

## NEWSLETTER

TERM 2 ISSUE 1 – MAY 2017

### MACKSVILLE SHOW 2017

## Macksville High School Shines

The 2017 Macksville Show provided a wonderful opportunity to highlight the vast array of work completed by students at Macksville High School across all faculties. Thank you to staff for providing the work used in our school display.

While at the show I received such positive feedback from those visiting our stand with many reflecting on the quality of our student's work and the obvious dedication of teachers to teach the students at our school.

A big thank you to Miss Hardingham and her art classes for painting the entry to the school pavilion. Pictured below are two famous faces, Ms Dykes and Mrs Collits, pictured with the display stand and taking part in all the fun.

Many thanks also to Mrs Atkins who ably assisted to hang the display – showcasing our student work beautifully.

Well done everyone.  
Yvette Wallis





## MACKSVILLE SHOW 2017 - PHOTOS



Pictured above, Kane O'dell-Walder with his Dad Aaron Walder from Kempsey enjoying their day at the show.



## FROM THE PRINCIPAL



Dear Parents and Community,

Thank you to our students and staff who marched at ANZAC ceremonies throughout the Valley. It is always a pleasure to see so many of our students not only representing the school, but also many other organisations.

Our Staff Development Day at the beginning of the term, as part of the school wellbeing strategic direction, was focused on mental health and suicide prevention. These are often difficult topics to discuss, but raising awareness of these issues affecting our young people is key to providing support, as is working closely with various youth support services. Our Year 9 students are again taking part in the

*Resilience for Young People Program* (RYPP) being presented in conjunction with Nambucca Council over the next two terms. If you have any questions, please contact the school.

Thank you to our parents who attended our recent parent teacher evening and for working with us in supporting the learning of your children. Term 2 is a busy time regarding assessment tasks and exams for all students, including Year 12 who have just received their reports and Year 11 who are just completing their mid-course exams. I would encourage all students to keep striving towards their personal best. This includes continuing to develop their organisational skills, particularly with respect to assessment schedules and developing a study timetable. Our Senior Support Program continues this year with Mrs Hill available in the library all week, as well as subject specific support available most Wednesdays. Students in Years 7 to 10 can seek assistance from their classroom teacher, as well as accessing the Learning Centre through negotiation with Mrs Graham or Mr Ian Smith.

Congratulations to Chloe Northfield in Year 11 who has been successful in gaining a place in the Harry Messel International Science School. This is a full scholarship to attend Sydney University in July in a science immersion school, with only 140 places offered across Australia and internationally. It will provide Chloe an outstanding opportunity to connect with like-minded science students and explore career options. Well done Chloe!

The Macksville Show was an opportunity for our students to showcase their talents in many areas including, photography, cooking and showing cattle. Students were successful in winning various prizes and awards for their efforts, capped off by our school winning Supreme Champion Bull. Thank you to the many staff who gave their time to allow our students to shine, especially when it includes sleeping over at the showground on a cold night!

Keep up the amazing work you are all doing, and continuing to make Macksville High School a great place to learn.

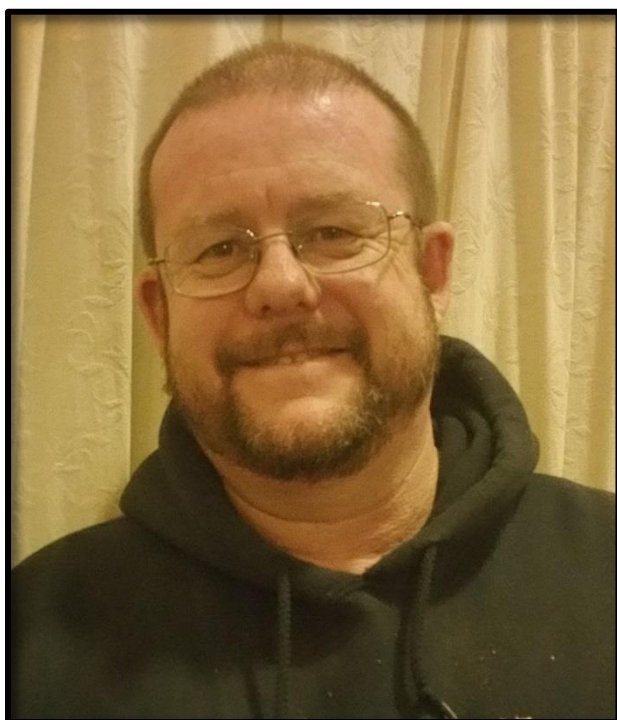
**Erica Lyne**  
**Principal**



## ANZAC DAY 25 APRIL 2017



## OUR NEW CHAPLAIN – DAVID HALL



David is taking over from Natallie Jupp who has found some extra work closer to home. He is thrilled to be able to continue his longstanding connection with MHS. Having had 2 students go through the school (the last of them finishing in 2015) he was involved with our P&C for 7 years and has been a keen advocate for MHS for many years knowing many of the students coming through, particularly those from Stuarts Point and Eungai Public Schools where he has been a Chaplain for many years.

David is looking forward to being a useful resource to the students, families and staff of Macksville High School over the years ahead.

Please don't hesitate to contact him if he can be of any help. His main day at the school will be Wednesdays but can be contacted through the school at any time.

## NSW SCHOOL VACCINATION PROGRAM

Each year NSW Health works in partnership with schools to offer the vaccines recommended by the National Health and Medical Research Council (NHMRC) for adolescents as part of the school vaccination program.

**This term on Monday 22 May we are vaccinating;**

**Years 11 and 12 for meningococcal W.**

**Year 7 catch ups for those students who missed out in first term. Year 8 catch ups.**

In 2017 the following vaccines will be offered:

YEARS	VACCINE	NUMBER OF DOSES
<b>Year 7</b>	Human papillomavirus (HPV) vaccine	2-doses in 2017 at least 6 months apart*
	Diphtheria-Tetanus-Pertussis (whooping cough) vaccine	Single dose
	Varicella vaccine (chickenpox) – catch-up	Single dose
<b>Years 11-12</b>	Meningococcal ACWY vaccine	Single dose

*\* The second dose of HPV vaccine is being delayed to later in the year (at least 6 months after the first dose) to allow the recently-announced Meningococcal ACWY Vaccination Program to be offered to students in Years 11 and 12 from Term 2 when the second dose of HPV vaccine is usually given. There is no harm for Year 7 students in delaying the second dose of HPV vaccine and further advice for parents will be provided later in the year regarding HPV course completion.*

Parent Information Kits that include an information sheet, consent form and privacy statement will be sent home to parents/guardians. To consent to the vaccination of their child, parents/guardians are advised to:

- read all the information provided
- complete the consent form, including signing their name next to the vaccine/s they would like their child to receive
- return the completed consent form to their child's school
- ensure that their child eats breakfast on the day of the school vaccination clinic.

Please note that students who commence HPV vaccination in school clinics in Year 7 but do not complete the course during the school year may be offered catch-up doses at school in Year 8. Students who have any HPV doses at their GP will be advised to complete the course with their GP.

Parents/guardians who wish to withdraw their consent for any reason may do so by writing to the school Principal or phoning the school. The Procedure for Withdrawal of Consent is available on the NSW Health website at [www.health.nsw.gov.au/immunisation](http://www.health.nsw.gov.au/immunisation).

To improve vaccination completion, students will be opportunistically offered any missed doses throughout the year where possible.

A Record of Vaccination will be provided to each student vaccinated at each clinic as a physical card.

Parents/guardians should ensure that this record is kept for future reference and should not assume that their child has been vaccinated if they do not receive this Record of Vaccination.



**YEARS 11 & 12 RECEIVED THEIR FORM THIS WEEK.  
YEAR 11 PLEASE SEE MRS ROBERTSON & YEAR 12 YOUR ENGLISH  
TEACHER TO COLLECT YOUR FORM IF YOU WERE AWAY.**



### BILL TURNER TROPHY

Bill Turner is an U15 annual knockout soccer competition across NSW, QLD, VIC & ACT. The U15 MHS girls are pleased to announce their win in round 1 over Nambucca Heads High School on Monday 1 May with a final result of 4-1. This result was unfortunate for Nambucca who only had 9 players on the day. Macksville would like to thank Nambucca for their motivation to still come out and give us a good game.

The girls should be very proud of this achievement in their first match together as a team. Every girl listened to the coach feedback and made a positive difference to the team. Goals were awarded to Chantel Cameron (2), Celeste Cameron (1) and Mallee Goldrick (1) who were amazing across the middle of the field, demonstrating their experience. Kayla Turner excelled in her captain role and expertly managed her back line into a well-structured defence. Commendations go to Jemma Rogers and Arrin Stirrat-Black for excellent first time performances.

Well done to all girls and thank you so much to parent drivers.

Round 2 sees MHS up against Bellingen with match venue and time to be confirmed.



*U15s team:*

*Mallee Goldrick, Chantel Cameron, Charlotte Vinen, Jemma Rogers, Sophie Wicks, Tamika Wright, Marli Green, Arrin Stirrat-Black, Lillian Williams, Celeste Cameron, Kira Atkins, Kayla Turner.*

## ATHLETICS CARNIVAL 17 MAY 2017

Our annual athletics carnival will be held on Wednesday 17 May at Scotts Head, Buz Brazel Oval.

Please show your house spirit by wearing house colours and entering as many events as possible to earn house points.

Parents and caregivers are invited to attend and cheer their children along. Fingers crossed for great weather on the day!

**Aaron Parker**

**SPORTS ORGANISER**



**PLEASE RETURN  
CONSENT FORM  
AND BUS MONEY  
TO THE FRONT  
OFFICE ASAP**



### NSW STATE SWIMMING CHAMPIONSHIPS

At the NSW State Swimming Championships held at Sydney Olympic Park Aquatic Centre Declan Sutton was awarded the Prestigious Eyeline Award. The prize consisted of \$500 worth of Eyeline swimming products to assist him with his training. Congratulations Declan!

# NSW RURAL FIRE SERVICE CADETS PROGRAM

During regular sport time, a number of students have been given the opportunity to learn new skills, which will last them a lifetime.

The majority of the program is based on practical activities; however, there is some theory involved. Below is an outline of what to expect in the 10-week program.

1. Overview of the NSW RFS and fire behaviour
2. Structure of the NSW RFS, vehicles and familiarisation
3. NSW RFS rank and bush fire-fighting equipment
4. Emergency services in the local community
5. Bush and fire survival plan emergency drills
6. Casualty assistance
7. Practical scenarios (including rescue)
8. Brigade visits and extinguishers
9. Practical scenarios and revision
10. Final theory and practical assessment and presentation of certificates



The students have been thoroughly enjoying the program so far and it is hoped that this program can continue in the future.

**Aaron Parker SPORTS ORGANISER**



## CAREERS CORNER

### Year 10 work experience 2017

Week 11 of term 1 was work experience week for Year 10. Students had opportunities across a broad range of industries including beauty, travel, physiotherapy, fitness, education, IT, retail, business, construction, hospitality, automotive and agriculture. Work experience enabled students to gain an insight into a desired career path they may have been curious about and even led to offers of casual work and possible future apprenticeships. All students came away from the experience with a new perspective of an adult working life and some knowledge of how to move forward from here. As we head into the subject selection part of the year, students now have a lot to think about.

Macksville High School would like to sincerely thank all the businesses who have supported our Year 10 cohort this year. It definitely demonstrates the strong community ties existent in our area when we are able to place 90+ students in the workplace.

		
<p>Liam Clews Highway Bakehouse</p>	<p>Bianca McFadyen Zas Hair</p>	<p>Blake Brunsten Macksville Country Club</p>
		
<p>Myles Skinner Macvest Management</p>	<p>Molly Matthew &amp; Jemasen Fitzsimmons Macksville Vet Clinic</p>	<p>Sam Mackaway Sables Engineering</p>

## Year 11 2018 Subject Selection

There will be a Year 10 into 11 parent information evening on **Tuesday 20 June** in the school hall at 5:30pm. HSC processes, NESA (NSW Educational Standards Authority) requirements and MHS subject options will be explained on this night. If your child is in Year 10, it would be of great benefit to attend prior to the subject selection interviews held in term 3.

## Year 10 Careers Expo

There is an excursion for all year 10 students on **Thursday 25 May** to 'Coffs Coast Careers Connection'. There will be over 50 career stalls, Health career workshops, Professional Services workshops and Try-a-Trade activities. Permission notes will be distributed soon.

## Macksville High Careers

<http://www.macksvillehighcareers.com/> is a fantastic site for teachers, parents and students for any career related information. This is the resource we use in career lessons so take a look! Also like our Facebook page for the latest information; *Macksville High School Careers*



## HSC Timetable

The HSC timetable for 2017 has been released. Year 12 students can access their individualised timetables by activating their 'students online' account at <https://studentsonline.bostes.nsw.edu.au/>

## Defence Force visit

**Wednesday 24 May**, 12pm. If you are curious about ADFA, Reserves or even a gap year with the Defence Force, come, have a listen, and ask some questions. Suitable for Years 10 – 12.

## Southern Cross University 'Get Psyched at SCU'

Year 11 and 12 students interested in studying psychology are invited to attend an information day at Southern Cross University's Coffs Harbour campus. Students will have the opportunity to explore the field of psychology through a series of interactive workshops.

**Date:** Wednesday 31 May 2017

**Time:** 10am - 2pm

**Venue:** Southern Cross University, Coffs Harbour campus

**For further information** contact your Career Adviser or email Peter Marshall at [peter.marshall@scu.edu.au](mailto:peter.marshall@scu.edu.au)



## INFORMATION

### Don't miss out! Batonbearer nominations close soon!

Don't miss your chance to nominate a local legend to carry the Queen's Baton when it visits your region next year.

Batonbearer nominations are open for everyday Australians to be part of the Gold Coast 2018 Commonwealth Games (GC2018) Queen's Baton Relay (QBR).

Across Australia, 3,800 batonbearers are needed to share the dream of the 'friendly Games' as part of the QBR.

Starting on 25 December 2017, the Queen's Baton will travel for 100 days in Australia, visiting Macksville on 2 February 2018.

Nominate someone today for this once-in-a-lifetime opportunity so their achievements don't go unrecognised.

The GC2018 QBR will be the longest and most engaging in history, visiting communities large, small, urban and regional, giving everyone the opportunity to be part of Australian sporting history.

Batonbearers must be nominated by someone else and nominees must accept their nomination to be considered for the role. It is important to remember that each nomination is judged on merit and all face the judging panel at the same time, so there is still plenty of opportunity to get your nominations in.

Batonbearer nominations are open until 11:59pm AEST on 15 May 2017 (still open) at [gc2018.com/qbr](http://gc2018.com/qbr) and don't forget to check your email to see if you have been nominated.

We are looking for people who:

- Have achieved something extraordinary or inspired others to achieve something extraordinary; or
- Have made a significant contribution to either sport, education, the arts, culture, charity or within their community; or
- Have excelled, or aspire to excel athletically or personally; or
- Contribute to a fun, friendly, vibrant and inclusive community;
- Are at least 10 years old as at 25 December 2017; and
- Are an Australian citizen or lawfully entitled to reside in Australia during the Relay period (25 December 2017 – 4 April 2018).

## PAYMENTS FOR EXCURSIONS (INCLUDING SPORTING EVENTS)

During the coming weeks, we are preparing for a new system for finance and school administration, a state wide centralised system, of which more information will be available in the coming weeks.

A requirement of this new finance system will be adhering to payment deadlines and we advise that payments for excursions, sporting events or any other activity with a due date for payment will not be accepted **after the due date**.

When making online payments, please keep in mind that it sometimes can take 2 business days to appear in the school's account.

Thank you for your co-operation.



## PARENT INFORMATION

### 2017 P&C Meeting Dates

#### Term 2

23 May

27 June

#### Term 3

25 July

22 August

#### Term 4

19 September

24 October

28 November

12 December – Xmas Dinner

***Meetings start at 5.30 pm unless  
otherwise stated***

### UNIFORM PRICE LIST

Skirts	\$38.00
Girls Tailored Shorts	\$30.00
Sports Polo Shirt	\$30.00
White Button-Up Shirts (Boys and Girls)	\$22.00
Unisex Sports Shorts	\$24.00
Girls Sports Shorts	\$28.00
Grey Shorts (Kids size)	\$23.00
Grey Shorts (Adult size)	\$28.00
Maroon Hooded Jacket	\$33.00

Items can be purchased from:  
**BINALONG Promotional Clothing**  
**5 Wallace Street, MACKSVILLE**  
**Ph: 6568 2578**

## CANTEEN NEWS

Eftpos is now available. Minimum of \$5 per purchase. Chip, pay - pass or swipe. (No Cash Out)

### Term 2 Canteen Specials

Tuesday - Fish Burgers \$6

Crumbed Hoki, Lettuce, Tomato, Carrot & Tartare

Wednesday - Taco's (2) \$6

Taco shells (2), Lettuce, Tomato, Cheese, Salsa, Turkey mince & Red kidney beans

Thursday - Hamburgers \$7

Beef Pattie, Lettuce, Tomato, Cheese, Carrot, Beetroot & BBQ

Encouraging Healthy Eating within the High School, all sandwiches, wraps, rolls all at affordable price of \$4 each.

Fresh fruit all \$0.50ea

Fresh Mango yogurts \$3 each

Volunteers Always Welcomed. Please do not hesitate to call me April Miller, Canteen Supervisor on 65681453 if you would like to volunteer in the canteen. A \$7 lunch is provided as well as morning tea and great company.

**April Miller**

**Canteen Supervisor**



## INFORMATION

### A REMINDER TO PARENTS TO NOTIFY THE SCHOOL ABOUT YOUR CHILD'S HEALTH

We welcome information from parents about your child's health, even if you are not requesting specific support from our school. Our school asks for medical information when you enrol your child. It is also important that you let us know if your child's health care needs change or if a new health condition develops.

Information about allergies, medical conditions such as asthma and diabetes and other health care related issues (including prior conditions such as medical procedures in the last 12 months) should be provided to the school by parents. Please provide this information in writing to the Principal. This will greatly assist our school in planning to support your child's health and wellbeing.

Health care plans need to be updated each year even if there are no changes. If your child does have a Health Care Plan in place it would be appreciated if you notified the school in writing if it is still current or if a new plan needs to be completed.

Please also remember to notify staff in the school office of any changes to your contact details or to the contact details of other people nominated as emergency contacts.

We appreciate your assistance in this regard and assure you that any information you provide the school will be stored securely and will only be used or disclosed in order to support your son or daughter's health needs or as otherwise required by law.

## YEAR 7 TECHNOLOGY

The Technology students in Mr Sheridan's classes have recently been busy finishing their interior design project of a photo frame. The students researched suitable design shapes to make and then selected what they thought was the best option. Their final designs were transferred to timber with the use of a template and then cut out, filed and sanded smooth. The design shapes were enhanced with some skilful poker burning work and estapoled for a nice finish. Well done 7 Technology 2 and 6!!



## COMING UP

<u>MAY 2017</u>		
17		MHS Athletics Carnival, Scotts Head Buz Brazel Oval
19		Mini Muddies, Wauchope
19		Zone Cross Country, Kempsey
22		Years 11 and 12 Meningococcal Vaccinations Years 7 and 8 Catch up Vaccinations
23		P&C Meeting 5.30pm MHS TAS Room T12
25		Year 10 Careers Expo, Coffs Harbour
25		Rugby 7's Rugby Park, Coffs Harbour
22 May – 2 June		Years 9 and 10 Half Yearly Exams
<u>JUNE 2017</u>		
6		Year 10 Subject Selection Information Morning
7-8		Years 10 and 11 Drama Excursion, Sydney
16		Zone Athletics Carnival
20		Years 10 into 11 Parent Information Evening
27		MHS Presentation Assembly
27		P&C Meeting 5.30pm MHS TAS Room T12
30		Last Day of Term 2



## NOTICES

### School Newsletter Info



#### **SCU STAR Early Entry**

SCU STAR Early Entry enables Year 12 students to gain early admission to Southern Cross University on the basis of their school Principal's recommendation. STAR Early Entry matches an individual student to a particular Southern Cross University course based on their likelihood of success in their chosen discipline.

Applications for current Year 12 students will open on 12 July 2017, for study in 2018.

#### **SCU Head-Start**

SCU Head-Start provides an opportunity for exceptional Year 11 and 12 students to complete a unit of university study while completing their senior study. On successful completion of the program, students gain direct entry and advanced standing into a variety of courses offered at Southern Cross University.

More information on SCU Head-Start can be found at [scu.edu.au/headstart](http://scu.edu.au/headstart). Registrations for Head-Start 2018 (for current Year 10 or Year 11 students) will be open from 1 May - 13 October, 2017.

#### **Southern Cross University Get Psyched at SCU**

Year 11 and 12 students interested in studying psychology are invited to attend an information day at Southern Cross University's Coffs Harbour campus. Students and teachers will have the opportunity to explore the field of psychology through a series of interactive workshops.

**Date:** Wednesday 31 May, 2017


**Time:** 10am - 2pm

**Venue:** Southern Cross University, Coffs Harbour campus

**For further information** contact your Career Adviser or email Peter Marshall at [peter.marshall@scu.edu.au](mailto:peter.marshall@scu.edu.au)

Keep up to date with our events by following us at [SCU Future Student Facebook page](#)

## COMMUNITY NOTICES



**Uniting  
BURNSIDE**

**YOU CAN BE A FOSTER CARER**

**INFORMATION EVENING - NAMBUCCA**

**17 MAY - 6:30PM NAMBUCCA COMMUNITY & ARTS CENTRE 19 RIDGE ST**

Uniting Burnside is searching for people who want to change a young life for the better. With over 20,000 children and young people in NSW unable to live safely at home, foster carers, guardians and adoptive parents are sorely needed to provide love, support and security.

Utungun Community Hall is hosting



**Cancer  
Council**

**Australia's  
Biggest  
Morning  
Tea**

Come and join us for a delicious morning tea, including lucky door prizes, raffles and games. Let's get together and raise funds for Cancer Council at this lovely event in a beautiful location.



**Date:** Saturday 27 May 2017

**Time:** 10:30am to 1:30pm

**Where:** Utungun Community Hall,  
Taylors Arm Road, Utungun

**Tickets:** \$15

**Why not get a group together for this worthy cause?**

**Booking:** Anne 0412 048588  
or Gwen 65696213