTER ONLINE NOW!

Ages 5-6 yrs \$80 7-10yrs \$100

<https://69017.sportvault.com/common/pages/reg/welcome.aspx?type=6&f=1&ssldirect=1&id=39258&enttyid=69017>

11-17yrs \$120 Seniors \$130

<https://netball.resultsvault.com/common/pages/reg/welcome.aspx?cf=1&ssldirect=1&mode=0&id=39258&enttyid=69017>

We accept ACTIVE KIDS Vouchers!!

\*Bring your voucher & credit card details to registration for assistance in the online process to Registration Day!

For further enquiries please call

Stacey - 0408 118 443 or search

Beaches Netball Club on facebook



### BATTLE OF THE BANDS

**MAKE SOME NOISE!**

If you're aged 12-22, are a budding muso and want to show the world what you've got, enter KEYS' Battle of the Bands.

LOCATION	PRIZES	HEATS
KEYS Youth Hub 6: West High St Coffs Harbour (behind the main building)	MAJOR PRIZE 10 hour recording session at Valleysounds Recording Studios (valued at \$3000). Includes mixing, mentoring and industry advice. PLUS MINOR PRIZES TOO	23 +30 March 6 + 15 April
<b>KEEN?</b> Call Allan on 0424 871 778 or pick up an entry form	free entry   doors @ 6.30pm [drug + alcohol free event]	<b>GRAND FINAL</b> Thurs 19 April (during Youth Week)
		<b>GET SOCIAL!</b> /KEYSYouthHub

## VALLEY LIFE YOUTH

Young people from years 6-12  
Friday nights during the school term

6:30pm-8:30pm

Gold coin donation

Nambucca Christian Life Centre,  
Kingsworth Estate

For more details contact Monique on  
0488 182 947

## MACKSVILLE SOCCER CLUB

Registrations are now open. Go to: <https://www.playfootball.com.au/player/player-registration> to register to play this year. Registration days will be Saturday 17th & 24th February 9 - 11.00am outside Foodworks Macksville.

Don't forget to apply for your Active Kids \$100 voucher and bring along the voucher number on rego day.

Children aged 4½ to 18 and enrolled at school are entitled to the voucher. To apply online go to: <https://www.service.nsw.gov.au/transaction/apply-active-kids-voucher>

Macksville Soccer Club is an approved provider.

Under 5/6/7's play free with the \$100 Active Kids voucher! Under 8-11's \$125—so \$25.00 is all you will pay with an Active Kids voucher.

Ages 12-16 \$185, 16-18 \$230, Seniors 19+ \$360. Don't forget to have your voucher number ready when you're signing up.

For more information go to the

Macksville Soccer Facebook

page or email

[macksvillesoccer@gmail.com](mailto:macksvillesoccer@gmail.com)



# Foster love

**Foster care and make a positive change to a child's life.**

Learn more at our foster care information sessions this February

As a foster carer, giving a child a caring environment can make all the difference to their life. Did you know that you can apply to become a foster carer if you're single or a couple aged between 25 to 60, regardless of sexual orientation or cultural background? If you've ever thought about becoming a foster carer, why not come along and discover what's involved at one of our upcoming information sessions.

We'll cover:

- The different types and lengths of placements
- The minimum requirements for getting started
- The assessment process and what to expect.

For more information, or to register for one of the sessions below, please visit us at [uniting.org/fostercare](http://uniting.org/fostercare) or get in touch on 1800 954 846.

### Information sessions

Tuesday, 27 February, 12pm and 6.30pm  
Uniting Mungahatta  
7 Sherwood Road, Port Macquarie

Wednesday, 28 February, 12pm and 6.30pm  
Uniting Burradale Family Centre  
7 Maclean Street, Coffs Harbour

Foster care with heart.

**Uniting**

## MAJESTIC CINEMAS Sensory Friendly SCREENINGS



Sensory Friendly Movie Screenings are an opportunity for families with Autism and Sensory Processing Needs to experience the magic of the big screen in a safe and non-judgemental environment.

The cinema lights are dimmed and the movie volume lowered for sensitive ears.

Please join us to see

**THE JUNGLE BUNCH (G)**

Wednesday 28th February 4:30pm

ALL TICKETS ONLY \$6.00