

NEWSLETTER

TERM 2 ISSUE 4 - MAY 2015

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WELCOME TO TERM 2 2015

MEDLEY OF MEDALS FOR TANNAH



Student representatives at CHS Swimming Championships in Sydney. From left: Thomas Stanford, Kyran Tsujimoto, Tannah Bradshaw, Matiese Trisley, Declan Sutton and Saule Stasionis.

At left: Tannah Bradshaw showing his winning Medals. Congratulations Tannah!

Macksville High student from Yr11, Tannah Bradshaw, was successful in his quest to win gold at the Combined High School's Swimming Championships held at Sydney Olympic Park Aquatic Centre at Homebush at the end of Term 1. Tannah had an excellent meet winning gold in the final event of the meet, the gruelling 4 x 200m medley. Earlier in the three day meet Tannah also won a bronze medal in the 200m medley and made finals in all his other events.

The Macksville High team also performed well with Declan being successful in making the finals, finishing 5th in the 100m butterfly and 400m Individual Medley. Matiese, Kyran and Saule performed well in their individual events as did the medley relay team, Tannah and Declan combined with Kyran and Thomas.

Congratulations also to Tannah and Declan who progress to the NSW All Schools Swimming Championships held at SOPAC on Monday, 18 May. Tannah will contest the 200m and 400m IM and the 200m Backstroke and Declan the 50m backstroke and 200m IM. MHS wish you every success.

ARTWORK DISPLAYED AT MACKSVILLE SHOW 2015



Impressive artwork that was displayed recently at the Macksville Show by students at Macksville HS

SCHOOL ATTENDANCE

A review of our school attendance records is regularly held at Macksville High School. Attendance is compulsory for students who are of school age and under the Student Attendance in Government Schools Act, they must attend a recognised educational institution or be in a minimum of 25 hours' work.

Attendance at school is compulsory and absences must be accounted for promptly.

To assist us with reliable information and record keeping we request that you furnish a reason for any absences from school that may occur. Students who have an unsatisfactory attendance record of less than 85% attendance will be interviewed by school staff and in some instances the Home School Liaison Officer. Where the attendance does not improve further action may be instituted including referral to the HSLO program, resulting in a plan being developed to assist the student to attend more regularly, an interview with parents/carers and close monitoring of the student's attendance by school and regional staff.

Interviews will commence in the near future with students who are at risk of falling below a satisfactory attendance level or who are already below this level. If your child is called for an interview and you believe the absences are either incorrect or explainable, then do not hesitate to contact the school so that our records can be corrected.

If the school can assist you in any way in improving your child's attendance do not hesitate to contact us.

FROM OUR PRINCIPAL

Welcome back to term 2. It was very pleasing to see so many of our students representing not only the school but other organisations during the 100 year Anniversary ANZAC March at Bowraville. I would like to thank our students and staff who represented our school, and well done to our Captains - Brooke, Harry, Jaiden and Sal, for their contributions to the ceremonies at Bowraville and Macksville.

Throughout this term all of our students will be doing assessment tasks and exams which form the basis of the Semester 1 reports. Year 12 have just received their reports and I would encourage all students to heed the advice given, and keep striving towards their personal best.

There is also a significant amount of support available for our students if they are feeling disorganised or overwhelmed. For seniors we have Miss Cooper in the library most days, study sessions most Wednesdays, and of course seeking the assistance of class teachers. Our juniors have access to the Learning Centre, and simply need to see Mrs Graham or Mr Ian Smith to access the centre. There is also maths support for all students after school on Tuesdays. Please see Mrs Mendham for details.

Our Athletics Carnival will be held at Scotts Head this year due to the condition of our top oval. All students should have received their permission note and be returning it to the front office ASAP.

Tannah Bradshaw has continued his excellent swimming form to win a gold medal in the 4 x 200m medley. An outstanding effort! Congratulations to the rest of the swim team who also performed well.

Shenae Conway has been accepted into the Harry Messel International Science School. This is a prestigious science forum limited to 140 students from around the world, and an outstanding opportunity to connect with like-minded science students and scientists. Shenae will attend the science school in the July holidays. Well done!

Congratulations to Harry Mitchell who received his award in Newcastle for being the School based Trainee of the year. I would also like to thank Nambucca Valley Care for the support they have given Harry throughout his traineeship.

Congratulations also go to Elizabeth Argue who has won the regional Sydney Morning Herald Plain English speaking award. Elizabeth continues to shine with her talent in public speaking.

Students in Years 7 and 9 sat their NAPLAN examinations last week. NAPLAN provides useful information on literacy and numeracy strengths and weaknesses of individual students and whole cohorts. This is one source of information can be used by teachers to target these areas for development to provide better learning outcomes for our students.

To all our students, keep up the amazing work you are doing.

Erica Lyne, Principal

HIGH FLYING ENGINEERS

Early in Term 2 this year students from Bellingen and Nambucca Heads visited Macksville High to compete in the Aeronautical Velocity Challenge. Our brilliant Engineering students scooped the pool with outstanding rocket flights and dogfighting aeroplanes.

The boys in Macksville's Year 9 rocket teams used the skills they have developed in class to make compressed air and water powered rockets that flew over ninety metres.

Not to be outdone by the boys, our all-girls "Skylap" team produced electric powered balsa planes that dominated the competition. During the event our clever girls produced the two fastest and highest flying planes, before destroying all opponents in the dogfight rounds.



Pic of Daisy Peachman Yr9

The Aeronautical Velocity Challenge is a state wide competition sponsored by the University of Wollongong.

IMPORTANT INFORMATION FOR PARENTS & STUDENTS

The Department recognises that some families will be subject to family breakdown. In the absence of any notification to the contrary, it will be assumed that both parents retain a shared and equal parental responsibility for their children and have been involved in making any decisions regarding their children's education. This means that the school will recognise that each parent has equal duties, obligations, responsibilities and opportunities in relation to matters involving the school.

If any changes occur in your family relationships which have the potential to impact on the relationship between the school and your family, you are required to advise the school immediately. This includes providing copies of any court orders that may be obtained.

4 STAR PICNIC BY THE RIVER BANK

On the last day of Term 1 students that had reached a 4 Star merit level walked down to the Macksville Riverbank where they were treated to hot chips from Dougie's Takeaway, ice cream from Rose's Ice Creamery and a can of soft drink. It was a great treat to reward the student's efforts on reaching their achievements.

Thank you to Year Advisors, Mr Luke Smith and Mrs Toni Jones for accompanying the students on the excursion.

Article written by Year 7 student, Annalise Robertson

STUDENTS COMPETE IN CHESS COMPETITION

Mr Jordan and Mrs O'Sullivan, teachers at Macksville High School, accompanied a group of keen chess players to Westport High School in Port Macquarie last recently. The students showed great enthusiasm and learned a great deal from the opportunity to compete against other students. Although they were not victorious, they were not daunted by their loss, and look forward to meeting their next opponents.



Mitchell White Yr10



Ayla Allan Yr8



Kye Arnaudon Yr10

BREAKFAST CLUB

Breakfast club has commenced at Macksville High school for Term 2. Some students arrive at school without having had a breakfast for one reason or another, sometimes they have slept in or they simply have missed breakfast. Studies show that students don't perform well on an empty stomach and it is also recognised that breakfast is a very important meal in the daily routine. Unfortunately, we have students whose breakfast is totally unsuitable, being high in sugar or caffeine, foods which rapidly are used up or which stimulate the student above a level where they can function at their best in class.

The breakfast club aims to give students a nutritious start, toast and vegemite or jam with a fruit juice. There is no cost to the students and all are welcome to participate in getting something to eat.

The students are served from the western side of the canteen between 8.30am and 8.55 am. Teachers volunteer their time to man the club and a number of students also help out. We see this as being a very worthwhile activity and encourage any student who has missed breakfast to come and grab something before starting the day.

A small budget has been allocated to running the club and will meet most of the costs however any assistance in meeting the ongoing cost of supplying breakfast would be gratefully accepted. Trisleys Betta Electrical has kindly donated two four slice toasters and we thank them for this. Any business out there who can assist in any other way can contact the school.

Ian Smith, Learning & Support Teacher

HARRY MITCHELL, YR 12 WINS HUNTER VALLEY TRAINING COMPANY 2015 EXCELLENCE AWARD



From left: Harry Mitchell Yr12 student at Macksville High School, Sheryl Taylor, Hotel Services Supervisor and Keith Strudwick, Head Chef from Nambucca Valley Care

To help celebrate their ongoing commitment to promoting excellence in training and employment, in April HVTC held their 2015 HVTC Excellence Awards. This event recognised the outstanding achievements of apprentices, trainees, students and employers across the region.

Harry Mitchell who is in Year 12 at Macksville High School won the School Based Apprentice/Trainee of the Year.

The event took place at Newcastle Hotel NOAH'S On The Beach on April 15th 2015. Harry was nominated by Lynda Shrubbs. His Hospitality teacher is Larissa Atkins. Great achievement Harry!

CALENDAR DATES - MAY

| | |
|----------------|---|
| 19 | Open Rugby 7's Coffs Harbour |
| 19 | Yr 11 & Yr 12 to CHEC – 'stress less' |
| 20 | CHESS Comp. – at Macksville HS |
| 20 | Yr7 Debating – Coffs Harbour |
| 20 | MHS Athletics Carnival (sport time) |
| 21 | Yr10 - Careers Expo – Coffs Harbour |
| 21 | MHS Athletics Carnival – Scotts Head |
| 25 – 29 | Yrs 9& 10 Exam week – in stadium |
| 26 | Yr9 - Police Talks |
| 26 | U13 & U15 Country Cup - Kempsey |
| 26 | P & C Meeting – 6.30pm in Hosp. room |
| JUNE | |
| 1 - 5 | Yr11 VET Workplacement |
| 1 - 5 | Yr7 & Yr8 Exam week – in class |
| 1 | Yr11/12 & Yr7 boys & girls immunisation |
| 3 | Yr10 into Yr11 info. day - periods 1&2 |

CANTEEN ROSTER – May

| | | |
|-----------|----|----------------|
| Monday | 18 | S Compton |
| Tuesday | 19 | Helpers Needed |
| Wednesday | 20 | P Mulvihill |
| Thursday | 21 | Helpers Needed |
| Friday | 22 | Helpers Needed |

| | | |
|-----------|----|----------------|
| Monday | 24 | S Compton |
| Tuesday | 25 | Helpers Needed |
| Wednesday | 26 | Helpers Needed |
| Thursday | 27 | Emma Petith |
| Friday | 28 | Emma Petith |

Please phone Ros on 65681453 if you can help at the Canteen

CAREERS NEWS

1. Where Grads Go: want an idea of how employment works for university course graduates?? Go to www.graduatecareers.com.au/wheregradsgo and check the flyer!! It has information on graduate salaries, % in fulltime work, those going on to further study, etc. eg. 50% of Biology graduates go on to further study while just 4% of nursing graduates do!! ie. the nurses find work that they enjoy (80% fulltime, 15% part-time) and don't require fulltime upgrading with further study!!
2. Year 10 Subject Selection for 2016: towards the end of this term all Year 10 will be involved in a subject selection workshop- giving them a better grounding from which to make their choices for 2016 Preliminary course studies; first round student selections should be done by the end of term. To support them, there will be a parent evening meeting on Thursday June 18 at 6:00pm in the MHS Hall- please add this time to your diaries....!!
3. Some university details: here is a sample of 'stuff' that is going on in university marketing; I have sent communications to all Years 10, 11 and 12 students and parents by email as well-
 - a. Bond University Open Day- coming up on July 25 2015 at their Goldcoast Campus (go to bond.edu.au/openday)
 - b. St Andrew's College- is a residential college of the University of Sydney, which also offer bursaries, scholarships and prizes...; search www.standrewscollege.edu.au for more information.
4. SCU UniBound activities: coming up through the rest of this term there will be activities sponsored by SCU (Southern Cross University)- Year 8 with a workshop at MHS and Year 9 a field trip to the CHEC campus! All these activities are to better equip our MHS students to make sensible choices/decisions on both school subjects to study AND post school studies...
5. Year 10 Careers EXPO: is coming up at Coffs Harbour Racecourse on May 21 and is really a MUST NOT MISS activity for Year 10 students! Permission notes are with students now...so please look out for these!
6. Year 9 and SCU's UniBound: Southern Cross University are supporting our Year 9 students to an on-campus visit to CHEC (Coffs Harbour Education Campus) coming up on Thursday June 11 that should be a "NOT TO BE MISSED" day for the cohort!! NB. Not all students want to study at university BUT it is really valuable for everyone to have an idea of what it means/is like to do so!!

UNDER 15's GIRLS' SOCCER

The under 15 girls played round 2 of the Bill Turner Trophy on Thursday 30th April after obtaining the bye in



Team: from left: Krystal Thompson, Kayla Turner, Charlize Blair, Jiminka Laow, Sasha Frost, Mallee Goldrick, Olivia Rogers, Anna Robertson, Johanna Welsh, Shakira Silvia, Courtney Duffy, Gabi Farr, Dakota Fuller, Sophie Wicks

round 1. The team travelled to Connell Park, Bellingen, for the much anticipated football match- of course with weather threatening to interfere. On the whistle the girls realised the great skill and experience of the Bellingen side and unfortunately were unable to match it, conceding a goal in the first 30 seconds. The next hour was just as difficult for the Macksville High girls, primarily playing a defensive game with the occasional run by Johanna from centre back all the way up into the opposition half. The final score was 15-0 but this proved to make no difference to the confidence of our side; as soon as the group came back to school they asked when we have training next! Thanks to the girls throughout the game for demonstrating their willingness to learn, ongoing enthusiasm and team spirit. Recognition for fantastic performances and improvements goes to Johanna Welsh, Shakira Silvia, Anna Robertson and Krystal Thompson. As we are

now knocked out of the competition we look forward to arranging some friendly matches with local schools, so the girls will be happy to know that training will recommence shortly.

ANZAC 2015

On Friday the 24th April the school assembled for the 100th anniversary of ANZAC Day. The students were very well behaved and represented their school in an exceptional manner. Leading seaman and former Macksville High Student Letika Smith spoke about her role in the navy and the importance of ANZAC Day to the armed forces. She spoke brilliantly and we thank her for her time.

On Saturday up to 50 students gathered at Bowraville for the service / ceremony. Students again represented their school with pride, and their participation was well received by members of the Nambucca Valley Community. Brooke Chapman and Harry Mitchell were excellent representatives at the annual Macksville Lunch, and we thank the RSL club for inviting us once again.

All staff and students are to be congratulated for their efforts and the way they conducted themselves on one of Australia's most important days.



COMMUNITY ANNOUNCEMENTS

COME AND DISCOVER ENGINEERING

On Tuesday June 23 from 5.30pm – 7.30pm at
Norm Jordan Pavillion, Coffs Harbour Showground Coffs Harbour.

This is a free forum and is for all high school students who are interested in Engineering as a career choice.

Light refreshments will be served.

TOPICS: Why be an Engineer?

What do Engineers Do?

How do you Become an Engineer?

What is it Like to Study Engineering?

GUEST SPEAKERS INCLUDE:

Engineering professionals, university representatives and university students

REGISTER:

by Friday June 19 (Registration is essential)

For further information: 4911 7310 www.engineersaustralia.org.au/newcastle-division/events



THE LEVEL UP! COSPLAY COMPETITION

*Level UP! Is the big festival event for Haven MNC. For all nerds, geeks and enthusiasts out there – this event is for you! Come along and try something new, play video and table top games, dress up for the cosplay competition, participate in Quidditch, learn about LARPing, have your say in the debating corner, check out the stalls, connect with other like-minded people and most of all, have fun and **GEEK OUT!***

May 23 – Coffs Race Course from 10am – 5pm

Competition Entry: free Level UP! Entry \$5

Register: www.haven-mnc.com **Email:** info@haven-mnc.com

