



MACKSVILLE HIGH SCHOOL

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Newsletter

Term: 2 No: 5

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UNIVERSITY SHIELD—RUGBY LEAGUE



.....The overall team performance was outstanding, with every single player having a good game.....

On the 11th of May the open boys travelled down to Kempsey to contest the second round of the state-wide rugby league competition, the University Shield. The Macksville team opened their account in the first five minutes with a superb try out wide to Matt Hutchinson, but the Kempsey team hit straight back with a try of their own. Neither try was converted and it appeared we had a close game on our hands, but this was not the case. The Macksville boys then poured on the pressure and the Kempsey team crumbled. Mistake free attack coupled with rock-solid defence saw a try-fest develop. Our tough and tireless forward pack laid the foundation making hard yards up the guts and a back line glistening with talent had the opposition in all sorts of strife as we went to the break 30 points up.

The second half didn't quite start according to plan as the McDonalds breakfast took its toll and the boys had a little nap for the first 10 minutes. At the same time our gun halfback, Tyler

Doolan was forced from the field due to a head clash. This allowed Kempsey a glimmer of hope and they managed two unanswered tries. However that glimmer quickly faded to a dim chance as the Macksville boys shifted up a cog and began to take the opposition apart with ruthless precision.

The overall team performance was outstanding, with every single player having a good game. Extra mention should go to Braydan Johnson who was devastating up the middle, as well as Jake Fuller and Tyler Doolan who were always dangerous.

The final score was 66 – 16. TRIES: Braydan Johnson 3, Jake Fuller 3, Matt Hutchison 1, Tyler Doolan 1, Ron Reid 1, Joe McKay 1, Brad Southan 1. GOALS: Jake Fuller 6, Tyler Doolan 4, Dylan Young 1.

Special thanks go to the parents who transported players to the game.

IMPORTANT DATES

JUNE

- 21Yrs7, 8, 9 & 10 Rugby—Port Macq.
- 22**P & C Meeting—6.30pm—Library**
- 22—26Bi Annual Tangerang Visit—MHS
- 22Christian School—P3 Yr9; P4 Yr10;
P5 Yr7, P6 Yr8—Stadium
- 22Careers/Jobs Expo—CH
- 23Country Cup finals—TBA
- 2315's Netball—Port Macquarie
- 23—24Yr10 subject selection interviews**
for students together with parents
- 24School Social 5.30pm—9pm Stadium**
- 25Alt. Zone School Athletics—NH
- 25Debate—MHS Library
- 25Boys Netball—MHS
- 28—30Yr11 Dive—South West Rocks
- 29Naidoc Concert—MHS
- 29Rugby—John Paul Coll.—Mks Park
- 29HSC Music and Dance showcase**
night—7.30pm at MHS
- 30NCCHS Lawn Bowls—Tweed Hds.
- 30U14 Buckley Shield game—MHS
- 30Museum of Human Disease on tour—
Coffs Harbour

UP COMING DATES

JULY

- 2Last day Term 2
- 19School Development Day—student free
- 20All students attend school
- 27P & C Meeting—6.30pm in Library**

August

- 310.30am—Formal Assembly in Stad.
- 16—27Trial HSC—Stadium**

PILOT VOLUNTEER PROGRAM FOR MITCHELL COOPER



Mitchell Cooper, a former student of Macksville High School has been working at MHS undertaking a pilot volunteer program as part of the final year secondary teacher education program from Southern Cross University. Mitchell is studying for his Bachelor of Technology Education and will complete his studies at the end of this year.

During his practical training he has been assisting teachers in the Technological and Applied Studies (TAS) faculty, spending time in class and getting the know the school community. Mitchell said

when he completed Year 12 he decided that since he enjoy TAS subjects so much and with the assistance of his school career's adviser he was able to gain a scholarship that has greatly assisted him in achieving his dreams of being a School Teacher.

MHS Principal, Mr Paul Holding said "Mitchell will be an asset to the teaching profession and it is rewarding for our Teachers to see our past students achieve their goals and be successful in their career aspirations"

DRESS RED FOR HEART AWARENESS

MHS Teachers wore red on Friday, this week to raise awareness of heart disease. There's no escaping it: heart disease is the number one killer of women in Australia, and an astonishing eight out of ten women don't know this. Spread the news and help raise awareness of the risks and promote healthier choices.

The good news is that heart disease is largely preventable. Some positive steps you can take to reduce your risk are:

- Regular check-ups
- Be smoke-free
- Enjoy healthy eating
- Be active everyday



SORRY DAY ASSEMBLY



As part of reconciliation week, Macksville High School students visited Macksville Public School to participate in a Sorry Day Assembly.

The students assisted staff to set up the mornings activities and also served the Gumbaynggirr Elders Indigenous Choir members morning tea. Year 10 student Vera Widders addressed the assembly on behalf of Macksville High School and spoke confidently about her culture and what the day meant to her.

The students contributions on the day were highly praised, they did MHS proud.

ANDREW WILSON—WINS DEFENCE TECHNICAL SCHOLARSHIP



...45 students from Years 9-12 attended with plenty of interest to find out more and lots of questions being answered on the day.....

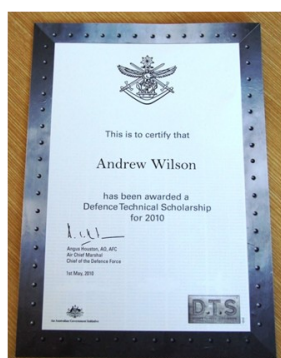


Macksville High School, Year 12 student Andrew Wilson was presented with a \$3,000 Defence Technical Scholarship by members of the Australian Defence Force this week at Macksville High in front of his family and peers. These scholarships are opened to students entering Years 11 and 12 who are studying technical subjects. The scholarships are awarded on merit. Although, there is no obligation to join the Defence sector on completion of the scholarship, it is a fantastic incentive for technically-savvy students to consider the rewards of a Defence career. Andrew comes from a Navy family with his Grandfather and Uncle serving in the Navy and his brother Dean currently based in Perth.

MHS Principal, Paul Holding commented that "Andrew is highly regarded by his Technology Teachers. We are very proud of his achievements".

Petty Officer, Hayden Carruthers (Navy) and Corporal, Les Ruthenberg (Army) travelled from Newcastle to provide a Defence recruitment presentation where they were also happy to present Andrew with his scholarship and speak with students about their personal experience and insight into a Defence Force career.

45 students from Years 9-12 attended with plenty of interest to find out more and lots of questions being answered on the day.



STAFF MEMBER PROFILE



Greg Hill – teaching Industrial Arts Wood/Marine Studies/Construction

Greg went to Pennant Hills High School in Sydney and attended Sydney University, he started teaching in 1995 and has taught at Macksville High School since 1999.

Greg loves the hands on work of constructing projects with the kids around the school and is currently building a new garden and seating area near the oval for the School community.

CANTEEN ROSTER

June

Monday 21 S Compton, R Aitken
 Tuesday 22 J Ward, Helpers Needed
 Wednesday 23 Helpers Needed
 Thursday 24 J Beggs, Helpers Needed
 Friday 25 G Welsh, Helpers Needed

Monday 28 S Compton, R Aitken, J Welsh
 Tuesday 29 Helpers Needed
 Wednesday 30 Helpers Needed

July

Thursday 1 D Jackson, J Martin
 Friday 2 G Welsh, A Booker
 Monday 19 School Development Day-pupil free
 Tuesday 20 H Jaeger, C Osgood

If you can help please contact
 Ros on 6568 1453



Careers & Jobs Expo—Coffs Harbour Racing Club

Tuesday June 22—open 9am—4.30pm

Free Entry

2.30pm—4.30pm....Special Session
 with Guest Speakers (Apprenticeship
 Centres /Group Training Company and
 Job Services.

Parents, young people, job seekers,
 community members welcome.

Louis Ballangarry Memorial Day

4 Person Ambrose Golf & Social Bowls
 Macksville Country Club

Sunday August 29
 Sporting Theme

Cost: \$12 per person (includes steak
 sandwich)

Four person teams or Individuals can
 nominate by phone Mks Country Club
 on 6568 1400 or Jeneane on 6568
 3066. Nominations close August 28.

AUCTION ITEMS: NRL, Rugby Union,
 Motor Sport, Tennis, Golf, Entertain-
 ment, Cricket, Athletics, Surfing,
 Signed & Non Signed, some framed
 and more with a huge line up.

URUNGA TENNIS ACADEMY Junior Tennis Tournament

Sunday June 27 at 9am

Round Robin Super Tie Break

Cash prizes on offer—\$10 entry fee
 payable on the day

To register please contact: Allan Pade
 0419 655 437 or Eli Baylis on
 0407 296 685

Notices

DRUG FORUM on 2NVR RADIO 105.9 FM

2NVR is please to announce that it will be supporting Drug Action Week by broadcasting two, Drug Forum programs of one hour duration at 5pm on Saturday 19.

Ceri Wrobel, an Educator with Life Education, will be presenting the programs which will include presentations from Dick Smith, Professor Ross Fitzgerald, Professor Dan Lubman, Dr Andrew Fuller and interviews with international experts from Canada, UK, NZ, Hong Kong & Finland.

For more information on 2NVR, your Community Radio, check out the web-site www.2nvr.org.au To learn more about Life Education, visit www.lensw.org.au or phone Ceri Wrobel 0439 490 524.

HEAD LICE

If you suspect head lice..... your child need not be sent home from school. Treatment can be carried out that night, and the child can return to school the next day. You can buy an appropriate solution from your pharmacist - you don't need a prescription.

Everyone living in the same house should be treated at the same time you are treating the affected person. Notify the school.

More information can be obtained from NSW Health Mid-North Coast on (02) 6583 0716

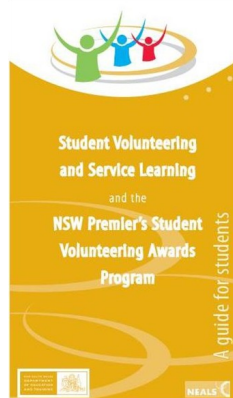
NOTE to STUDENTS

Please leave valuables
 at home.

If you must bring values
 to school please leave
 them at the front office to
 be collected at the end of
 the school day.

The next Macksville HS PSC
 meeting will be held on
 Tuesday June 22 at 6.30pm
 in the school library.
 All welcome to attend.

STUDENT VOLUNTEERING AWARDS PROGRAM



MHS is now participating in the NSW Premier's Student Volunteering Awards Program. The program encourages students to undertake a minimum of 20 hours of volunteering during the time they are enrolled in Years 9 & 10.

In appreciation of this contribution to the community, students will receive Premier's Certificates (Bronze, Silver, Gold and Diamond respectively) for completing 20, 40, 60 and 80 hours of volunteering.

A log book, encouragement and assistance with volunteering programs will be provided to all students involved by the School.

Further information will be provided to the Year 9 & 10 – Year Advisers so we can begin to register students for this exciting new school program.

If any students are currently involved in volunteering or would like to know more please contact Lynette Howle, Community Liaison Officer on 65681066 for more information.