

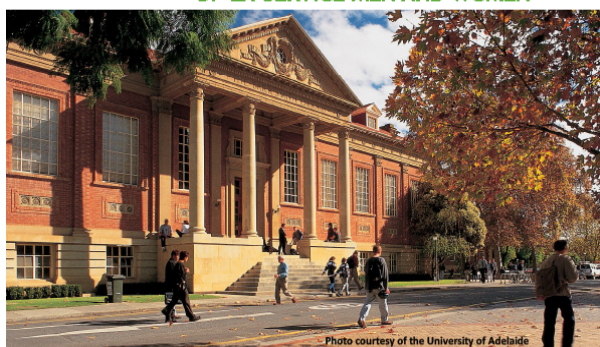
IN THIS ISSUE: WHAT'S HAPPENING - RYPP EXCURSION

SCHOOL CALENDAR

July		
July, 30	all day	Open CHS Netball - Grafton
July, 30	6.30-7.30pm	Year 8 into 9 Elective subject selection information night - Library
July, 30	10.44-11.02am	NAIDOC Assembly
July, 31	all day	Year 12 Dive - South West Rocks
August		
Aug, 01	11.15am	Australian Maths Competition - A Semiar Room
Aug, 01	5.00-8.00pm	2013 Valley 10 Education Week Awards - MHS Hall
Aug, 06	9.30-11.15am	Half Yearly Presentation Ceremony - Stadium - all parents welcome
Aug, 20-21	various times	Indonesian Drum Group - MHS Hall
Aug 15-26	various times	Year 12 Trial HSC - Stadium
Aug, 26	all day	Year 11 Dive - Macksville Pool
Aug, 27-29	all day	Year 11 Dive - South West Rocks
September		
Sept, 02	3.30-6.30pm	Whole School Parent Teacher Interview Night - MHS Stadium
Sept, 05	6.30pm	Bye Bye Year 12 School Social
Sept, 09-20	various time	Year 11 Yearly Exams
Sept, 13	all day	Girls in Trade Day
Sept, 19	tbc	Year 12, Farewell Assembly
"PLEASE DON'T FORGET TO LABEL ALL YOUR CHILD'S CLOTHES SO WE CAN RETURN THEM IF LOST"		

SCHOLARSHIPS

FOR THE CHILDREN AND GRANDCHILDREN
OF EX-SERVICE MEN AND WOMEN



The Australian Veterans' Children Assistance Trust is a not-for-profit organisation. AVCAT administers scholarships to help children and grandchildren of the Australian ex-service community with the costs of full-time tertiary education. The most deserving candidates are selected on merit and who, without our help, would be unable to start or complete studies without financial difficulty.

For more information or to apply, contact
AVCAT
T 02 9213 7999 or 1800 620 361 (toll-free)
E avcat@dvha.gov.au www.avcat.org.au

"THE LONG TAN SCHOLARSHIP WAS INVALUABLE HELP, IT ALLOWED ME TO CONCENTRATE FULLY ON BECOMING THE BEST DOCTOR I COULD BE"

APPLICATIONS OPEN AUGUST 18



CANTEEN ROSTER - Jul/Aug

Monday	29	S Compton
Tuesday	30	R Wood
Wednesday	31	R Wood
Thursday	01	D Jackson
Friday	02	G Welsh
Monday	05	S Compton & A Pope
Tuesday	06	R Wood
Wednesday	07	T Laverty
Thursday	08	HELPER NEEDED
Friday	09	G Welsh
Monday	11	S Compton

From our Principal

Its time again when we start planning for the 2014 curriculum on offer here at Macksville High. Last week we held a well attended information night for Year 10 students and their parents to look at what it means to be a senior student and to commence the subject selection process. The feedback on the night was very positive and it was great to see so many of our teachers there and available to advise parents and their students. The next step is to go online and make an appointment to come in and sit down and finalise the selected subjects. Mrs Shrubb, Mr Joyce and Mrs Hill will be available for these appointments and are a great source of information that should help students and parents at this stage make the best decisions possible. If you are not aware of how to do this you can call the school office and you will be helped through the appointment booking process.

For the first time next year we are offering a Steps To Employment Program (STEP) program for students who are looking to leave school as soon as possible and get started in employment or TAFE. With the new school leaving age set at 17 years and students only being able to leave school from year 10 if they have an apprenticeship, traineeship or full time TAFE course that takes them past 17 years there is an increasing need to provide opportunities for these students who are ready to leave school but have not had the opportunity.

STEP students will have some compulsory and some elective subjects with a key component being work placement. We have appointed a Transition Adviser to lead this initiative and to work with students and their parents. On finishing school these students will receive a NSW Board of Studies Record of School Achievement (ROSA). For more information you can ask when at your subject selection appointment or ring and speak with Mr Peter Joyce.

This Thursday night Macksville High School will be hosting the Nambucca Valley, V10 Schools, Education Week awards ceremony. The event is being held in the Hall and starts with finger food at 5pm, a cattle judging exhibition by our cattle team and the official ceremony including students performances from 5.30pm. I hope you are able to join us on the night to celebrate and acknowledge the volunteers, outstanding teachers and students receiving Education Week Awards.

Finally I would like to mention that we put a lot of time and effort into making sure our students attend school regularly. One area of concern that I need your assistance with is notes and the reasons for your kids to have pass outs during the day. I would like you to consider carefully prior to giving your child a note. Is there any other time they could do this? Is it for an appointment such as seeing a Doctor? We need to work together on this one and ensure our students are only absent from school for legitimate reasons. I have been and will continue to refuse students permission even when they have a note if the note does not give a valid reason or does not have a clear parent signature. When possible we make a call home. Missing class does not just impact on the child's learning it also has a negative impact on other students in the class and teaching.



OH NO THE COWS ARE OUT!!

During the holidays the school cows decided it was time for them to also have break. They made there way out the gate and headed down town looking for an adventure. The scramble was on to bring them back, once safely home, all was good again. But! as they chew grass and look over the fence, they dream of their next holiday and the excitement to come.

INVITATION

Year 8 into 9 Elective Subject Selection Parents Information Night

When: Tuesday, 30 July 2013

Where: Macksville High School – Library

Time: 6.30-7.30pm

Parents, Carers and Students are invited to attend an information session to help decide which elective subjects would best suit your child. It is also an opportunity to ask all those questions you might have.

ATTENDANCE INTERVIEWS

The education of your child starts with regular school attendance.

In NSW all children of compulsory school age are required to be enrolled in a state or registered school and to attend school on each day that instruction is provided.

The Department of Education and Training operates a School Liaison Program. Home School Liaison Officers are teachers with a range of educational and professional experiences with expertise in the area of supporting attendance and student welfare.

A number of Home School Liaison Officers will interview identified students (Years 7-12) with attendance concerns at Macksville High School on **Friday, 02 August 2012. Please contact the school if you would not like your child to be interviewed.**

Parents of identified students will be notified in writing after the interviews have been conducted.

Local Sporting Champions

Grants to help young people pursue their sporting dreams

Young people find it difficult to meet the ongoing and significant costs associated with participation at sporting competitions, particularly those from regional areas.

The Local Sporting Champions program is an Australian Government initiative designed to provide financial assistance for young people aged 12-18 towards the cost of travel, accommodation, uniforms or equipment when competing, coaching or officiating at an official national sporting organisation (NSO) endorsed state, national or international sporting championships or a School Sport Australia state or national championships.

Application forms - please contact the number below - Local Sporting Champions Program - Individual Application - Local Sporting Champions Program - Team Application

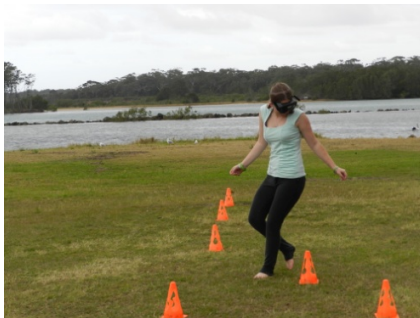
Who is eligible? The Local Sporting Champions program is designed to support young people participating in state, national and international level sporting championships as either an athlete, coach or official.

In order to be eligible to apply for a Local Sporting Champions grant, young people must meet the following criteria:

- Be between 12 and 18 years of age (inclusive) at the time of the nominated sporting championship.
- Be an Australian citizen or have been granted permanent resident status, residing in Australia.
- Be participating as an athlete, coach, umpire or referee in:
 - o an official state championships endorsed by the relevant Australian Sports Commission (ASC) recognised national sporting organisation (NSO), or
 - o an official state school sport championship endorsed by a School Sport Australia member body, or
 - o an official national championships endorsed by the relevant ASC recognised NSO, or
 - o a national school sport championships endorsed by School Sport Australia
 - o an international competition as a member of an official Australian team, endorsed by an ASC recognised NSO or School Sport Australia.
- Be living more than 125km from the championship venue, and travelling greater than 250km return to participate in the nominated championship.
- Must complete and submit application to the ASC prior to the nominated championship commencing.
- Must not have received a Local Sporting Champions grant (individual grant or as a member of a team grant) for an application submitted in the same allocation year (1 March - 28 February).
- Must not have received \$500 or more in federal government funding for the nominated championship.
- Must not be participating in a professional competition that involves prize money greater than \$500.

Kathy Rowe, A/G Manager, Sydney Indigenous Coordination Centre, NSW State and Territory Office
Department of Families, Housing, Community Services and Indigenous Affairs - **Phone: (02) 99425 700**

RYPPE Excursion - 27 June 2013



Mikayla



Shania



Brittany



Bellwood Park

Using goggles to replicate the visual effects of being affected by alcohol and drugs.



Tayla



Shaun



Mikayla



Steven



Cheyenne



Braydon



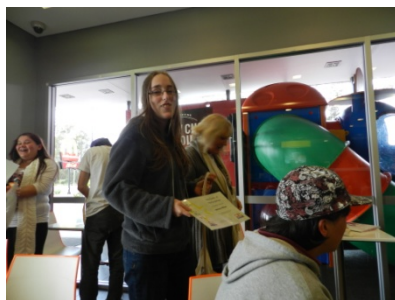
Shania



Cameron



Tony



Brittany



Shania



Brodie



Presentation of certificates after watching "After Earth" at Nambucca Cinema

and reviving with a cheeseburger meal at MacDonal'd's. Thanks to Kaz & Vicky for all their assistance

May-be Baby Project

Child Studies and Community & Family Studies, classes have spent the last two weeks nurturing “babies”. Students have been “mums” over the weekend or during the week and for many it has been a huge awakening as to the demands of babies, especially at night.



The computer babies are part of the “May-Be Baby Project”, an initiative of the Mid North Coast Division of General Practice in Coffs Harbour. Schools all over the region book the babies each year and they are in high demand. Students eagerly await the day for them to arrive.

This is a very worthwhile project that has many benefits for all involved, especially for the parents of the future.

From left to right: Jasmine Stanton with Emily - Georgia Johns with Mia and Tylah McCann with baby Ethan.

Get talking!

Parents and carers!

Talking to teenagers is hard – especially when something is not right.

Getting online with your child to check out the [eheadspace website](https://www.eheadspace.org.au/) could be an easy way to start a conversation about common teen and mental health issues.

It might also give you peace of mind that your child knows where and how to access support if they need it, even if they don't need it right now!

If you are concerned about your child or have noticed recent behaviour changes, it may be something minor, or it could be something more...

Students!

Parents and carers can be hard to talk to too!

Often you don't want your parents/carers to know what is happening for you, because you are worried they will over-react. While this can sometimes happen, it's usually because they care about you!

If you are having a problem, or worried about a friend or family member, you can jump online anytime, anywhere and get support and advice.

Check it out with your parent/carers - Calm and honest discussions now can help develop trust and make the tough conversations be a little easier later!

Check out <https://www.eheadspace.org.au/> and get talking!

If you think your child requires specialist support, see your GP or contact the

Mental Health Access Line: 1800 011 511. In the event of an emergency, contact 000 immediately.

Markets on the River from 7am!!

Stuarts Point TEAM CHALLENGE 2013

**Midday to 4pm
Saturday 24 August**

The Amazing Race (with a twist) is coming to Stuarts Point!

Get a team of 3 together to solve clues, complete challenges and have fun on foot around Stuarts Point!

The event is for all skill and fitness levels, with many activities needing more brainpower than muscle, more teamwork than speed.

Points are scored for participation, with bonus points awarded for achieving the challenge goal.

- o \$10 ENTRY PER TEAM
- Register by 16 August 2013
- o (at least one team member must be over 18 years)

Great Team Building Opportunity!

Awesome Family Fun Day!

For more information and to register
CONTACT:-
Sue Petersen - Phone 02 6569 0616
communityteamchallenge@gmail.com

Proudly sponsored by:-

Coffs Harbour High School 75th Anniversary

Coffs Harbour High School will be celebrating its 75th Anniversary with an Open Day at the school on 3rd August 2013 between 10 AM – 2 PM. Current and past students and staff are invited to come along and inspect the school, view memorabilia on display in the Hall and reminisce with old school friends. Disabled access is provided. There will be slide shows on the screen in the Hall, old photos, documents and school items on display, tea/coffee for sale, sausage sizzle and hot snacks from the canteen.

Past students who travelled to school via train – known as “Old Misery” are meeting at Coffs Harbour Railway Station at 9.30 AM and taking a nostalgic stroll up to the school.

If you have not visited the school since you completed your education, get a group of your schoolmates together and come along and check out the Open Day and be amazed at the many changes since you were a student.

Between 5 PM – 8 PM on the evening of the same day there will be a cocktail party at the Coffs Harbour Ex-Services Club and several decade reunions at different venues in both Coffs Harbour and Sawtell.

Information is available on the school's website:
<http://www.coffsharb-h.schools.nsw.edu.au/>
or from the school on Phone: 66523466

**Stuarts Point & Surrounds
PHOTO COMPETITION 2013**

Capture the beauty and diversity of Stuarts Point, Yarrhapinni, Fishermans Reach, Grassy Head, Eungai and Scotts Head

HOW TO ENTER.....

⇒ Email your photographs and entry details to
enquiries@stuartspointholidaypark.com.au

Contact Sue Petersen, Park Manager, for more information on 02 6569 0616.

**Winning Photos will create a
STUARTS POINT & SURROUNDS 2014 CALENDAR**

To be sold locally to raise money for a local charity

Competition Opens:
FRIDAY 17 May 2013
Competition Closes:
FRIDAY 16 AUGUST 2013

Judging at
Stuarts Point Markets
24 August 2013

Conditions of entry:-

- ▽ Photos taken in local area
- ▽ 3 entries per person only
- ▽ Digital entry
- ▽ Winning photos need to be suitable for A4 printing
- ▽ Minimum resolution of 300 dpi.
- ▽ Permission has been received of any person identifiable in the photo.
- ▽ Photos entered may be used for marketing

Proudly Sponsored by:

Stuarts Point and District Little Athletics

The time has come around again for registration for our 2013/14 season.

Athletes can register on July 31st at Buz Brazel Oval, Scotts Head from 4pm until 5pm, or on the first night of competition Friday, August 2nd.

Please contact Registrar, Annelise Quinn for further information.

Phone: 0448 699377