

## NEWSLETTER

TERM 1 ISSUE 2 – MARCH 2016

### YEAR 11 BIOLOGY EXCURSION



From left: Elise Peterkin, Eliza Young and Sid Shaw

On Friday of Week 5, 24 Biology students were involved in a field study at Scotts Head beach. The field work looked at testing a number of environmental factors in the local ecosystem.

The timing of the excursion just happened to coincide with the highest tides Scotts Head beach had seen in around eight years, impacting on the students' ability to carry out their required work. With the first session completed by all groups, the life guards had to close the beach.

Thankfully the students showed their ability to adapt to the adverse conditions and were able to spend some time collaborating with other groups, displaying great teamwork and a good work ethic, getting the job done no matter the circumstances.

The highlight for some students was the BBQ lunch where everyone showed their willingness to help out with the cooking and making the salad, as well as cleaning up.

Students are now required to report on their findings for the day, using their collected evidence to assist them.

Thanks to Mel Urquhart for her assistance on the day and to all of the students for your efforts.

**Luke Smith, Science**



# HARMONY DAY CELEBRATION

**Harmony Day** is held every year on 21 March to coincide with the United Nations International Day for the Elimination of Racial Discrimination. The message of Harmony Day is everyone belongs. It's a day to celebrate Australia's diversity – a day of cultural respect for everyone who calls Australia home.

Macksville High School will be celebrating both **Harmony Day** and the **National Day against Bullying** on **Friday 18<sup>th</sup> March**. We will have a special assembly in the stadium and students will be given anti bullying wristbands to wear for a gold coin donation to the "Alannah and Madeline Foundation", set up in remembrance of these two young girls who were killed with their mother in the Port Arthur massacre in 1996. The fund assists those who become victims of violence and spreads the word about protecting all men, women and children.

If you are in Coffs Harbour on Sunday 20<sup>th</sup> March there will be lots of multicultural activities going on at the Botanical Gardens to celebrate Harmony Day.

**Liz O'Sullivan**



## JOHN COUTIS – MOTIVATIONAL SPEAKER

On Tuesday, 23<sup>rd</sup> February, 2016, Macksville High School had the pleasure of John Coutis, a world-renowned motivational speaker, addressing all the students at Macksville HS via two presentations. He gave a strong message of resilience, anti-bullying and overcoming adversity to always strive to be your best. Our students commented that they enjoyed the presentation.

**Robyn Walsh, Deputy Principal**

*John Coutis' speaking engagements has seen him appear in front of an estimated 5.5million people across the globe in places such as; Mauritius, South Africa, New Zealand, USA, Italy, Germany, England, Ireland, Singapore, Inner Mongolia, Taiwan & China.*

John 'JC' Coutis is a remarkable Australian who was born with a severe disability that doctors gave him little chance of survival.



John has not only defied medical opinion, he has prospered and is acknowledged as one of the world's most inspirational speakers.

His life story is one of defying the odds and rising above adversity. John is now one of the globes most sought after inspirational speakers, in both the corporate sector and the educational world.



His message encompasses respect for diversity, anti-bullying, inclusion, resilience, goal setting, motivation, self-determination & courage.

## YOUTH FRONTIERS

**Youth Frontiers** is a Youth Mentoring program funded by the NSW Department of Education & Communities. Youth Frontiers is aimed at students in Years 8 or 9, who have the capacity to benefit from youth mentoring that focuses on leadership and civic engagement. **Youth Frontiers** is starting on 15 March.

**Toni Jones**  
**Year 9 Adviser**

## MATHEMATICS NEWS

Students in Years 11 and 12 are preparing for their first assessment task in 2016. All students should be preparing topic summaries, practising exam style questions and completing revision exercises given by teachers. We wish them every success.

In the junior school, Year 7 has settled smoothly into their graded classes. Many have expressed happiness in their new class placement finding the degree of difficulty of the work and the pace at which it is delivered to be more appropriate to their ability. Students in Years 8 -10 have all received a letter outlining class placements and expectations to parents. We urge you to discuss this with your child and contact the school if you have any concerns.

A reminder that the use of a scientific calculator is mandatory in the ACARA Mathematics syllabus across all years. Please encourage your child to bring and use one every lesson.

**Moyra Mendham**  
**Head Teacher Mathematics**

## LOOK OUT FOR (MORE) SMILING FACES IN YEAR 7

Students in Year 7 have received permission notes to go on a visit to Subway in class time during the next two weeks. The only condition is they need to place their order speaking Indonesian! It should be a rewarding activity listening to students demonstrate their knowledge and pronunciation in Bahasa.

Happy eating Year Seven!

**Mrs Gilliland**  
**Indonesian Teacher**

## ICAS COMPETITION

Entries into the International Competitions and Assessments for Schools (ICAS) are open. Please refer to Pages 15 -16 in this newsletter regarding more detailed information, dates, cost and permission slip. Registration and entry fees need to be returned by Friday 1 April 2016. **PLEASE NOTE THAT NO LATE ENTRIES WILL BE ACCEPTED.**

**Kelly Hardingham**



## LOWER NORTH COAST TOUCH SELECTION DAY

On Tuesday 23rd of February, Macksville High School competed in the 15 and Under Lower North Coast Touch selection day. Both boys and girls teams were well prepared for the day as all players had just finished a successful campaign at the Junior State Cup in Port Macquarie the previous weekend. Both teams were undefeated on the day with many high scoring games. The girls had only one try scored against them for the entire day. Great work, girls!

Six players from the girls' team and three players from the boys' team were selected to compete at the North Coast selection on the 10th March at Bowraville. These players are Amy Martin, Astrid Smith, Matiese Trisley, Taylah Martin, Emily Hall, Johanna Walsh, Blake Brunsdon, Lachlan Jones and Logan Jones.

Good luck to all of you!



**Girls:** Back Row: Mrs Black, Emily Hall, Shenay Blanch, Taylah Martin, Elouise Ennis, Johanna Walsh, Tiajuana Rosser, Mr Parker.

Front Row: Tamsyn Spear, Abby Baxter, Amy Martin, Matiese Trisley, Astrid Smith and Sienna Harris.



**Boys:** Back Row: Brody Harris, Caleb Wassens, Nathan Fitzgerald, Lachlan Jones, Flynn Watts, Callum Denison, Blake Brunsdon, Mr Parker.

Front Row: Sam Lenthall, Angus Johnson, Logan Jones, Finn Stephens, Sam Bekis and Ryan Atkins.

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## OPEN GIRLS FOOTBALL – MARCH 2016

On the 4<sup>th</sup> March, the trials for zone team were held at Port Macquarie for the Open Girls and the first round of the CHS Knockout simultaneously. Our opposition for round 1 was Melville High School.

Unfortunately due to loose balls and players following through the mid field, Melville got up 4-1. Our goal was a result of fantastic team effort to get the ball to our captain Lilly Borg up the front who dribbled her way around the opposing defence toward the goal for an easy shot.

As a result of the loss, Macksville High were knocked out of the competition however we got a friendly game with Nambucca High before going home which we lost 2-0.

Johanna Walsh and Lilly Borg were chosen to stay behind to play in the possible /probable match to decide the zone team. Regrettably neither of girls made it this year and it is with a sad heart that we say thank you and goodbye to Lilly Borg (Year 12).

Thanks to Kate Single for volunteering to play goal keeper in the first half- she did so well that she stayed in keeper for the whole day!

To all of the girls - you did an awesome job and I look forward to taking you again next year with yet more improved results. I truly hope you all had fun.

Big shout out to the parents who were available to help out and drive the team to Port Macquarie - we couldn't have played without you, thank you!

2016 Open girls squad: Lilly Borg, Sasha Frost, Johanna Walsh, Jiminka Laow, Tayla Crane, Josie O'Neill, Dakota Fuller, Jazmyne Horne, Kayla Turner, Sophie Wicks, Kate Single, Olivia Petith, Shakirra Silvia.

**Laura Cooper**

## CAREERS CORNER



Like our facebook page for latest information and key dates 'Macksville High School Careers'

Wednesday 23<sup>rd</sup> March, 10am (Room 10) - Key Employment are giving a presentation on their KAPOW program. Selected year 10 students and their parents are invited to attend this event.

Wednesday 25<sup>th</sup> May, 11:10am (Library) – Defence Force presentation. Open to stage 5 &6 students wishing to be informed about defence careers.

**Yr12 interested in medicine, dentistry or optometry.** Please note important UMAT dates. You must do this test to gain admission into above mentioned health services courses.

### Important UMAT2016 Dates

UMAT2016 Registrations: OPEN

Registrations close: 3 June 2016

Sit UMAT: 27 July 2016 (Wednesday)

Results released: Late September 2016

By published deadline: Apply to universities

**Are you in Year 12?**

You need to sit compulsory UMAT on the 27th July 2016

**Are you in Year 10, 11 or 12?**

DO NOT risk your chance at succeeding.  
Start preparing today!

**Laura Cooper & Helen Black**



## YEAR 11 STUDY SKILLS DAY



On the 11<sup>th</sup> of February Year 11 students participated in a Study Skills day at the Macksville Ex-Services Club. The event was organised to support our Year 11 students as they embark on the challenging task of commencing their senior studies.

A range of topics including using apps to keep organised, Board of Studies requirements, useful websites to access helpful resources, study techniques and planning a study timetable were presented to the students. The day concluded with a 'Body Attack' session which served to remind students that exercise can be a powerful form of stress relief, promoting the idea of a healthy body/healthy mind.

A big thank you to Kelli Dykes for organising the day and to Peter Joyce, Laura Cooper, Melissa Urquhart and Jasmine Lyle for giving their time to run sessions during the day or helping to make the day run smoothly.

Support of our Year 11 students has continued at school with study sessions for selected subjects occurring on Wednesdays. We also plan to invite 'Elevate' back to our school to promote study techniques and we will continue to focus on ways to encourage our Year 11 students to set goals and develop strategies to achieve them.

**Amanda Hill**  
**Year 11 Adviser**



## VISUAL ARTS REPORT



We have had a very busy start to the year in the Visual Arts department.

Currently Year 11 Visual Design is creating brightly coloured murals on panel boards to decorate the breakfast club room. Year 11 Visual Arts are learning about art throughout history and are researching a range of artists who create art in different non-traditional ways. The students are also creating a series of five artworks based on their world and environment. Artworks will be produced as mixed media work incorporating a range of techniques such as drawing, ink work, charcoal, painting, oil pastels, collage, photography and digital media.



Year 9/10 elective Visual Arts are also working away on many projects including mixed media sculptures, monoprint collages, screen-printing works, painting and Photoshop.



Year 8 Visual Arts students have been learning about colour mixing, the colour wheel, logo and portraiture. They have also been learning about the Elements and Principles of design and are soon to start on clay work.

Lots more creative art stuff to come, stay tuned!

**Kelly Hardingham, Visual Arts**



## YEAR 10 WORK EXPERIENCE

All Year 10 students will participate in Work Experience from April 4 to April 8, 2016. Please be aware that organisation of work experience needs to be completed **at least two (2) weeks prior to commencement**, i.e., Monday 21 March 2016.

If students are not able to complete their Work Experience in the designated week, they must organise an alternative date in consultation with the Careers Advisor or the Principal, as early as possible.

Students choosing a work experience in construction **must** have completed a White Card course prior to the school agreeing to the placement.

Happy Working!

**Helen Black, Careers**

## TAX FILE NUMBER APPLICATION

The advertisement features a light green background. At the top left is the URL 'auspost.com.au' in small red text. At the top right is the Australia Post logo, a red square with a white stylized 'P'. The main headline reads 'Starting your first job or university?' in large, bold black and red font. Below the headline are two cartoon characters: a man in a grey shirt and tie holding a briefcase, and a woman in a white shirt and black pants holding a folder. Above them are three thought bubbles. The first bubble contains icons for a dollar sign, a piggy bank, a briefcase, and a globe. The second bubble contains the text 'Australia Post now offers an easy and simple way to get your tax file number'. The third bubble contains icons for a graduation cap, an airplane, and a laptop. At the bottom right, there is a red circular icon with a white computer monitor, and below it, the text 'Go to www.ato.gov.au/TFNapply to find out more.' At the bottom left, the text reads 'Australia Post now verifies your ID for tax file number applications'. At the bottom right, there is the Australian Government crest and the text 'Australian Government Australian Taxation Office'.

auspost.com.au

# Starting your first job or university?

Australia Post now offers an easy and simple way to get your tax file number

Go to [www.ato.gov.au/TFNapply](http://www.ato.gov.au/TFNapply) to find out more.

Australia Post now verifies your ID for tax file number applications

Australian Government  
Australian Taxation Office



## CHS LOWER NORTH COAST RUGBY LEAGUE TRIALS

On the 1<sup>st</sup> of March a squad of Macksville High Schools best Rugby League players travelled to Lank Bain Oval, Wauchope to vie for selection in the Lower North Coast representative team.

Other schools competing on the day included; Wauchope, Camden Haven, West Port, Nambucca Heads, Port Macquarie, Melville and Kempsey. With this many schools contending, the competition was fierce.

In the U/15s division Macksville entered eleven players and in the opens there were two. Of those thirteen who attended the trials, eight were successful in gaining selection in the representative teams. This is a tremendous result for Macksville High School and confirms the small town's standing as a Rugby League heartland.

The students selected are as follows: Lachlan Jones, Flynn Watts, Ulysses Roberts, Calijah Craig, Blake Howle and Jordan Moore for the U/15s. In the opens; Marcus Duckett and Luke Ormandy gained selection, which is great considering they were the only two Macksville students in the open division.

The next game will be played at Gillet Oval, Macksville on Tuesday the 15<sup>th</sup> of March, starting at 10am, where the boys take on the Upper North Coast team.

A massive thank you goes out to all the parents and relatives who helped transport the players. Without them, opportunities like this would not be available.

**Michael Smith**



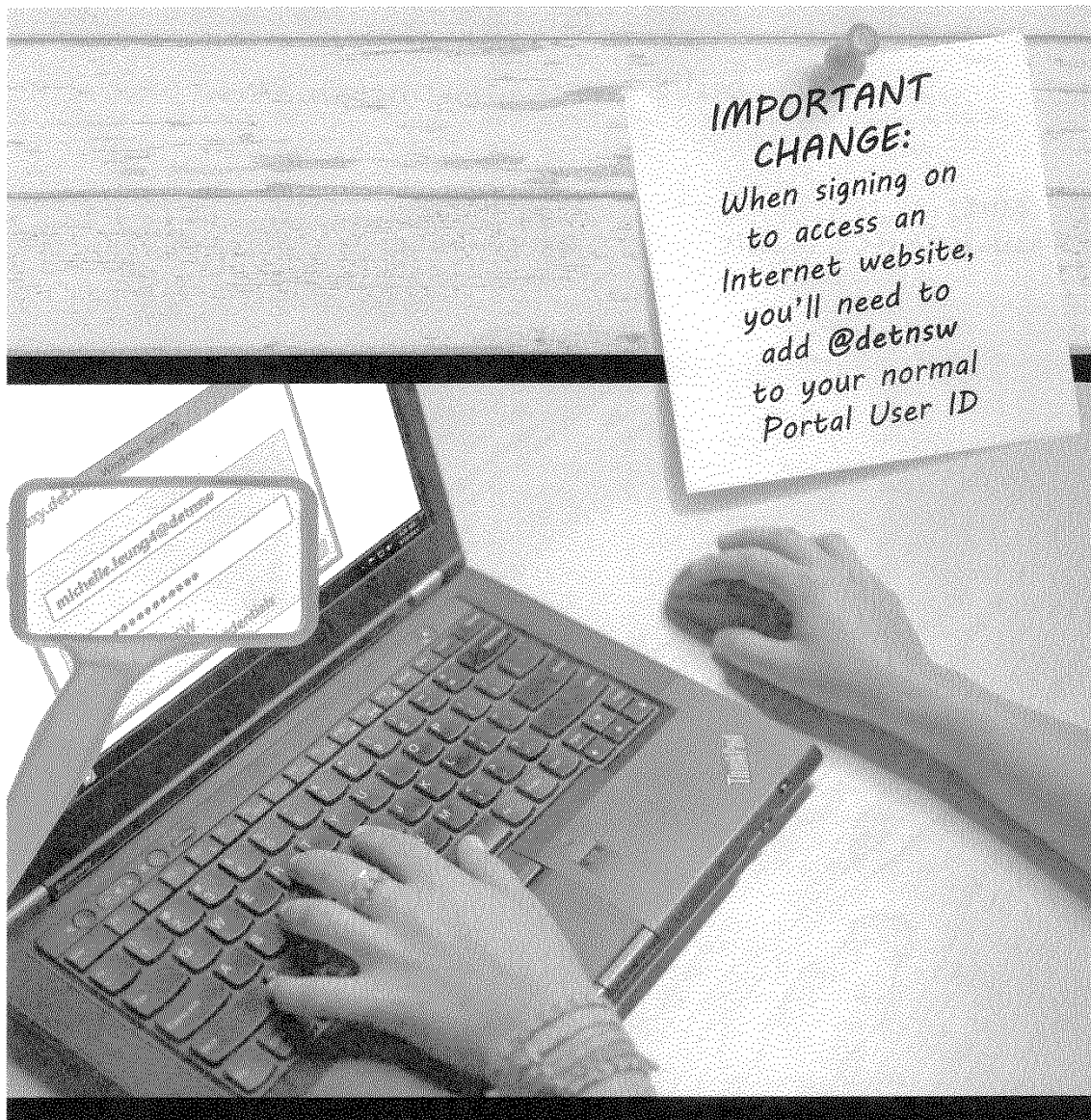
*Left to Right: Blake Howle, Ulysses Roberts, Lachlan Jones, Flynn Watts, Luke Ormandy, Jordan Moore, Calijah Craig (Not present – Marcus Duckett)*

## UNIFORM POOL

Our uniform pool is running low on supplies at the moment. We would greatly appreciate if you could send in any unused or secondhand uniforms that are no longer needed. Thank you.



## IMPORTANT CHANGES COMING TO INTERNET LOGIN



School-owned Windows computers will no longer prompt for credentials when trying to access the Internet (in eT4L schools).

Personal BYO devices, Apple Macs, and school-owned non-Windows devices will.

When prompted, remember to add

@detnsw to your User ID

e.g. **first.lastname@detnsw**



Education

**Please note that these changes are NOT in place yet**

**and a further notification will be issued.**

### MACKSVILLE HIGH SCHOOL P&C ASSOCIATION



## ANNUAL GENERAL MEETING


at the conclusion of the  
General Meeting

**TUESDAY 22 MARCH 2016**

**COMMENCING 6.30 PM**  
Macksville High School - TAS ROOM T12

INTERESTED PARENTS & COMMUNITY  
MEMBERS ARE INVITED TO ATTEND

**ALL POSITIONS WILL BECOME  
VACANT**

 0438 647 700 FOR MORE INFORMATION



### 2016 P&C Meeting Dates

#### Term 1

22 March – AGM

#### Term 2

26 April  
24 May  
28 June

#### Term 3

26 July  
23 August

#### Term 4

20 September  
25 October  
22 November  
13 December – Xmas Dinner

***Meetings start at 6.30 pm unless  
otherwise stated***

## HELPERS NEEDED

**The school canteen is in desperate need of volunteer helpers.** If you are a parent, grandparent or carer and are able to assist, please call Roslyn Field on 6568-1453. Hours are approximately from 9am to 2pm.

Your help is very much appreciated.  
**Roslyn Field, Canteen**





## 2016 CONTRIBUTIONS AND SUBJECT FEES

### Voluntary Contribution:

Years 7 & 8	\$45.00
Years 9 & 10	\$45.00
Years 11 & 12	\$55.00

Payment may be made by cash, cheque or Eftpos.

We are UNABLE to accept MONEY ORDERS.

Students may pay fees at the School Office BEFORE ROLLCALL, at RECESS or LUNCHTIME. Parents may pay fees during office hours.

**FEES MAY BE PAID YEARLY, HALF YEARLY OR EACH TERM.**

### Music Instrument Hire:

All Years – per term \$15.00 (*Band is optional*)

YEAR 7	\$	YEARS 9 & 10	\$	YEARS 11 & 12	\$
Indonesian	5.00	Agriculture	15.00	Construction (11)	30.00
Music	10.00	Art	30.00	Computer Applications (12)	15.00
Technology	45.00	Auto	25.00	Drama (11 & 12)	
		Child Studies	10.00	Food Technology (11)	20.00
		Computing Studies	25.00	Hospitality (11 & 12)	40.00
		Digital Media (CAPA)	30.00	Hospitality Uniform Hire	60.00
		Drama	20.00	Industrial Tech -	
<b>YEAR 8</b>		Electronics	70.00	Electronics (11)	25.00
		Engineering	45.00	Industrial Tech - Wood (12)	65.00
Art	20.00	Food Technology	50.00	Marine Studies (11 & 12)	100.0
Technology	45.00	Graphics (TAS)	20.00	Metals & Engineering (11 & 12)	0
		Indonesian	5.00		40.00
		Metal Technology	60.00	Music (11)	50.00
		Photography (TAS)	40.00	Primary Industries (11 & 12)	25.00
		Textiles Technology	20.00		40.00
		Timber 1 & 2	75.00	Visual Arts (11)	40.00
				Visual Design (11 & 12)	30.00
					30.00

## SCHOOL LOCKERS

We now have a number of school lockers available for hire.

*“have your own special place to keep all your belongings safe and secure”*

The 12 month hiring fee is \$40 per year, plus a \$20 refundable deposit. Please contact the school on 65681066 or call into the front office for more information.

## STUDENT ASSISTANCE

If you require financial help with your student(s) subject fees or uniforms, you may be eligible for some assistance through our Student Assistance Scheme. An application form can be obtained from the school office or from our website.

## COMMUNITY NOTICE BOARD

**CAMPING CONSTRUCTION FIRST AID MAP READING**

*be prepared... for new adventure!*

# NAMBUCCA VALLEY SCOUT GROUP

*What should you be prepared for?* Fun and adventure, team involvement, helping other people, being a leader, making friends, caring for the environment, and being a positive influence in your community.

**Scouts** is for kids aged 6+

Call our Group Leader - Anissa  
on 6569 6157 or 0417 448 204  
or email [nambuccavalleyscoutgroup@gmail.com](mailto:nambuccavalleyscoutgroup@gmail.com)  
Scout Hall: Partridge St, Macksville

**HIKING CANOEING WATER ACTIVITIES CAMP COOKING**




## SCHOOL CALENDAR

### MARCH

- 15 – 18 Yr 11 Dive – South West Rocks
- 17 Driver Education Talk – Library 5.30pm
- 18 **Harmony Day (Mufti) – Wear orange – Gold coin donation**
- 22 **P & C Meeting – AGM 6.30pm in Hospitality Room**
- 22 **Yrs 10, 11, 12 Social – 6.30pm – 8.30pm - Hall**
- 23 Chess Competition – Coffs Harbour
- 23 2 Star BBQ Lunch
- 25 – 28 **EASTER Break**
- 30 3 Star Sports Activity
- 31 **Yrs 7, 8, 9 Social – 6pm – 8pm – Hall**

### APRIL

- 7 U18 Country Cup – Macleay
- 28 'Lovebites' – Yr 10 – Library
- 9 – 24 **Autumn School Holidays**
- 25 **ANZAC Day – Public Holiday**
- 26 **Pupil Free Day**
- 27 Term 2 begins - students return



**1<sup>st</sup> Prize \$100 each section**  
**CHAMPION EXHIBIT: SASH + Voucher**  
**PEOPLES CHOICE: VOUCHER**

1. Landscape/Seascape
2. Abstract
3. Open
4. Flora/Fauna
5. Drawing
6. Sculpture or Crafted item 2D or 3D (any materials)

- .All sections to be 2D (except sculpture) framed ready to hang.
- .Sculptures to be free standing or able to be hung.
- .All works to be completed in the last 2 years and original work of artist.
- .No paintings (incl.frame) to exceed 1 metre in any direction.
- .NRDAA Ltd reserves the right not to display any exhibit.
- .Every care will be taken of exhibits by NRDAA Ltd, but no responsibility will be accepted for loss or damage. It is the responsibility of the exhibitor to arrange his/her own insurance if required.
- .Artwork must be **clearly marked** on reverse with artist name, title, section and price.
- .The NRDAA Ltd will deduct 20% commission from all works sold.

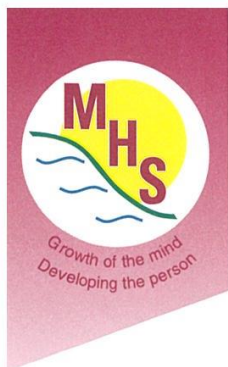
**Deliver Exhibits to Art Room on Wednesday 6<sup>th</sup> April 2016 from 3-6pm.**

NRDAA Ltd, P.O. Box 58, MACKSVILLE NSW 2447 or  
Trisleys Betta Home Living - 34 Bowra Street, NAMBUCCA HEADS  
- 9 Wallace Street MACKSVILLE

Section	Title of Artwork	Price	Fee
TOTAL ENTRY FEE:			

Signed: \_\_\_\_\_ Name: \_\_\_\_\_ Date: \_\_\_\_\_





# MACKSVILLE HIGH SCHOOL

Email: [macksville-h.school@det.nsw.edu.au](mailto:macksville-h.school@det.nsw.edu.au)  
Website: [www.macksville-h.schools.nsw.edu.au](http://www.macksville-h.schools.nsw.edu.au)

PO Box 611  
40 Boundary Street  
Macksville NSW 2447  
Phone: (02) 6568 1066  
Fax: (02) 6568 2802  
ABN 34 467 761 791

Dear Parent/Carer

Education is lifelong. As a secondary school student your child is moving towards adult life and closer to determining their future.

The International Competitions and Assessments for Schools (ICAS) is an independent, quality skills-based assessment program which rewards and recognises achievement. ICAS gives you broad insights into your child's performance across English, Mathematics, Science, Digital Technologies, Spelling and Writing. ICAS (sometimes referred to as the UNSW assessments) has been developed by Educational Assessment Australia (EAA) since 1981.

When your child takes part in ICAS assessments, we can track their learning as they progress from year to year. It also helps us to focus our teaching more purposefully to ensure all students achieve their best.

**Each student receives:**

- an engaging and challenging full-colour test booklet
- an individual diagnostic report highlighting strengths and weaknesses and year to year progression
- login details to access their online results which can be analysed and downloaded
- a High Distinction, Distinction, Credit, Merit or Participation Certificate acknowledging their level of achievement
- the chance to receive an individually-engraved UNSW medal for the highest scoring student in each year level for each subject.

To learn more about ICAS go to [www.eaa.unsw.edu.au/icas/about](http://www.eaa.unsw.edu.au/icas/about) Remember, EAA has some very helpful tools to help your child prepare. You can access practice assessments at [www.eaa.unsw.edu.au/icas/preparation](http://www.eaa.unsw.edu.au/icas/preparation)

**To enrol your child in ICAS, please complete the registration form overleaf and return it, with your entry fees, to the school no later than Friday 1 April 2016. PLEASE NOTE NO LATE ENTRIES WILL BE ACCEPTED.**

Kind regards,

Erica Lyne  
Principal

16/3/16



## 2016 International Competitions and Assessments for Schools (ICAS)

### Permission Form

Please return this form to your child's school by: **FRIDAY 1<sup>ST</sup> APRIL 2016**

I give permission for my child, \_\_\_\_\_ Year: \_\_\_\_\_

to participate in the following 2016 International Competitions and Assessments for Schools (ICAS).

Please select the subjects you would like your child to enter:

Subject/Paper	School Year	Official Sitting Date	Entry Fee	Fee Enclosed
Digital Technologies*	7-10	17 May 2016	8.00	
Science	7-12	31 May 2016	8.00	
Writing	7-12	13–17 June 2016	17.00	
Spelling	7-12	15 June 2016	11.00	
English	7-12	2 August 2016	8.00	
Mathematics	7-12	16 August 2016	8.00	
*Previously known as Computer Skills				\$

*Students must sit on the official sitting date for each subject to be eligible for UNSW medals. However, your school may choose to sit at another time to fit in with other school activities and routines.*

*\* Previously known as Computer Skills.*

Please find enclosed \$ \_\_\_\_\_ for total entry fees.

\_\_\_\_\_  
Name of Parent/Guardian

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Parent/Guardian