

Macksville High School **NEWSLETTER**

TERM 2 • ISSUE 3 • 07 JUNE 2013

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IN THIS ISSUE: WHAT'S HAPPENING IN VISUAL ART/DESIGN?

SCHOOL CALENDAR

June				
June, 07-14	-	Year 11 VET Work Placement		
June, 10	all day	Public Holiday - Labour Day		
June, 11-14	various times	Half Yearly Exams - Year 9 and Year 10		
June, 13	all day	Year 11 TVET Tasters		
June, 17	all day	Zone Athletics - Nambucca Heads		
June, 18	10.36-11.18am	Term 2, Major Assembly		
June, 18	lunch time	Merit Reward - BBQ on the deck		
June, 19	lunch time	Principal's Party - Pizza on the deck		
June, 20	6.30-9.00pm	School Social		
June, 21	all day	Year 11 Dive 3 - Macksville Pool		
June, 21	all day	Open Girls Netball - Wauchope		
June, 24-26	-	Year 11 Dive - South West Rocks		
July				
July, 01-12	-	School Holidays		
July, 15	-	Pupil Free Day		
July, 16	all day	Year 12 PD/H/PE study day		
July, 17	all day	Newcastle University Excursion		
July, 22	all day	Year 11 - Bio Excursion - Coffs Harbour Botanical Gardens		
July, 23	all Day	"Coast to Country" Rugby Union - Coffs Harbour		
July, 24	2.00pm onwards	Year 11 into Year 12 subject selection afternoon		
July, 30	1.30-3.10pm	Half Yearly Presentation Ceremony - Stadium - all parents welcome		

"CONGRATULATIONS TO THE MACKSVILLE HIGH SCHOOL SWAMPIES - 16'S BOYS RUGBY UNION TEAM
OFF TO REGIONAL FINALS AT COFFS HARBOUR ON 26 JUNE"



2013 Athletics Carnival check out article and more photos next newsletter.

CANTEEN ROSTER - June			
Monday	10	Public Holiday	
Tuesday	11	R Wood	
Wednesday	12	T Laverty	
Thursday	13	HELPER NEEDED	
Friday	14	G Welsh	
Monday	17	S Compton & R Smith	
Tuesday	18	HELPER NEEDED	
Wednesday	19	HELPER NEEDED	
Thursday	20	D Jackson	
Friday	21	G Welsh	
Monday	24	S Compton & R Smith	

From our Principal, Paul Holding

This is a very busy time at school with exams underway, marking in full swing, and reports being written. I must ask parents to help by ensuring their children attend school on days when exams are timetabled. It increases the workload dramatically for teachers when students have to make up exam time if they have been away. We understand that there maybe school organised activities and illness that makes this impossible but a day off without reason is unacceptable. The procedure for this is as follows:

- Year 7 to 10 students who miss an exam because of a day off school will be required to sit a makeup exam if time permits. At times this is possible in advance with notice from the students' parents. If time does not permit to do the exam an estimate will be allocated by the teacher in consultation with the Head Teacher. If a student has an unexplained absence for the day of the exam they will receive zero for the makeup exam and a letter will be sent home indicating this. We will not be altering this with late parent notification, unless I approve in exceptional circumstances.
- Year 11 students absent on the day of an exam must provide to their teacher a misadventure application with reason for absence and evidence of the validity. This can be a note from parents, doctors certificate etc. The evidence must be presented with the misadventure application and where validity is a concern I will make the final decision. A makeup exam or estimate will be given. Parents will receive an "N" award letter notification for the task if Zero is being allocated.
- Year 12 students absent on the day of an exam must provide to their teacher a misadventure application with reason for absence and evidence of the validity. This must be a doctors certificate, funeral notice, etc. The evidence must be presented with the misadventure application and where validity is a concern I will make the final decision. A makeup exam or estimate will be given. Parents will receive an "N" award letter notification for the task if Zero is being allocated. Year 12 replicates the Board of Studies (BOS) requirements for the HSC.

These requirements have been developed with an understanding that parents and schools must work together to ensure our students participate fully in school. The exams are a key component of this, not only helping to report to parents their child's progress, but helping students develop resilience to undertake what is sometimes a challenging experience. We also acknowledge that doctors can be difficult to see at short notice and may place financial burden on some families.

Last week Jordan Sheather and Chris Buckley represented North Coast in rugby union at the CHS state championships at Coffs Harbour. The coach, Terry Simpson, contacted me and had nothing but the highest praise for Jordan and Chris in the manner that they conducted themselves over the four days of the carnival. Both students were a credit to Macksville High School by showing exemplary behaviour, great sportsmanship and a high level of skill. Congratulations to the boys and their families.

Elizabeth Argue - slected to join the State Regional Dance Ensemble



Elizabeth has been dancing for four years and dances with the Harbour Performing Arts Centre in Coffs Harbour. She studies ballet, contemporary, classical, modern and jazz. Through hard work, determination and with the support of her family and teachers, Elizabeth has been selected via audition to be part of the State Regional Dance Ensemble. This initiative is through the DEC Arts Education Unit: - if you would like more information please see their website https://www.artsunit.nsw.edu.au.

She was required to submit an audition on DVD and was selected from applicants from all regions across the state with only 34 dancers chosen. Elizabeth will need to travel to Sydney on 4 occasions throughout the year for workshops and performances. With a performance in the State Dance Festival in September and also as part of the 30th Anniversary School Spectacular in November.

It is an honour to be selected and a wonderful opportunity, Elizabeth loves dancing and is enjoying the opportunity to work with different teachers and with dancers from all over the state.

Everyone at Macksville High School is so proud of her and wishes her all the best in everything she pursues.

Open Girls Touch Trials

On Friday 10th May, the MHS Open Girls Touch Football team made their way down to Wauchope for the zone selections. Our first game brought us up against an experienced looking Port High team which certainly kick started the day with some nerves. An outstanding start to the first half was evident when Kelly Taylor hit a gap in the opposition line to score the first point. The girls at this stage were exceptional in their offensive play, supporting each other fantastically through the middle before spreading the ball wide. Before half time we had another four tries courtesy of Ruby Porter, Megan Porter (2) and Kelly again with a score of 5-0.

A combination of our girls going into the second half more relaxed and the Port HS girls warming up for the morning saw an increase in competition. Shannon Crowley put on a display of great anticipation as she made a perfect intercept and ran the length of the field to add another point to the board for MHS. This was followed closely by fantastic teamwork up the field to award Peta Salter with a try. By this stage the girls were beginning to fatigue and not as quick off the mark with their support play. The girls fell into a predominantly defensive routine toward the end, allowing Port to score just once. An outstanding team effort by Kirstie Pedrola, Brooke Pedrola, Deanna Buckley, Georgia Craven, Hope Eadie and the try scorers mentioned above. A 7-1 result was a phenomenal start to the day for Macksville High and Coach Cooper was extremely proud of the 'untrained, chucked together in the last minute' team of girls.

MHS was up against Wauchope HS in our second game of the day. We found out that Wauchope had won their previous game 16-0, so we knew it was going to be significantly more difficult this time around. On the main field with many more spectators the girls seemed to panic and forgot our offensive strategy that was so well done in the first half of the first game. The Wauchope team was quick and experienced, keeping Macksville out of their half of the field for virtually the entire game. Half time called for some reinforcement to the girls of our initial tactics, as well as commending the girls for an excellent defensive line, just 3-0 down. The second half is when fatigue truly set in and our attacking game was obsolete. It was all defence from here and along with a few unlucky referee decisions we were defeated 7-0. Unlucky Brooke, we all saw you make that touch before she scored!

A positive finish to the day was the final selection for the zone team. Congratulations Megan Porter and good luck in the next round! To the rest of you girls, thank you for coming along and representing Macksville High School, the school spirit certainly wouldn't be the same if we didn't have people like you who jump at these wonderful opportunities.

Ms Laura Cooper, PD/H/PE



What's been happening in Visual Art/Design?





Photo: of CAPA Mural & of Mural outside Art 2

Both the students and teachers in Visual Arts have been working tirelessly to create colourful and challenging artworks that brighten up not only the Art Block but also the whole school.

Year 11 Visual Design students have helped to develop a large-scale CAPA mural, which has recently been put up outside the staff room. The art teachers themselves put the finishing touches on it both Ms Hardingham and Miss Holding worked untiringly for weeks with the help of art assistant Imogen Malouney and student Isabella Capell in order to complete the project. Miss Holding's Year 10 Art class created a layered Paste up/Stencil mural that is now up outside Art 1 as well as many lovely cardboard creatures that went up around the school during their Street art unit last term. Ms Hardingham's classes have also made the final touches on a number of murals around the school and the recently established Art Club have begun working on group pieces inspired by the theme 'Superheroes' as well.

Our kids have also been exhibited outside of school with an amazing collection of artworks representing a number of year groups recently displayed in the school section of the Macksville Show. Not only that but a mix of students displayed their awesome artworks in a group digital exhibition at The Glasshouse Regional Gallery in Port Macquarie called 'Project Creative'. Macksville High is having its own Art Exhibition in Week 9 this term. If students have any artwork they wish to put in the exhibition please bring it into school. To

everyone else, we would love it if you came to have a look and supported them as we have many talented young artists at our school.



A massive congratulations and giant thank you to all the art students who have helped support the development of these artworks in one-way or another. We are trying very hard to give you all opportunities to show your art skills off to the rest of the world and not only that but you are helping us make our school a much more positive and creative place.

Written by Ms Hardingham & Miss Holding







Above: Mural outside Art 1

MHS - CAREERS NEWS

As many of you will be aware, Ms Porter-Burns has relocated to Newcastle at the end of Term 1. I have been given the opportunity to fill her 'big shoes' for the remainder of 2013. Term 1 was an exciting time for many of our Yr 10 students as they had their first real taste of adult life at Work Experience. Kyle Lopez-Finlayson was lucky enough to complete his work experience with the Nambucca Guardian, and has provided us with an insight into his, and some of his fellow students' experiences.

On another note, we have now subscribed to a careers information network that will provide invaluable links to many opportunities available to our students. The service is called MHS CAREERS. A link to this site will be established on our school website. Students in Years 10, 11 and 12 will also receive an email at the start of each week, which they can then use to access this site. The first email they receive will have information regarding LOGIN details.

The information on this website is overwhelming. There are links to university opportunities, scholarships, traineeships, apprenticeships and many other opportunities that may open doors for some of our students. I encourage you to view the site regularly with your child as the information is constantly changing on the site every week. If you are interested in anything you see on the website, please do not hesitate to get in contact with me at school. The website address is www.mhscareers.net. In today's newsletter I will also provide a sample of the information that can be found on the website.

Mrs Lynda Shrubb, Careers Adviser



Great things happen when you get involved!!

Chris Williams, Year 12 visited the University of New England to attend their Open Day recently along with other students from Macksville High.

He participated in a Science and Technology Challenge and won himself and IPAD. Congrats Chris - so everyone out there get involved you just never know!!



MHS - Work Experience 2013

Conquest. The story of human history. Since time immemorial, great leaders have arisen from humble beginnings to......do stuff! So began the annual work experience for the Year Ten students of Macksville High School. Many an assortment of jobs were taken, from bakers to veterinarians. On behalf of the school and any students that partook in the work experience, thank you to all the businesses local or afar that hosted a work experience student.

Jye Perkins spent his time at NIDA, the National Institute of Dramatic Arts. Jye spent the majority of his time as a student, learning the ways of acting and whatnot. His description of the experience was summed up in a sentence; "It was the best week of my life". Jye spent the week in Sydney getting to and from NIDA; "It's quite different (in Sydney) than Macksville, but it was still easy to get around." Jye did many things, from attending directing classes to helping to create a stage. It is worthwhile to mention he met a popular playwright, Stephen Sewell; "It was the most amazing experience of my life so far!"

Closer to home, Kaycee Jeffery spent her time at a veterinarian clinic in Kempsey. She described it as "fantastic on every level," and "It was just so life changing. It was by far the best experience of my life". Kaycee did a variety of jobs, although mostly cleaning. She observed the putting down of animals, dental surgeries, vaccinations, and micro-chipping. The range of animals was huge, from cats to birds, dogs to ferrets and even horses. These are just two examples of the amazing experiences had by students at Macksville High School. Students who would like to do more work experience, or missed out in Term 1 can see Mrs Shrubb to organise work experience for Term 4.

Kyle Lopez-Finlayson



Karly Wells - Nambucca Dental Surgery



Riley Unwin - Bridgestone Select Nambucca



Jayme Thompson - Nambucca RSL



Angelica Marquardt - Hooykaas Lawry and Valjan



Jake Fallowfield - Dangerous Dans Butchery



Shann-Louize Williams - Possum Child care



Max Blanch - Newville Auto repairs

For Sale

MACKSVILLE HIGH SCHOOL 16GIG THUMB DRIVES ONLY \$15.00. SEE DESLIE HOWE.

CANTEEN HELPERS NEEDED

CAN YOU SPARE A FEW HOURS BETWEEN

9.00AM — 2.00PM ONCE A FORTNIGHT, MONTHLY

OR EVEN OCCASIONALLY WHEN NEEDED

(LUNCH WILL BE PROVIDED).

CANTEEN VOLUNTEERS ARE GIVEN A
\$7 VOUCHER PER CHILD/GRANDCHILD WHENEVER THEY
VOLUNTEER TO BE VALID FOR THAT DAY.

IF YOU CAN HELP OUT PLEASE DO NOT HESITATE TO CONTACT
ROZ IN THE CANTEEN ON 65681066.

Australian Navy Cadets

The Australian Navy Cadets is a fun and character building activity for young people from 13 to 19 years of age. It provides personal challenges and opportunities for growth in an adventurous maritime environment.

In the Navy Cadets you will learn teamwork, have fun, meet new friends, get leadership skills, learn how to handle sail boats and power boats. You will get seamanship skills, learn how to use firearms safely and get a good understanding of water safety. You will be supervised by trained volunteer staff with the backing of the Royal Australian Navy and community groups.

Your local Navy Cadets training ship is TS Culgoa, at South West Rocks, offering weekly activities and meetings. Call Leonie on 65665013 or email: leonie.aitken@cadetnet.gov. au for more details.





NSW/ACT Careers News

3 Jun 2013



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- <u>University of Newcastle Mid-Year</u> <u>Applications Close</u>

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Private Colleges:

- Jansen Newman Institute Open Day
- Australasian College of Natural Therapies
 Day In The Life Workshop
- <u>Australian National College of Beauty Open</u> <u>Day & Day of Beauty Workshop</u>
- William Blue College of Hospitality
 Management Open Day & Day in the Life
 Workshops
- William Blue College of Hospitality
 Management 2014 Industry Scholarship
- APM College of Business and Communication Information Evening
- 2014 APM College of Business and Communication Industry Scholarship
- <u>2014 CATC Design School Scholarship</u>
- Academy of Interactive Entertainment
 Online Open Day

Scholarships/Cadetships:

• 2013 Engineering & Technology Cadetships <u>Program</u>

Apprenticeships/Traineeships:

• <u>Housing Industry Association Australian</u> Apprenticeships Centre

Student Programs/Workshops:

- Pixel Sounds Chip Music Workshops
- From Art to Business Workshop
- TSFX NSW Trial Examination Revision

COMING SOON

http://www.mhscareers.com/Calendar.html

Thu 6th June

<u>Charles Sturt University MyDay - Albury-Wodonga:</u>
<u>Teaching & Education</u>

Newcastle University Science and Engineering Challenge Lismore

Smiths Hill Careers Evening

Macarthur Area Careers Expo

<u>Australian Society for Medical Research High School Career</u> <u>Day</u>

<u>Student Placements Australia New Zealand Information</u> Session

<u>University of New South Wales Scholarships Information</u> <u>Evening</u>

Fri 7th June

<u>Charles Sturt University MyDay - Wagga Wagga: Teaching & Education</u>

Sat 8th June

Academy of Interactive Entertainment Open Day

Wesley Institute Drama Open Day 2013

Sun 9th June

<u>Hazelhurst Regional Gallery & Arts Centre Photography</u> Masterclass Lectures

- Understanding How The HSC Works For Year 10, 11 & 12 Students
- University of Newcastle LIVE IT!
- University of Newcastle 2013 Girls' Choices Summer School

Competitions:

- ZineWest 2013 Art Award
- Australian Institute of Physics Frame Your Physics Competition
- Whitehouse Institute of Design Poster Redesign Competition
- Plan Your Own Enterprise Competition
- Triple J Unearthed High

Miscellaneous:

- HSC Advisory Bulletin 2013
- Pathways to Becoming a Registered **Psychologist**
- Health Industry Professions to Watch Following 2012 Graduate Concerns
- Vivid Ideas Podcasts
- The School For Excellence Exam Study Tip #8: Neurobics – Developing a Smarter Brain
- MoneySmart Rookie Campaign
- Choosing a Campus
- Uni Myths Debunked: Getting In
- myfuture Forum Career Conversations
- Study Exam Tips from Youth Central

News for Teachers/Careers Advisers:

- MoneySmart Rookie Launch
- Art & Design Education Resource Guide 2013

Tue 11th June

Newcastle University Science and Engineering Challenge Narrabri

University of Technology Sydney IT Undergraduate Courses and Scholarships Information Evening

University of New South Wales Information Systems Students & Parents Information Evening (Year 12)

Lattitude Global Volunteering Information Session -Canberra

Wed 12th June

AIFS Australia Au Pair in America Information Session

Macquarie University Parent Information Evening

Sydney Film School Diploma of Screen & Media Information Night

2014 School Based Apprenticeships and Traineeships **Information Evening**

Lattitude Global Volunteering Information Session - Sydney

World Education Program Australia Information Session

Early Entry/Alternative Entry:

University of Wollongong - Early Admission Guide

Early admission applications open Thu 1st August and close Thu 29th August.

The University of Wollongong has released its early admission guide which includes information on courses offered, who can apply and how to apply. It also provides timelines for applications, assessments and outcomes. http://www.uow.edu.au/future/early-admission/application-guide/index.html

Private Colleges:

Australasian College of Natural Therapies - Day In The Life Workshop

Sat 7th September, 10am to 4pm

ACNT Pyrmont Campus, 235 Pyrmont Street, Pyrmont Contact: 1300 017 267 or enquiries@acnt.edu.au

http://www.acnt.edu.au/about-us/events/sydney workshops

William Blue College of Hospitality Management - 2014 Industry Scholarship

The application closing date for this scholarship has changed and applications now close on Sat 31st August.

Recipients of this scholarship will get the chance to work with industry in their field of study.

Contact: 1300 851 237 or enquiries@williamblue.edu.au or http://www.williamblue.edu.au

2014 APM College of Business and Communication - Industry Scholarship

The application closing date for this scholarship has changed and applications now close on Sat 31st August.

Contact: 1300 880 610 or enquiries@apm.edu.au http://www.apm.edu.au/apply-online/scholarships

2014 CATC Design School - Scholarship

Submissions due by Fri 20th September, 5pm

3 scholarships valued at \$20,000 each are on offer to students who create a piece of work (video, writing or image) that sums up how important 'practice' is to their life.

Contact: scholarship@catc.edu.au http://www.catc.edu.au/scholarship

Scholarships/Cadetships:

2013 Engineering & Technology Cadetships Program

Applications close Fri 21st June

An alternative pathway to a business career.

Applications are open for the 2013 Engineering & Technology Cadetships (ETCAD) Program run by Professional Cadetships Australia (PCA).

Technology Cadets will have the opportunity to launch their career in ICT and in business. They will rotate through different business areas of Westpac in order to explore a variety of career options. While cadets can study an ICT-related degree, they may instead choose to study commerce and intend to take information systems as one of their majors. A Technology Cadetship is an alternative pathway to a business career.

Engineering Cadets will be mentored by world-class engineers at Rolls-Royce while they study mechanical engineering, electrical engineering or naval architecture. Alternatively, cadets may select a flexible entry engineering degree.

Applications close on Friday 21 June.

Contact: director@professionalcadets.com.au

http://www.etcad.com.au

Apprenticeships/Traineeships:

Housing Industry Association Australian Apprenticeships Centre

The HIA Australian Apprenticeships Centre operates across all industries in the ACT region and has over 500 different apprenticeship and traineeship vocations on offer. They can assist in placing people in apprenticeships and providing support, benefits and incentives for apprentices.

Contact: 1300 656 726 or aac@hia.com.au

http://hia.com.au/aac/

Student Programs/Workshops:

TSFX NSW Trial Examination Revision Lectures

Mon 1st July to Sun 14th July

The University of Sydney & Zenith Theatre, Chatswood

The TSFX NSW Trial Examination Revision Lectures are intense programs that offer students in-depth preparation for the HSC trial examinations. The lectures will review knowledge taught at school and will concentrate on challenging concepts, sections that students find difficult, and will cover the classical errors made by students

https://www.tsfx.com.au/genform2/default.aspx?wid=233&sessionid=5816915103 2kguz245mwwqlvt0eeuvghhb2 33 0 28554541706 4162&widver=0

Competitions:

Australian Institute of Physics Frame Your Physics Competition

Entries close Mon 19th August.

Students in the ACT are invited to create a video presenting any topic in physics in an entertaining and informative way. The creators of the top videos will share in \$3000 worth of prizes.

Contact: frameyourphysics@gmail.com

http://www.act.aip.org.au/Frame Your Physics/index.html

Plan Your Own Enterprise Competition

Participants are required to device a creative enterprise idea and submit a 3000 word business plan, explaining ho their great idea could become a profitable business.

Applications close Wed 28th August.

http://www.cpaaustralia.com.au/cps/rde/xchg/SID-0476E5FB-3479873A/cpa-site/hs.xsl/become-plan-your-own-enterprise.html

Triple J Unearthed High

A high school act has the opportunity to get one of their songs professionally recorded by Triple J music engineers and have Australian band San Cisco play at their school. To enter, high school artists are asked to produce an audirecording of an original song and upload it to the Triple J Unearthed website. A Triple J panel of experts will then choose finalists and a winner from one of the high school bands on the Triple J Unearthed website. Entries due Mon 22nd July.

http://www.triplejunearthed.com.au/UnearthedHigh/

Miscellaneous:

Pathways to Becoming a Registered Psychologist

This article outlines the typical pathway to obtaining registration as a psychologist and provides links for further information.

http://www.myhealthcareer.com.au/latest-news/psychology/becoming-a-psychologist

Health Industry Professions to Watch Following 2012 Graduate Concerns

This article highlights trends in the dental, medical and nursing industries that could impact the availability of jobs these fields in the future.

http://www.myhealthcareer.com.au/latest-news/health-industry/graduate-jobs

Choosing a Campus

This article covers important things to keep in mind when choosing a university campus to study at. http://www.hobsonscoursefinder.com.au/Support-Centre/Types-of-institutions/Choosing-a-campus

myfuture Forum Career Conversations

Chat online to someone who works in a job or studies a course that you are interested in. The latest question and answer session was from Mary Munro, a Human Resources Director. Past career conversations are archived and c be viewed on demand.

http://www.myfuture.edu.au/en/Events/Career%20Events/Forum.aspx

Study Exam Tips from Youth Central

 $\underline{\text{http://www.youthcentral.vic.gov.au/Studying+\%26+Training/Studying+Tips+\%26+Resources/Top+ten+exam+tips/}\\ \underline{\text{UaXj-dKmiAh}}$









YR 8,9,10 and 11 artworks will be on show





EMERGENCY CONTACT DETAILS

PLEASE PHONE THE SCHOOL OFFICE ON 0265681066

TO CHECK, IF YOU THINK WE DO NOT HAVE
THE CORRECT EMERGENCY CONTACT DETAILS FOR YOUR STUDENT/S.

PASSOUT APPLICATIONS

Students who are going to be out of school during the day need a note from their parent/carer. This note needs to include the students first & last name, year group, roll group, parents/carers contact details, reason for pass, departure time and return time. It must be signed and dated.

JEFF BORG

QUALIFIED MATHEMATICS TUTOR

FEE STRUCTURE

\$30 PER HOUR

ALL TUTORING BASED ON COMPREHENSIVE ASSESSMENT

INDIVIDUAL PROGRAMS DESIGNED FOR EACH STUDENT

SPECIFIC AREAS TARGETED

AVAILABLE WEEKDAYS,

EVENINGS AND SATURDAYS

0415 554 385

MACKSVILLE, BOWRAVILLE, NAMBUCCA, SCOTTS HEAD, URUNGA AND SURROUND-ING AREAS

THE ROAD TO MANHOOD: MENtors

An Evening for MEN ONLY with Steve Biddulph -TUESDAY 9th July 2013

Don't miss this exceptional opportunity to be with the author of 'Manhood and The New Manhood'.

Steve Biddulph's seminars have drawn an astounding 130,000 people in the 20 years he has been travelling the world, talking about how to have a more loving family, a more happy life, and especially how to raise boys into fine men.

Steve has been a psychologist for 30 years, was Australian Father of the Year in 2000, and his books are in four million homes and 27 languages

This special evening for men of all ages, from 16 upwards, covers

- What turns a boy into a man?
- Getting your life to add up to something
- Men and women how to get along and be happ
- Marriage, love, sex and family
- Finding your purpose and getting started

- Park Beach Music at Park Beach Plaza.
- Coffs Harbour Neighbourhood Centre Community Village, 22 Earl St, Coffs Harbour. Weave Bellingen, 42 Hyde Street Bellingen
- (opposite post office)

For more information call John Mandile 0429258023 or Lisa Steward 0488223516

\$15 one ticket or \$12 ea for two or more tickets

WHEN: TUESDAY 9th July 2013

WHERE: Cavanbah Centre, 181 Harbour Dr, Coffs Harbour

TIME: 6:45pm sharp for a 7.00pm start

Proudly presented by The MENtors Project, a Coffs Harbour based community building initiative who work to velop an enriched community of men supporting men. The MENtors Project is a not of profit action group and is a social inclusion project of the Coffs Harbour Neighbourhood Centre.

We regret babies and children are not admitted to the talks.

www.mentorsformen.com.au

RAISING GIRLS:



An Evening for Parents and Teenagers with Steve Biddulph - THURSDAY 4th July 2013

Don't miss this exceptional opportunity to be with the author of Raising Girls and Raising Boys.

Steve Biddulph's seminars have drawn an astounding 130,000 people in the 20 years he has been travelling the world, talking about how to have a more loving family, a more happy life.

Steve will talk about what mums, dads, communities and the media need to do to bring back healthy lives for girls and young women. Funny and deeply moving, he is a gifted storyteller whose talks become an emotional healing journey.

This special evening covers:

- How do we raise our daughters so they stay happy, warm-hearted and strong?
- Girlhood is meant to be an adventure, full of broad interests and a love of life.
- Loving our kids better.
- Sexualisation, obsession with looks, anxiety and unhappiness.

Tickets available at:

- Park Beach Music at Park Beach Plaza
- Coffs Harbour Neighbourhood Centre, Community Village, 22 Earl St, Coffs Harbour.
- Weave Bellingen, 42 Hyde Street Bellingen (opposite post office)

For more information call John Mandile 0429258023 or Lisa Steward 0488223516

\$15 one ticket or \$12 ea for two or more tickets

WHEN: THURSDAY 4th July 2013

WHERE: Cavanbah Centre, 181 Harbour Dr, Coffs Harbour

6:45pm sharp for a 7.00pm start

Proudly presented by The MENtors Project, a Coffs Harbour based community building initiative w an enriched community of men supporting men. The MENtors Project is a not for profit action gr inclusion project of the Coffs Harbour Neighbourhood Centre

www.mentorsformen.com.au

Please notify staff in the school office (6568 1066) of any changes to your contact details, occupation, emergency contacts and your email address.

Look out for the new logo for the Nambucca Valley **Community of Public** Schools now known as the V10 - Nambucca Valley **Public Schools Working** Together - delivering an outstanding education for children from Kindergarten to Year 12.

