



MACKSVILLE HIGH SCHOOL

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NEWSLETTER

Term: 3 No: 6

Issued: September 22 2011

"EVERYONE HAS THE OPPORTUNITY TO DISCOVER AND ACHIEVE THEIR POTENTIAL STRENGTHS"

IMPORTANT DATES

October	Term 4
11-13	ATV Course - Yr11 Prim. Industries
12	HSC exams commence
13	Yr10 Geography Excurs. Scotts Head
20	Indonesian W'shop-Yr7 & 9/10 elect.
20-21	Lismore Nationals
25	P&C Meeting - 6.30pm school Library
November	
4	Youthfest at MHS
7-8	School Certificate Examinations
9	SC Computing Exam
9-11	Yr7 & 8 exams - Stadium
10	Indigenous Choir W'shops - TBA
14-18	Yr9 Exams - Stadium
14-25	Swim & Survive -Macksville Pool
17	Yr12 Formal - Nambucca Heads RSL
22	P & C Meeting-6.30pm School Library
25	Dorrigio Show
Nov. 28- Dec.2	Queensland Excursion

SPORT DATES

November	
Nov. 1	Zone - Cricket - Boys - Laurieton

CANTEN ROSTER-OCTOBER		
Monday	10	S Compton
Tuesday	11	M Lavery
Wednesday	12	Helpers Needed
Thursday	13	C Templeton
Friday	14	G Welsh
Monday	17	S Compton
Tuesday	18	H Jaeger, M Mason
Wednesday	19	Helpers Needed
Thursday	20	D Jackson
Friday	21	G Welsh
Monday	24	S Compton



MACKSVILLE HIGH SCHOOL TRADE TRAINING CENTRE - CONSTRUCTION FACILITY



Above: Gannon Walker (McGoldrick Electrical) with Laurie & Michael Goodwin (Goodwin Homes)

The new Trade Training Centre (TTC) Construction Facility is now open. Funded under the Commonwealth Government's TTC in Schools Program to provide industry standard training facilities, Construction and Metal & Engineering students have been road testing the new equipment and using a range of new tools provided as part of the upgrade.

Although the "official opening" is yet to take place, a breakfast invitation was extended to local trades employers who had supported the School's Application for the establishment of the facility.

Local builders toured the new Construction, Metal & Engineering and Automotive facilities and were impressed by the equipment and work areas which students now have access to.

Mr Paul Holding together with Construction Teachers, Greg Hill and Grant Gough thanked employers for their attendance and acknowledged the valuable partnership between Macksville High School and local businesses, who provide work placements and work experience for students at the school.

Youth Directions – who currently coordinate structured workplace learning for students in Year 11 & 12 Construction Pathway courses – work in conjunction with the school and Department of Education & Communities to promote Trade Training Centres to industry, as well as School Based Apprenticeship & Traineeships linked to Trade Training Centres.



Above: Shane & Jeff Meys (Builders) with Dave Banks Constructions (Builder)

If you require more information about the TTC at Macksville High School, please contact Greg Hill during school hours on 0265 681 066.

(Photos by Helen Mower - Program Coordinator, Youth Directions Inc.)

Please notify staff in the school office (6568 1066) of any changes to your contact details or to the contact details of other people nominated as emergency contacts.

FROM OUR PRINCIPAL

We have reached the end of Term 3 and Friday is the last day of school for our Year 12 group as they then have three weeks of study before their HSC exams commence. There will be an assembly to celebrate their achievement of completing their secondary schooling. We all wish them the best for the upcoming exams and in to the future.

No doubt many parents struggle with the sometimes course language their children use at home and in the broader community. At school we also deal with the issue on a daily basis. At home we would encourage you to use the "Right time

– Right place" message that we use at school. It is a difficult task to change their behaviour and persistence is the most effective tool we have.

Enjoy the company of your sons and daughters over the holiday break and we look forward to seeing them back bright and cheery next term ready for the yearly exams and final assessments mid term.

Peter Vernon

LETTER OF PRAISE FOR MHS NETBALL STATE CHAMPIONSHIP TEAM

*From: Buckley, Tony
Sent: Friday, September 09, 2011 2:50 PM
To: Vernon, Peter
Subject: Netball State tournament Sydney*

Hi Peter,

I would like to pass on my congratulations to Helen Black and all the terrific young men who participated in the Netball State Championships in Sydney earlier this week. The games were close and played in a fantastic spirit. I was extremely proud to be associated with Macksville High School for many reasons, one of which was the way our young men carried themselves and respected not only their opposition but the way they listened to Miss Black and the parents that came to watch. I have been associated with young men and women of all ages on many different skill levels for a long period of time, however I enjoyed this trip more than any other. Well done Miss Black and the whole team, Well done Macksville High School.

*Anthony Buckley
Eungai Public School ph: 65 699248, fax 65 699428
A proud member of the Nambucca Valley Community of Public Schools*

SUBJECT FEES

As we come to the end of the school's financial year (November 30) it would be appreciated if parents/guardians could pay any outstanding subject fees. Please contact the front office if you are unsure how much your student may owe.

YEAR 12 FORMAL

The Year 12 Formal will be held at the Nambucca RSL on Thursday November 17. Tickets are now on sale and cost \$45.00 per person. Guests include: a maximum of 2 immediate family (ie. mum/dad). If one parent or carer is not available for the night, then another immediate family member can go (ie. sister/brother etc.). Students pay at the front office and are issued with a receipt. Students then take the receipt to the science staffroom and talk directly to Mr Baker, who will record details of the ticket number and preferred seating.

DATA BACKUP

Parents please remind your student/s to back-up their data so they don't lose important school work.

LAST CHANCE

If students have left belongings in the cupboard at the student counter, please come and collect them as they will be donated to a charity shop during the first week of Term 4.

TRENT STACK YEAR 7 - SOCCER STAR ON THE RISE



Trent started playing soccer at the age of five in Newcastle where he showed great ability with the ball, his team was undefeated for three years in a row. We then moved to Macksville where he played for another three years. He then moved teams to play for Sawtell where they won the minor and major premiers and the champions of champions. This year he started playing for Urunga where they have won the minor and the major premiers and will play the A Grafton team to decide who the champions of the zone are next Saturday.

During July 2010, all of the rep soccer teams gathered for the NSW state carnival held in Coffs Harbour at the BCU Stadium. There were 30 boys from the Northern NSW area (Queensland Border-Taree then inland to Armidale) who were selected for the National try-outs. Out of these 30 boys, there would be a final selection of 16 who will take part in the Nationals to held at BCU Stadium from the 3rd-8th of October. There will be thirteen teams in all from all states of Australia competing. This championship is the highest level of soccer that under 13 year olds can compete in. Out of 13 teams, Trent is one of the sixteen boys selected as a centre-forward striker and will be playing for the Northern NSW Country Boys. Team.

Article and Photo by Amanda Stack

A wonderful achievement.

MACKSVILLE HIGH STUDENTS - SECOND HAND CLOTHING APPEAL

OVER THE HOLIDAYS START COLLECTING UNWANTED CLOTHES FROM HOME, FAMILY & FRIENDS TO BRING TO SCHOOL TO BE PART OF THIS FUN PROJECT - EVERYONE CAN PARTICIPATE



Macksville High is always looking for ways to give back to its local community. Starting, Monday, 17 October for 4 weeks we want you to bring in your unwanted clothes and put them in the specially designed wheelie bins that will be located in the canteen area. Each week the clothes will be weighed with our ultimate goal to reach 200kg.

The project is being run by members of the **Premier's Student Volunteers Program** who will collect, deliver and sort the clothes for the local Macksville Vinnies Shop. All items of clothes need to be in good condition with an emphasis on teenagers clothes. If you want to volunteer or help to promote this project please see Mrs Howle. This will be a great fun project, get involved you never know what you might gain by giving to someone else.

From Little Things, Big Things Grow!



THAT'S GOLD!

By Larissa Atkins

Talented all-rounders grab gold at the NSW Combined High Schools (CHS) Athletics Championships held at Sydney Olympic Park Athletics Centre last week.

Ten Macksville High School students attended the three day state carnival held from September 8-10 achieving some terrific results. It has been another busy year for one of the Valley's most talented teenagers, 14 year old Alina Tape. She was competing in her third CHS carnival this year and was in sensational form. Alina dominated in her events, taking home the gold in both the 800m in a time of 2:18.57 and the 400m in a time of 59:32.

18 year old John Rowe spent Tuesday and Wednesday playing Netball for the school at the CHS Netball championships before heading to Athletics on Thursday. John gained a silver medal in the Long Jump with a jump of 6.52m only 2 cm behind the winner. Then he went on to compete in the

challenging five event Pentathlon, bettering last year's silver medal effort and taking home the gold this year. In his last event, the Triple Jump, John finished in 6th place.

Below: 17+ Boys Relay - Beau Tape, John Rowe, Andrew Flarrey & Jordan Sheather



Multi-talented, 15 year old Beau Tape also came straight from CHS Netball to the Athletics competition. Beau is no stranger to this level of competition and has competed for the North Coast many times before. Beau's decision to tackle the Open 2000m Steeplechase proved to be a good one and he was rewarded with the Bronze medal after completing the event in a time of 6:56.36, only beaten by boys from the 17 years age group. Beau also secured a top ten finish in the 16 years 400m and was placed 13th overall in the 16 year

boys 800m. Macksville High newcomer, 15 year old Yierah Dunn also had a busy schedule at the carnival, competing in the 100m, 200m, Long Jump and Javelin AWD events. Yierah had a great carnival and was just outside the medals in all of her events finishing fourth in Javelin, and fifth in the 100m, 200m and Long Jump.

Jordan Sheather again demonstrated his raw talent for the Shot Put event finishing in 8th place in the 16 years event. It was also an opportunity for Jordan to catch up with ex-Macksville High School student, Ben Fitzgerald. Ben moved to Hunter Sports High to develop his Athletic talent after being identified by Coach Ken Harradine at a training camp run by Richie Donovan. Ben took out the gold medal in the Shot Put and Discus and gained the bronze medal in the Javelin.

Showing great sportsmanship Jordan also was quick to step in and help out the 17+ boys relay team when they ended up one short. He joined Andrew Flarrey, Beau Tape and John Rowe and the team finished in 17th place in a time of 51.50.

Other great performances at the carnival included; Harry Mitchell finishing 12th in the 14 year boys High Jump and Lawrence Vernon finishing 12th in the 13 year boys Javelin. Well done also to Alec Gage who competed in the 12 year boys Discus and Alyssa Cotterell in the 17+ girls High Jump.

Thanks also to Richie Donovan, Trevor Keast, Nambucca Valley and Stuarts Point Little Athletics Clubs for their contributions in assisting our athletes in their preparation for competition. Congratulations to all of the Macksville High School students who proudly represented our school and community.

Pentathlon 1500m-John Rowe



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LOWER NORTH COAST UNDER 15's



Above: Keith Donovan, Julian Schuh Kast, Jacob Simpson, Mitchell Webb, Dawson Denison, Kade Spear, Lewis Erskin-Smith, Arie Van Drie

Below: Kirsty Pedrola, Deanna Buckley, Ruby Porter, Kelly Taylor, Megan Porter, Brooke Pedrola, Alana Tape



On the 1st of September, two basketball teams from Macksville High travelled to Port Macquarie to contest the annual Lower NC knockout competition.

An inexperienced boys team were the first to take the court, however what they lacked in experience they more than made up for in enthusiasm and natural ability. This saw them take the lead early against the Melville team and they were never headed. Considering the opposition had a couple of representative players and others who played in some sort of competition, we were just too fast and too strong. It was a low scoring game and we knew we could improve.

The second game saw us take on competition favourites, West Port. Our confidence was soaring and we had them on the back foot from the outset. The boys were on fire with well organised attack highlighted by crisp passing and accurate shooting. Unfortunately the experience of the opposition came to the fore and they managed to draw out a lot of fouls which saw them edge ahead and eventually win an exciting game.

The girls' team were also very green when it came to competition basketball; however their enthusiasm levels were off the scale.

Defensively they were as solid as any team in the competition, and this became evident in the first game they played against Westport, where the girls kept them scoreless for most of the match and eventually ran out easy winners.

The second game saw them take on Port Macquarie who were also competition favourites, boasting several representative players, one of whom had to be at least 190cm tall. At no time were our girls intimidated by their opposition, and the game had been going for quite some time before the first points were scored. This only happened when one of their rep players showed her experience and drew the foul by driving the fast lane. In fact all their points in the first quarter came from the free throw line. This proved to be their tactic and the referee was quite obliging. In the end our girls were basically fouled out of the game.

In conclusion it was a very successful day and all players should feel very proud of themselves, as were both the coaches. Special thanks go out to the parents for their help transporting players to the event, without them, occasions like this would not happen.

COMMUNITY NOTICES

MACKSVILLE - CRICKET

Macksville Ex-Services Junior Cricket Club Inc. Registration Day at Donnelly Welsh Fields. Sign on & Open Training Day - September 21 3.30-5.30 and September 24 - 9am to noon. Milo In 2 Cricket, Under 10's, Under 12's, Under 14's and this year includes Colts competition for Under 17's. Any queries, please call Todd on 0419 631 835

BOWRAVILLE - BOWRAVILLE

Sign up for Bowraville Junior and Senior Cricket Club at 1pm on September 18 and 25. If any parents would also like to help out or show interest in coaching this would be greatly appreciated. If you are a new family to the Nambucca district and would like your children to keep busy during the summer months please come along or contact Gary Ingam on 6564 7901 juniors or Ron Gleeson on 6564 7690 seniors.

MACKSVILLE MARLINS AMATEUR SWIMMING CLUB

The Macksville Marlins are a family friendly club for swimmers of all ages and abilities. Registration day is Saturday October 8 from 11am to 1pm at the Macksville Pool. All interested swimmers and parents/guardians welcome. Registration forms are also available at the Pool prior to registration day. Club nights commence Wednesday October 12 at 5.30pm For further details email macksvillamarlins@gmail.com Or contact Lyndel Sutton on 0409 681207 A/H

MEDLOW PUBLIC SCHOOL P & C GROWERS MARKET

It's our 1st Birthday.....and to celebrate we will be having a food-flavoured family day! Local food stalls, tastings, local chefs and cooks sharing their skills in demonstrations, great activities for the kids, local musicians and a community market so full of heart, you will be inspired! See you there... on Sunday, October 2 at Medlow Public school grounds, Upper Taylors Arm from 8:00am - 12 noon. Contact: Sara Foley on 6564 2006, sara_foley@bigpond.com or visit us on FaceBook

ALL STUDENTS PLEASE NOTE: LAST CHANCE

If you have left any belongings in the cupboard at the student counter, please collect items as they will be donated to a charity shop the first week of Term 4

SCOTTS HEAD BOWLING & RECREATION CLUB

All welcome to the family fun day on Sunday October 2 in support of Scotts Head Rural Fire Brigade. Bowls, Burger, beverage - \$15 per adult (accompanied youth 14-17yrs bowls & burger \$5). Indoor activities if raining. Raffles and lucky door prize. NRL Grand Final. ...Open mike/jam session. Sign up at the Club or by phone on 6569 8163 prior to 3pm On the day sign up 10.30to 11am at the Club. Midday start. ...sandshoes and neat casual clothing.

MACKSVILLE/SCOTTS HEAD JUNIOR SURF LIFE SAVING CLUB

Registration days: Sundays September 25 or October 9 at Scotts Head Surf club, 9-11am Children must be 5yrs of age and one parent must join. Membership if \$45 for Nippers and \$26 for non-competitive adults. Proficiencies at Scotts Head Beach Sunday October 16, 9am start. First Nippers day is on October 23 starting at 9.15am We encourage new and existing members between 5 and 14 years of age to join. More details David Brunsdon 6568 2530