

NEWSLETTER

TERM 3 ISSUE 2 - AUGUST 2014

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BUDDING BLOOD DONORS



Rhyannon Chappelow



**Mikaela Bartlett, Anna Mills
and Jasmine Marquardt**



**At right: Tess Lewis, Max Vernon, Tavis
Hall and Frankie McKay**

Every second Friday a group of Macksville High students has been taking time out of their study schedule to donate blood as part of the school's Club Red membership.

The students follow proudly in the footsteps of 2007 School Captain, Peter Argent who was a regular blood donor and like many others from the Valley donate in his memory.

Students wishing to donate should see Mrs Atkins in the TAS staffroom.

Who can give blood?

Most people are able to give blood if they:

- are fit, healthy and not suffering from a cold, flu or other illness at the time of donation or in the previous 7 days
- are aged between 16-70 years
- weigh more than 45kg
- drink up in the 24 hours before donation, especially in warm weather and have at least 3 good-sized glasses of water/juice in the 3 hours before donating.
- eat something in the 3 hours before donating
- bring at least one form of photo ID.

You are able to book 3 or more days in advance. To change an existing appointment, or to speak to a customer service representative please call 13 14 95



Congratulations to Alina Tape who is representing Australia at the Youth Olympics in Nanjing in China. Alina has already competed in her 800m heat and has earned a place in the B finals which will be held on Saturday 23rd August. All the best to Alina from Macksville High School - we are very proud of her.

FROM OUR PRINCIPAL

Dear Parents and Community,

It is hard to believe we are already over the half way mark of this term. Our year 12 students are completing their Trial HSC examinations. The results that they will receive will give them feedback on areas for improvement going into their final examinations at the beginning of next term. Year 11 should also be preparing for their Preliminary examinations starting during week 9. I would encourage all senior students to manage their time effectively in terms of their study commitments in order to give themselves every opportunity to achieve to the best of their ability. A reminder that we do offer a range of study skills and tutoring support at Macksville High, including support during the week in the library, Wednesday study skills program and out of school hours tutoring in most subject areas.

Many students are in the process of selecting their subjects and electives for 2015. Our aim is to provide the widest curriculum, whilst attempting to meet the choices and interests of our students. This is an intricate process balancing the needs of students, and unfortunately there will be clashes where some students are unable to proceed with their initial choices.

We are now in the process of preparing the School Strategic Plan for the next 3 to 5 years. The DEC has a new model for school planning, which the school Executive and Staff will be working on for the rest of the year. We will be looking for student and parent input through the use of surveys, to help in the continuous improvement of Macksville High.

I would also like to remind you that we will be holding another Parent/Teacher afternoon on Tuesday September 2nd for all year groups. I look forward to seeing you there to discuss your child's progress.

Regards, Erica Lyne

BOOK SCHOOL INTERVIEWS ONLINE

**Parent/Teacher/Student interviews for Years 7 – 12 will be held at
3.30pm – 7.30pm on Tuesday September 2 2014**

You can now book interviews at times that suit your family best. Go to www.schoolinterviews.com.au and follow the following instructions. Bookings Close: Monday September 1 2014

Go to www.schoolinterviews.com.au

Enter this school event code: **E2HD4** and press go - then enter your details

Choose teachers

Choose times

When you click finish, your interview timetable will be emailed to you automatically – check your junk mail folder if you do not receive your email immediately. You can return to www.schoolinterviews.com.au at any time, and change your interviews – until bookings close.

For parents that don't have access to the internet at home, at work, at a friend's house or on their phones, please phone the school on 6568 1066 where our administrative staff will assist you. Interviews are strictly 5 minutes and spaces are limited. If you require more time, please contact your teacher directly to make alternative arrangements.

CALENDAR DATES

August

26	P & C Meeting – 6.30pm in TAS room
28	HSC - IT Wood marking in Stadium
28	U14 Rugby League Country Cup – PM
28	Talking Tourism - Coffs
29	Year 7 Gala Day- Kempsey
29	Disability Expo

September

2	Year 7-12 - Parent Teacher Meetings 3.30pm in Stadium
4, 5 & 6	CHS Athletics – Homebush
4	School Social- 6pm
5	Senior BBQ – Science Area
10	3 Star Merit Lunch
11	HSC – D&T marking in Stadium
12	Yrs 9 & 10 Art electives – Scotts Head
12	5 Star Movie – P5&6 in Hall
17	4 Star Principal's party - lunch
18	7.30am - Year 12 BBQ breakfast
18	Year 12 farewell Assembly 9.30am
18	Quad bikes – P1 - showground
19	Term 3 Last Day

October

6	Public Holiday
7	Start of Term 4 – students return to school

CANTEEN ROSTER-AUGUST

Monday	25	S Compton
Tuesday	26	Helper needed
Wednesday	27	Helpers Needed
Thursday	28	J Beggs
Friday	29	Helpers Needed

Monday	1	S Compton
Tuesday	2	Helpers Needed
Wednesday	3	Helpers Needed
Thursday	4	D Jackson
Friday	5	D Jackson

Monday	8	S Compton
Tuesday	9	Helper Needed
Wednesday	10	Helper Needed
Thursday	11	A Godfrey
Friday	12	Helper Needed

The Canteen is always appreciative of parent/carer/grandparent help. Please phone Ros on 6568 1453 if you can help.

OPEN NETBALL CHAMPIONS



From left: Georgia Craven, Brooke Chapman, Deanna Buckley, Ruby Porter, Mikaela Donovan, Peta Salter, Kelly Taylor and Megan Porter.

For the second year in a row, Macksville's open netball side has been crowned North Coast champions.

After first winning the local derby back in March, the girls went on to play Wauchope High and Grafton High, beating both teams convincingly. On Monday 4th August they then travelled to Yamba to face Tweed Heads High, who were the winners of the far north coast region. The Tweed team came out strong, giving our girls some tough competition, but it didn't take long for Macksville to take control of the game, and show their dominance. The final score was 60 to 22, a very convincing win in the end. The team consists of Georgia Craven, Brooke Chapman, Deanna Buckley, Ruby Porter, Mikaela Donovan, Peta Salter, Kelly Taylor and Megan Porter.

The team now travels to Sydney on 2nd September, to play in the CHS Open netball State Knock out finals. They are now training hard under the guidance of their very talented coach, Helen Black. We wish them all the best for Sydney.

TESTING THE CAPACITY OF ROCKETS



Class of Year 9 Engineering were testing the capacity of rockets. These were built by the students to stay in the air for as long as possible.

Photo shows Tom Martin setting up his rocket and then the rocket in the air.



ATTENTION: YEAR 12

Attention: Year 12 - Your Green laptops are able to be graduated soon and unlocked for your personal use. See Deslie for paperwork and information.

LONGEST RUBBERBAND BRACELET



Congratulations to Sasha, Reanna, Josephine, Sophie and other helpers who wove a 36 metre long bracelet for a National Competition. During August they created the chain at lunchtimes and any spare 10 minutes. This competition is part of a *Guinness book achievements activity* and the winning school receives \$5,000. Well done for your efforts Year 7

L Gilliland

YEAR 8 MARKET DAY

At MHS we thank Bu Bibi and Niki Mason for participating in our *Year 8 Indonesian class market day*.

As stall holders, they helped to encourage students to learn the skills of bargaining. K3 was decorated as a market and students practiced their speaking skills of Bahasa to fulfill their shopping list orders by using rupiah. This different practical activity illustrates to students that it is useful to try communicating in another language, especially when they choose to visit a place outside Australia.

L Gilliland

TABLE TENNIS CHAMPIONS



The team from MHS finished a creditable 7th in the State Knockout competition.

From left: Max Vernon and Mango Jones

CAREERS NEWS

1. Year 12: our last university speakers will be at MHS in week 8- to help students with applications for Southern Cross University (SCU) and the University of New England (UNE): SCU on Monday 01.09.14 with Mr Peter Marshall at 9:10am and UNE on Thursday 04.05.14 with Ms Fiona Murray at 11:10am. These are an important time not to be missed....!!
2. Year 10 and SBAT's: currently our Transition Advisor Mrs Lynda Shrubbs is working with Year 10 students who might be interested in having an SBAT as part of their HSC study program. An SBAT (School Based Apprenticeship and Traineeship) offers a student paid part time work while achieving an HSC and is of specific benefit to any students not wanting to follow school with university study!
3. Disability EXPO at Toormina: coming up on Friday 29.08.14 is a Mid North Coast Disability Services EXPO being hosted by Toormina High School. This EXPO is for students with a disability and their families/carers to be able to access a 'one-stop-shop' of services and opportunities available! Please plan not to miss this time if this is you.
4. TFN's: recently I've had a number of students coming asking about getting a Tax File Number who are very disappointed when hearing it will take 3-4 weeks!! The time to get organised is BEFORE some employment is gained (and the employer asked for a TFN...) so please encourage students to complete this simple paperwork (requiring some birth certificate details). A TFN can also be applied for through the Post office *BUT* this is a much more involved process....!!

Tim Lukins

15 QUALIFY FOR THE COMBINED HIGH SCHOOLS ATHLETICS CHAMPIONSHIPS



On Friday August 1st over 40 Macksville High students travelled to Coffs Harbour to compete in the North Coast Combined High Schools Athletics Championships. Macksville High finished 7th overall with 15 students being offered a place on the North Coast Team.

From September 4th – 6th students from all over the State will compete at the annual championships held at Sydney Olympic Park Athletics Centre.

From left: Amy Martin, Johanna Walsh, Matiese Trisley, Shenay Blanch

YEAR 8 DEBATING

Macksville High School's Year 8 Debating team have done themselves and their school community proud today with their third consecutive win in as many debates, thereby rendering themselves '**Zone Champions**'. Having previously been victorious in both the 1st and 2nd round debates against Westport High School, thrashing it out over topics such as '*Making mathematics compulsory throughout senior high school*' and '*implementing a complete ban on junk food advertising*', the girls knew they had their work cut out for them to make it a 'hat trick'.

Thursday the 21st August saw the team, 1st speaker - **Mickayla Ennis**, 2nd speaker - **Daisy Peachman**, 3rd speaker - **Chloe Northfield** and team advisor - **Colette Vernon** make their way down to Melville High School to compete in the 3rd round of the Premiers Debating Challenge. As the Affirmative team, the girls found themselves arguing for the idea of '*lowering the compulsory voting age*', questionably a challenging topic, one often not considered by those so young. Nevertheless, in fine form, with an onslaught of judiciously selected arguments further enhanced by excellent structure the girls worked together and rallied hard to claim victory once again!

The girls are to be congratulated for their fine efforts so far and excellent sportsmanship toward opposing teams. As 'Zone Champions' they will now face fellow zone champions from other areas in the 'Inter – Regional knock outs'; dates to be posted.

Coach, Miss Eagan, would like to thank the girls for all their time and hard work and wish them all the very best for their upcoming debates. She would also like to commend them on the fine way they have conducted themselves in their interactions with the surrounding communities.

