

NEWSLETTER

TERM 2 ISSUE 3 - JUNE 2014

PO Box 611
40 Boundary Street
MACKSVILLE NSW 2447
Phone: 02 6568 1066
Fax: 02 6568 2802

SANDY GRANT-MCDONELL IS THE NORTH COAST SBAT OF THE YEAR



It was my great privilege to be invited along to the North Coast TAFE awards recently as a guest of Year 12 student, Sandie Grant-McDonell. Sandie had been nominated by her TAFE teacher, Trudie McCaul for the award of SBAT/TVET Student of the year. Sandie is a School Based Trainee at Macksville Hospital where she is being trained in Human Services – Health Specialisation. What this all means in simple language is, that Sandie works as a paid employee at the hospital ten hours a week as part of her HSC. She is gaining the skills and knowledge to be an enrolled nurse, and benefitting by being able to include this as a HSC subject through her TAFE course. Sandie was nominated as she has been an outstanding student at TAFE, and is also receiving extraordinary praise for her work on the job at Macksville Hospital.

On the night, we were blown away by the prestige of the occasion, and the regard these awards are held in. The room was full of adults, and all but two award winners were adults. Sandie was speechless when she received the second last award of the night, and one of the two most prestigious awards given at the ceremony. The award recipients came from as far away as the Gold Coast, and all the way down to Taree.

Sandie is only the sixth recipient of this award, and the first in the Nambucca Valley. We are very proud of Sandie and what she has achieved during her traineeship. We currently have eleven SBAT's at Macksville High School and she is a wonderful role model and mentor to them. Sandie intends to commence university next year in nursing and we are confident she will continue to knock people's socks off with her amazing skills in her chosen field.

Finally we would like to acknowledge Trudie for nominating Sandie, Sharon Cutler for helping Sandie put her nomination together, Jo Symons from Directions Plus for mentoring Sandie, HVTC and Macksville Hospital as her employers.

Lynda Shrub

FROM OUR PRINCIPAL

Dear Parents and Caregivers

As the term draws to a close it is timely to reflect on the outstanding achievements of so many of our students, and across academic, sporting and cultural areas. Congratulations to the wonderful staff at Macksville High for working hard and giving so much of their time to allow all of the extra-curricular activities to occur. Thank you also to the many parents who have also supported our students in their achievements.

Semester one reports will be going out to students this afternoon. After reading the reports, I know that teachers have made suggestions regarding ways to improve. I encourage you to look at the reports with your children and develop a study plan to be put in place for next semester.

Year 12 should be organising themselves and working towards their Trial HSC exams next term. Many students will also be completing major projects in many subjects, so time management is a key skill. Ensure you see your teachers if you have any concerns.

Musical rehearsals are in full swing. Keep an eye out for details regarding show times on the school website and newsletters.

Our year 10 Parent Information evening regarding subject selections will be held Thursday July 17. I would encourage all parents/carers of year 10 students to attend to find out information regarding courses the RoSA and ATAR and how to choose suitable courses.

The Staff Development Day at the beginning of next term will see teachers from across the region come together to share expertise and hear keynote speakers specific to their subject areas.

I wish everyone a safe and restful holiday and I look forward to seeing everyone next term.

Erica Lyne, Principal

ZONE CROSS COUNTRY



Back Row: Tom Steward, Chris Power
Middle Row: Emily Hall, Astrid Smith, Johanna Walsh, Brody Harris, Taniela Bula, Maddison Turner
Front Row: Ruby Moore, Liam Clews, Kooper Wood

The North Coast Combined High Schools Regional Championships was held at Kempsey on Friday, June 6. Macksville High students performed well on the day with Alina Tape, Emily Hall and Astrid Smith progressing to the All Schools Cross Country Championships at Eastern Creek in July.

UNDER 16S BOYS RUGBY

Macksville high school under 16s boys were superb at the rugby union round robin day on Monday 16th June. All the lunch times they've given up to train, has really paid off as they came together as a team and played strong, tough football. The team went through the whole day without conceding any points.

They were first onto the park when they arrived at the stadium. Playing against Dorrigo High School. They thrashed Dorrigo 38-0. Connor Gainge starred in this game, with some great runs damaging the Dorrigo's defence Grafton High School unfortunately pulled out on the day making it an easy win on forfeit for Macksville.

The boys then played their toughest game of the day against Warchope High School. Only just winning the nail biter 10-0. With the brilliance of the kicking game from Jack Ireland scoring a try and setting up one.

Macksville's next game was against a depleted Kempsey High School side, who only had 10 players. This was another great game with the under 16s winning 17-0.

The team then progressed through into the final where they played their best game, carving up the Regional High team, where they flogged Regional 38-0. The boys showed great efforts defensively and managed to control the ball for almost the whole game. Winning this game meant that the under 16s are moving onto the next round in both the Buchan Shield and the Coast to Country Cup.

The team did Macksville High very proud, and proved that Macksville High School is a force to be reckoned with. The boys deserve to be credited for their efforts on coming together as a team and playing great, tough footy. Special mentions go out to Coach Mr Luke Smith for coaching and training them. Best players were; Luke O'Loughlin (Rednut) who was awarded players player, Jack Ireland who scored an amazing 5 tries, Danny Taylor really got the team organised and Captain Jake Steward who was in almost every ruck.

FOOTWEAR POLICY

It is a requirement that students, staff and visitors at Macksville High School wear footwear that complies with the Department of Education and communities, Work health and Safety Directorate- Footwear Policy Footwear that is suitable for walking on a number of different surfaces. This means enclosed shoes which are flat shoes with a minimal heel that have a good grip and fit well. Areas where safe footwear must be worn are the Industrial Arts and trade workshops, Science laboratories, canteen and Food Technology areas.

CALENDAR DATES

JULY

14	School Development Day
15	Term 3 Commences – students return
16	University Newcastle –Open Day
17	Yr10 into Yr11 Info Day – a'noon and evening at 6pm in the Hall
22	Half Yearly Presentation Assembly 10am in Stadium
22	P & C Meeting – 6.30pm in TAS room
23	Year 12 Careers EXPO – Coffs Harbour
24-26	School Musical 10am (not Saturday) and 7pm
24	NAIDOC Assembly – Stadium 10.20am
29	Year 8 into Year 9 Library
31	MNC Future Tahs U14-Coffs Harbour
31Jul-1 Aug	School Musical 10am and 7pm

RUNAWAY VICTORY FOR MACKSVILLE HIGH A SCHOOLZONE ATHLETICS

On Friday the 13th of June, 76 Macksville High School students travelled to Jack Biffen Oval at Nambucca Heads to compete in the Lower North Coast athletics Carnival. In a wonderful team effort from Macksville High students who won the carnival with 1300 points finishing well clear of second place Wauchope High School on 1076 points.

There were some fabulous individual efforts on the day.

Alina Tape – set new records in the 400m 1:03.33 and 800m 2:29.01

Mikaela Donovan – set a new record in the discus 31.25m

In the Age Championships many of our students placed well within their age groups. Top 5 overall performances included:

1st - Yierah Dunn 16-19 AWD Champion – who won 7 out of 7 events

2nd - Oliver Elson -14, Jocelyn Pedrola – 14, Alina Tape -17+ and Max Vernon -17+

3rd - Astrid Smith -12 and Mikaela Donovan-14

4th - Sam Bekis – 12, Sam Lenthall -13, Georgia Craven -16 and Maddison Smart -17+

5th - Chris Power – 15

As well as the outstanding individual efforts our relay teams excelled, all finishing on the podium. This was a well-deserved result due to their enthusiastic effort at lunchtime training with coach, Ms Black.

1st -12, 13, 16 and 17-19 year girls and 13 and 14 year boys

2nd -12 year boys

3rd – 14 and 15 year girls, 15 and 17-19 year boys

The team spirit that the Macksville High students showed in cheering on their friends and having a go in events was outstanding. It was also fantastic to see so many family and friends turn up to join in a great day. Special thanks must go to Col Hocking and the team at Nambucca High for running such a terrific carnival.

Macksville High will take a team of around 40 students to the North Coast Regional Carnival to be held at Coffs Stadium on Friday, August 1.



Alina Tape, Maddison Smart



Amy Martin, Astrid Smith, Ruby Moore, Violet Capell

TANGERANG SCHOOL EXCHANGE VISIT



Students from West Java, from our sister school at Tangerang arrived in Week 8 for their biannual visit. an exciting week for everyone.

We firstly wish to thank the fourteen families who volunteered to host the students and teachers in their homes. It means a lot to the students to come here and enjoy this opportunity.

MHS students assisted the daily activities. I thank teachers who welcomed them into their classrooms and especially those who prepared special lessons which link our curriculum with Asia Awareness, including History, Idioms and Drama. Also, it was very beneficial in our Bahasa lessons as students had one on one speaking, listening, writing, reading and translating. The students all learnt so much with this individual contact.

The students experienced different challenges; learning Cuban Salsa Dancing, thanks to Christina from Bellingen. Other activities included seeing cows being milked, twilight canoeing and painting the V-wall rocks. Scotts Head Public School also enjoyed the Friday conversation and dance. We thank Mrs Atkins and the SRC for the fun at the School Social.

Tangarang students loved meeting Macksville High students and greeting them, and by the increasing number of "helpers" throughout the week was reciprocal. We are fortunate to have thoughtful, friendly students at our who can benefit from a visit such as this.

We appreciate Pak Muni, Bin Riri and all the students for making this effort to travel thousands of kilometres to enjoy time and share experiences with us.

I wish to thank Mr King, Mrs Robertson, Mrs Sheather, Mrs Hughes, Mrs Hardingham, Mr Jordan and Mrs Mendham for all their assistance in making this such a successful visit.

Lee Gilliland, LOTE Teacher

ONLINE CHAMPIONSHIP FOR LANGUAGE STUDENTS

Recently 153 students at Macksville High School participated in the Online World championship for language students. Our school came 3rd in NSW and all students are to be congratulated on contributing to the score of 74,000 correct answers to questions in Bahasa during the ten days. Every 500 questions answered correctly meant a student went from a credit level to the Bronze level.

The majority of our students achieved around 350 to 450 points, with some achieving 80 points in 50 minutes

Special congratulations to Colette Vernon and Chloe Northfield for scores over 2000 points, achieving a Silver Award. Astra Harris, Sunita Burbridge, Maddi Robertson, Ruby Cooper, Brent Smee, Johanna Walsh, Sophie Sutton, Angel Northover, Tameka Whatmough also performed well.

Lee Gilliland, LOTE Teacher

WHAT IS A MHS SBAT

You may have heard that Macksville High now has twelve SBAT's in our senior years. An SBAT or school based trainee is a student that combines their HSC with a paid work placement for about ten hours a week, at a variety of occupations within the valley. The student also completes a VET course (vocational education) in conjunction with that traineeship. Sometimes this happens at school, and sometimes it occurs at TAFE in either Macksville or Coffs Harbour.

The current MHS SBAT's are:- Mikaela Bartlett – teacher trainee Macksville Public School, Dylan Crumpton – civil construction with Lend Lease, Hayden De Jonge –primary industries with Peter Townley Dairy, Bailey Farr – civil construction with Lend Lease, Sandie Grant- McDonell – health specialisation at Macksville Hospital, Maddi Mason – business services at Mitre 10, Harry Mitchell – hospitality at Nambucca Valley Care, Kate Shaw – health specialisation at Macksville Hospital, Inekia Small – teacher trainee at Scotts Head Public School, Cameron Southan – autoelectrician at Mid Coast Trucks, Shenae Stewart – business services at National Australia Bank, Jaiden Walker – teacher trainee at Bowraville Central School.

We are very appreciative of the businesses and organisations that are providing these wonderful opportunities to our students as their host employee, and also to the group training organisations, AES, HVTC and Directions Plus for creating the opportunities.

Next term Year 10 students will commence selecting their subjects for senior schooling. We will be holding seminars for students interested in commencing a SBAT as part of their HSC over the next few weeks. Any business owners who may be interested in hosting an SBAT can contact me to find out more about the initiative, here at school on 65681066 or lynda.shrubb@det.nsw.edu.au.



SCHOOL SOCIAL

Macksville High School 'Decades of the 1900s' School Social, farewelling our Indonesian friends was held on Thursday, June 19. Student's embraced the theme stepping back in time. A group of Year 8 girls went all out and drove into the social in their cardboard hippie van. Peter and Jade in Year 12 came in 50s style as Sandy and Danny from Grease and a group of Year 9 girls came as the "Pink Ladies". Alana looked fabulous in her 20s flappers costume. Kittani and Jaimaya looked fabulous in their Bob Marley Tribute outfits.



Overall the 70s and 80s proved very popular with many in tie-dye and the bright disco colours of those eras. A great night as had and the SRC managed to raise over \$620 and they can now put those funds into their support of school representative teams by joining the P&C in the purchase of new school netball team uniforms as well as donating money to the Westpac Rescue Helicopter Chopper Day.

NAPLAN 2014

It was a pleasure to supervise the Year 7 students who completed the 2014 NAPLAN exams in May. For many of the students this was the first time they had assembled in a large group to complete exams in a formal setting in the stadium. Students experienced reading, writing, language and numeracy exams. The cohort is to be congratulated in the mature way they approached the exams, following instructions and completing all papers to the best of their ability. They are a credit to themselves, their parents and the school. Well done Year Seven.

Year Nine completed their NAPLAN exams in classrooms. Staff reported a positive approach to their exams and congratulations are also in order

Moyra Mendham, Head Teacher Maths

AUSTRALIAN MARITIME COLLEGE VISIT

A representative from the Australian Maritime College in Tasmania visited maths classes at Macksville High School recently to enlighten senior students about how maths is used in the maritime environment. We examined the critical factors in designing high speed patrol boats by interpreting scatter diagrams. The Hydrostatics of a boat (whether it will float or capsize) can be calculated using the formula

$$Y = \frac{B}{2} \left(1 - \frac{4}{L^2} x^2\right) \left(1 - \frac{z^2}{D^2}\right) \left(1 + \frac{0.8 x^2}{L^2}\right) + \frac{Bz^2}{2D^2} \left(1 - \frac{z^8}{D^8}\right) \left(1 - \frac{4x^2}{L^2}\right)^4$$

where L represents the length of the hull, B the beam length and D the draft of the hull. By substituting values into the equation it can then be graphed to show the shape of the hull.

We undertook a feasibility study looking at the costs and benefits of locating a wind farm off the east coast of Tasmania by looking at such statistics as average wind strength, how efficient a turbine would be and how much power would be produced by the wind farm. Financial, environmental, sustainability, health factors, (seasickness) and the practicality of locating wind farms off shore were all taken into account.

We looked at the effect of a "following sea" (where waves travel in the same direction as the vessel) on the velocity of a boat, and also about how scale models can show how a finished design will work.

(A model ship might cost \$ 3000 to build and \$ 10 000 to test, while a full size ship can cost millions of dollars.)

The visit opened student's eyes regarding careers in Maritime Engineering and was greatly appreciated by students.

Moyra Mendham, Head Teacher Maths



*UNE MATHEMATICS COMPETITION



Ms Cooper and Ms Revell from the maths staff at Macksville High are to be congratulated on organising two teams from 8M1 maths class to travel to Armidale to participate in the annual University of New England Gifted and Talented Mathematics Competition.

At 5a.m. students met Ms Revell and Mrs Keeys at Caltex and joined with Bowraville Central and Nambucca Heads High School in a bus trip to Armidale (Thanks Mr Joyce; great driver!) After a look around the university grounds the group assembled for the day's event.

Teams of four students participate in problem solving activities which emphasise cooperative learning and teamwork. In one activity, the teams can choose to solve simple 1 mark problems or more complex problems, which, if solved correctly, can earn the team 3 points. What a dilemma! What strategy shall we use? Lots of easy questions? (And low point score). Or take the risk and try harder challenges. If a challenge was too hard, they can return the problem and exchange it for an easier problem. They cannot get help from their teacher as each teacher is assigned to a school different from their own. The teams rotated about the hall so played against many different schools.

Some schools were amazingly awesome but others we held our own against.

Macksville representatives were Tobaskin Bonet, Sam Kinnear, Daisy Peachman, Chloe Northfield, Mickayla Ennis, Alex George, Gabriel Farr and Samuel Price.

The students acquitted themselves well, looked great in the school blazer and tie and were a credit to MHS.

Thanks to all involved.

Ms Revell, Maths Teacher



SCHOOL MUSICAL



Macksville High School held its first dress rehearsal for the upcoming production of Alice in Wonderland. The production will run over 5 nights beginning on the 24th July and ending on the 2nd August 2014.

The show is an adaptation of the original Lewis Carroll book, which has been written by Mick Baines and contains a selection of popular music. Students began rehearsals in March and are looking forward to opening night. Students from year 8 through to year 11 will feature in the musical. This provides a wonderful opportunity for students to be apart of an amateur production showcasing the exceptional talent of students at Macksville High School. The show has also involved many talented students involved in set design, costuming and musicians. Tickets will be available from Macksville High School on the 14th July and will be \$10 each.

Above: Sarah Nugent

Below: *Bella Capell, Jayme Thompson*



CONTACT DETAILS

It is **very** important parents keep their contact details up to date with the school. This is not only for correspondence but also for emergencies.



We would appreciate you providing your email address, your home phone number and your mobile number. If any of your details have changed or you would like to check what we have on record please contact the school on 65681066.

CANTEEN ROSTER-JUNE

Tuesday	15	Sandrine
Wednesday	16	Helpers Needed
Thursday	17	D Jackson
Friday	18	H Jaegary

Monday	21	S Compton
Tuesday	22	Helpers needed
Wednesday	23	Helpers Needed
Thursday	24	J Beggs
Friday	25	Helpers Needed

Monday	28	S Compton
Tuesday	29	Helpers Needed
Wednesday	30	Helpers Needed
Thursday	31	Helpers Needed
Friday	1	H elpers Neededr

The canteen is always appreciative of parent/carer/grandparent help. Please phone Ros on 65681453 if you can assist.