



Macksville High School

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Newsletter

Term: 4 No: 1

Weeks 1 & 2 Issued: October 30

FINAL DAY FOR YEAR 12 2009



Old captain and New Captain
Amanda Forbes and Rosie
McKay



Mrs Morrison, Daniel Buck-
ley and Jessica Langham



Award winners Jesse
Spriggs, Sean Brien, Chloe
O'Grady, Mitchell Ward



Students receiving
Principal's Award

A very successful Yr12 Farewell Assembly was held in the Stadium on Thursday October 1.

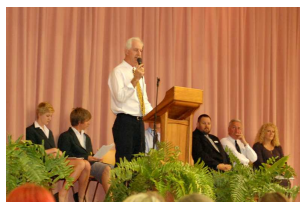
Many students received awards for academic and special activities. Yr12 students provided some wonderful examples of their many talents with performances by a number of Yr 12 groups.

Continuing the Macksville High School tradition, Yr12 students rang the school bell to symbolise their final day at Macksville High School.

The morning assembly was followed by a fabulous night among the stars and graduation dinner at the Macksville RSL.



Tom Neilly, Sean Brien &
Michael O'Brien



Mr Argue speaking to Yr12



Award winners, Billie
McKay, Shannon Baldwin,
Channel Ally and Emily
Branford



Channel Ally ringing the bell



Ruby Coia & Caitlin Baines
speaking at the Assembly



Jenna Cahill and Sophie
Coulter ringing the bell



Rhianna Leaudais receiv-
ing her Award from Mrs
Sheather

IMPORTANT DATES

November

2—3 Yr7 and Yr8 exams

6 NVCPs Showtime—MHS Stad.6.30pm

6..... Tsunami Schools Rugby 7's—held
..... BCU Stadium, Coffs Harbour

9—10..... School Certificate—Stadium

11—13..... Yr9 Yearly exams

12..... Yr10 SC Computer Test

9—13..... Marine Studies Dive Course SWR

18..... 6pm Digital Education Revolution
..... (DER) Parent info night—Hall

19..... 7pm SRC School Social—Stadium

24..... Yr8 ESSA exam—Stadium

24..... Yr7 2010 Parent Meeting—Hall

24..... 7.00pm P & C Meeting—Library

25..... Yr6 Transition Day— Yr7 2010 come
for a full day to experience high school

26—27 IT Wood Milling days—Ag Plot

26— 27 Qld. Universities Tour—excursion

27..... LifeSavers *mufti* day

30—4..... Yr10 Queensland Excursion

December

10..... Yr10 Final Assembly—Stadium

11..... Gold Excursion to Gold Coast

15..... 10am Presentation Assembly—Stad.

16..... Final day for all students

17—18..... Staff Development Days—pupil free

January 2010

Thursday 28 .. Term 1 starts for Yr7, Yr11 & Yr12

Friday 29 Term 1 starts for Yr8, Yr9 & Yr10

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From The Principal



The HSC exams are underway. All is going well with students reporting no real surprises at this stage. It is important that if a student has an experience prior to or during an exam that may have a negative impact on their exam result they should contact me as soon as possible to assist with the submission of a misadventure application.

There is good news in regard to the Federal Government's Digital Education Revolution. The installation of the new optic fibre to the Science block has commenced. This will allow the wireless network to be completed. The anticipated delivery date of Year 9 laptops is the 23rd November. We are planning a parent information evening on the 18th November

to assist with the roll out and bring parents up to date on how the laptops are to be looked after by the students, managed by the school and used in class.

Congratulations to Mrs Morrison and two of her dance students, Amanda Forbes and Courtney Hoffman. Both students have been informed that their individual HSC dance work have been nominated for Callback. Callback is an annual showcase of exemplary HSC Dance performances and projects.

Year 9, 10 and 11 students will be given information this week about After School Tutoring (AST) support at school on Thursdays. Teachers will be on duty in the Library until 5.30pm. Students need to return a permission note indicating that they will be attending and have their own transport home. This is an initiative to help students who need extra support, need extra time in the Library or would like a space to complete their homework. I expect to continue this program in 2010 if supported by students.

Over the next two weeks we have Years 7, 8 & 9 exams and the Year 10 School Certificate. Students can prepare by being at school every day, lis-

tening to their teacher's instructions about what may be in the exam, when it is on and making an effort to have a study program. AST on Thursday's may be helpful.

Congratulations to Mrs Jodie Collits. Recently appointed permanently to the HSIE staff at Macksville High School. This news has been received very positively by our students and staff.

Finally I would like to encourage you to attend the Nambucca Valley Community of Schools' SHOWTIME next Friday night in the school stadium. All the schools in the valley will be participating including our band, dance group and a performance from our recent school musical. There is detailed information in an add in this news letter.

Paul Holding
PRINCIPAL

YOU'RE INVITED (DIGITAL EDUCATION REVOLUTION)

Parents, carers and students of Year 9 are invited to an information session about the new school laptops. Custom-made for school use, the laptops are robust, compact and lightweight, and fit easily in a school bag. They come fully loaded with a range of leading software and learning applications. The laptops are wireless enabled so students can connect to the school network and the internet in and around school grounds.

If you have the internet at home, your child can also connect to school and the internet from home.

We'd love to see you at the information session. We'll give you more information about the laptops, screen a very short video and answer any of your questions.

We'll also invite you to sign the Laptop User Charter.

When that's done we'll go through a start up process with your child in class. After that, it's theirs to take home!

The details

Date:	Wednesday 18th November 2009
Time:	6-pm to 7-pm
Location:	Hall—Macksville High School

FUTURE CHEF CHALLENGE



Food Technology students in Year 9 at Macksville High School participated in the North Coast Youth Career Connections "Future Chef Challenge". Head Chef of the Star Hotel and Judge of the Challenge, Bruce McInnes revealed to the students their special ingredient; *Lamb*, a week before the contest, so students could get creative with ideas for a meal.

In preparation for the event Bruce explained some of the best ways to cook the lamb and the best cuts to use. Students had one hour to prepare and cook either a sweet or savory meal, using lamb. They were judged on timing, preparation skills and presentation, with the winner receiving "Lunch for Two" at the Star Hotel.

Congratulations to Kellie Langham for her great effort in being named the recipient of this award. The challenge aims at giving students a taste of the Hospitality industry and for students to come up with innovative ideas for their meals. Chef Bruce McInnes, who has been in the business for 38 years, has advice for those who want to become a chef, "Hopeful chefs need to be dedicated, have flair and a love for cooking and to be prepared for long hours of work."



Chef Bruce McInnes presents Kellie Langham with her winning voucher for her Lamb Paprikash meal served with a Noodle Kugel and Blanched Beans with a Lemon Dressing, illustrated at right.

Thank you to "North Coast Youth Career Connections" for their sponsorship and to the staff of the "Star Hotel" in Macksville. Students, staff and the wider community have all gained a great deal through participation in this event.

Mrs Liz O'Sullivan (Food Technology teacher)
Kathleen Freeman (Student of Journalism)

GOLD CERTIFICATE FOR ANDY

Letter received by Gavin Holburn, NSWCHS Lawn bowls Convener, Kingswood High School

Dear Sir/Madam,

At a recent NSWCHS Exchange event at Port Macquarie, your school was represented by Andy King, who was a member of the New South Wales Combined High Schools side.

I would like to inform you that Andy was a great ambassador for your school and a credit to his family and bowls Club. His attitude and etiquette throughout the carnival were exceptional. Both the Manager, Dale Smith from Guyra Central School, and I were impressed with Andy's attitude and per-

formance and he would be a welcome member of any side we are associated with.

Additionally, it gives me great pleasure to inform you that Andy won a Gold Certificate as part of the winning NSWCHS side. Andy was also rewarded for continued exceptional performances by winning Gold medallions for first place in both the Triples and Fours disciplines.

Regards,

Gavin Holburn
NSWCHS LAWN Bowls Convener
Kingswood High School

RUGBY WRAP 2009

The under 15 girls started their campaign in the slush and rain of Port Macquarie against Westport. In a titanic struggle in atrocious conditions (although the girls loved it) the final score was 5 all. After a harrowing period of extra time (including a Westport after the bell try that was disallowed for an obvious forward pass) the girls snuck home thanks to the rulebook. Sally Edwards had opened the day's play with a 70 metre solo try – we went through as first try scorer. Bronte Sutton and Sharni Tape were outstanding while Gypsy Hollis proved a revelation in her first game with some scything runs. The next game in their campaign was a home match against Camden Haven. Macksville started on fire to dominate possession and ram home early advantage with Monique Ally scoring a fine solo try with a bullocking run. Macksville kept the pressure on and scored two more, one a sensational Widders, Roberts, Donovan effort that saw Latunya score under the posts untouched. Then the girls went to sleep or clocked off. Sam Innes, Mel Cooper and the Courtneys (Parkins and Beaumont) had huge games. The visitors started to get it together and scored two tries and built pressure but our girls held on for a 17 – 12 victory.

Through the vagaries of forfeits and fate we were informed that our next game was not in fact round 3 or 4 but was the State Semi Final – we were the last ones standing in our division and thus the girls became North Coast and Northern Division Champions – last 4 in the State – whoo hoo!!! (much to the chagrin of the 9 / 10 boys) Tumbi Umbi Junior Campus from the Central Coast kindly travelled to us and the game was played in a fine spirit. The Swampettes held their own in the early exchanges and were desperately unlucky not to score on three or four occasions. The Tumbi girls cover defended well and showed great pride in their line. The ball flowed from end to end in a great game but the visitors broke through for a late try to go to the break up by 5. The second half mirrored the first. The Swampettes had a number of chances but just couldn't get over the line for the confidence booster. Although they never stopped trying lack of match fitness told in the end and the visitors ran in three quick tries in the last ten minutes to win 20 nil. Although a disappointing end to their campaign the girls should be proud of their efforts during the year and have pride in the fact they emulated the team of 2004 in playing a State Semi.

The 9 / 10 boys Wiburd Shield squad also did themselves and the school proud playing some outstanding football on the way to the Divisional final. In the first round against JPC the visitors saw themselves as favourites and were dominant at the set piece. Despite the amount of possession they enjoyed they were no match for the boys when they started to swing the ball wide. John Rowe was a colossus with the ball in hand while lock and captain Ben Mulvihill lead from the front. Breakaways Tim Worthing and Brayden Johnson were everywhere in attack and defence. Crisp service from Bull ensured Braden Fitzgerald with clean ball which he used to unleash some potent backline raids, Swampies 36, JPC 19. Our next game was in the slush and driving rain away to Port High. For the first time in his coaching career the order was given to "roll onto your backs in the ruck so you don't drown." Fortunately the boys did as they were told and we lost no-one. In a pitched forward battle Kyle Buckley and Sam De Jonge revelled in the rough stuff as did the GTM Brad Southan. Some highlights were Braden's try from "The Move", James Ballangarry's turbocharged 60 metre stunner and Brayden's cheeky intercept of a quick lineout to kill them off. Macksville 19, Port 10 and a happy but sodden bus trip home. (oh yeah, nice victory slides boys!!)

Next on the agenda was South Grafton at home. It was a ferocious contest played out by two very good sides. While the visitors dominated the early exchanges it didn't take long for our boys to switch into Union mode and in fact start to take control in tight. Ben Mulvihill had an outstanding game while Braden continued to grow as a leader unleashing some audacious and scintillating back line raids. While it was a great game the home side never looked in danger winning 26 – 10. Joel Brunsdon was solid in attack and defence while Ant Donnelly showed true quality. Round 4 saw an epic struggle with renowned football school St John's College Woodlawn from Lismore. The visitors approached the game full of confidence as did our boys. Against a team that plays

Rugby regularly on the weekends our boys should have been in trouble but their spirit and determination were telling. Jimi Cutmore and Rowley were outstanding in the tight but as is the case in any good team I could mention all the boys here. Ironically it was the visitors proficiency in the rolling maul that cost them the game. They hardly used their backs in the second half while every opportunity we had to unleash we did. The younguns like Mitch Liebe, Joe McKay and Joe Borg also stepped up in a great team effort. The result Macksville 26, St John's 10 and a deafeningly loud Swampies song in the home dressing room...who are the North Coast champions...we are...who hoo!!



Enough has been said of the Divisional Final against Farrer Ag from Tamworth but suffice to say it was a game we should have won. To take nothing away from the victors it was a magnificent game of football with no quarter given from either side. Both teams were expansive in attack and brutal in defence but for the most part it was played in good spirit. The action ebbed and flowed from end to end with some scintillating play from both teams. Farrer scored first to go up 5 nil but the home team hit back with a well worked backline putting Jimi Allan over out wide which he also converted. 7 – 5 Macksville. The action continued like a brutal chess game with both sides fighting for possession and position. A couple of quick taps should probably have been converted as penalty goals but the adrenaline was pumping. Tom Grant converted a penalty to move the score to 10 – 5. The score stayed the same until the dying minutes when Farrer turned over possession in a tackle and scored an excellent forwards try from a series of rolling mauls. Final score Farrer 12 – Macksville 10. Overall it was a wonderful season and the boys are hoping to go one better next year.

To the year 12 Swampies – Israel, Rowdy, Donny, Trent, Footey, Jacko and Red Stallion and the outgoing Swampettes – Mel, Caity and Goochymama. We thank you for your efforts over the years, we'll treasure the memories and remember you'll always be a part of the MHS Rugby family. All the best for the HSC and beyond. Please repeat after me for the last time "Swampies!! OI Swampies!! OI Swampie, Swampie, Swampie!!! OI OI OI"

To everybody who played or supported, parents and family and staff who helped out or took extras during the year, thanks. And remember in those quiet moments "I want to be a Macksville Ranger..."

Stop press – Friday November 6 will see the Swampies entering teams in all divisions of the inaugural Tsunami Sevens comp to be held at BCU International Stadium in Coffs. We will inform you of their results next newsletter as well as the full list of awards winners in all grades.

Mick Baines

CANTEEN ROSTER

November

Mon. 2 S Compton, A Pope
Tues. 3 M Brunsdon, J Lavender
Wed. 4 R Mulvihill, K Mulvihill
Thurs. 5 D Jackson, J Martin
Fri. 6 C Hopkins, A Booker

Mon. 9 S Compton, J Welsh
Tues. 10 M Lavery
Wed. 11 Helper Needed
Thurs. 12 J Martin
Fri. 13 G Welsh, B Zivkovich

Mon. 16 S Compton, L Kerr
If you can spare a few hours a week or month to help at the canteen, please phone Ros on 6568 1453.

THE 2009 FORSTER TRIATHLON FESTIVAL

is again looking for participants from kids of all ages to enter the McDonalds MINIMAN TRIATHLON.

It will be held over the weekend of 14/15th November in the following two age categories:

7-11 years – 50m swim or wade (in a pool)/2km ride/500m run; 12-16 years – 150m swim/4km ride/1km run (both races are carried out on traffic free roads)

Further info from Pru Gibson-Smith **B: 02 44229000 F: 02 44229000**

SOUTHERN CROSS CULTURAL EXCHANGE

You could learn a lot from an international brother or sister.

- Climate change?
- Further education?
- Cultural differences?
- Language?
- Study habits?
- Careers?

Carefully selected students will arrive February 2010 for 5 months from Europe, Japan and the USA. They will attend local secondary school, are fully insured and have their own spending money.

Contact 1800 500 501
Email: scceaust@scce.com.au
www.scce.com.au

VIKINGS FUTSAL MACKSVILLE

Macksville Recreation Centre, Park St.

7's – 8's Monday 4 – 6:30 pm

9's – 10's Monday 4 – 6:30 pm

11's – 12's Tuesday 4 – 6:30 pm

13's – 14's Tuesday 4 – 6:30 pm

Mixed Social Tuesday 6:30 – 9 pm

Competitions are beginning to take place but it is not too late to enter a team. So feel free to turn up on the day of your age group to sign on. Registration Forms can be found on our website at northernswfutsal.sportzvault.com
Contact: Ashley Collins – 0458 201 132
Email: ashleyc@vikingsfutsal.com

Notices

AFTER SCHOOL TUTORING

Macksville High School is able to provide after school tutoring in a range of subjects for students in Years 9, 10 & 11 on Thursday afternoons from 3:30pm to 5:00pm in the school library.

Qualified teachers will be able to assist students with their assignments, assessments and homework. The program will operate for five weeks of this term, and depending on student interest and participation, the program may be extended in terms 1 and 2 next year. Parents /carers will need to make arrangements for students to be picked up at the conclusion of the session.



Showcasing Dance and Musical performances from Public Schools in the Nambucca Valley

Date: **November 6 2009**

Time: **6.30pm**

Venue: **Macksville Stadium**

Cost: **Adults \$5**

YR 10 STUDENT SCHOLARSHIP - A "Frank Partridge VC

Memorial Scholarship is available for any student in Year 10 going into Year 11 2010 at a school of their choice. Must be ratepayers in the valley.

If you would like to apply for this financial scholarship, please come to the front office for an application form.



ROTARY YOUTH DRIVER AWARENESS (RYDA)

The Program targets "awareness" and "attitudinal change" and seeks to encourage young people, Year 10 students, who are on the verge of driving or at least who are actively thinking about it or who may be passengers in vehicles with other young drivers, to take a more responsible attitude to motoring.



RYDA is a one-day event held at a non-school site. It co-ordinates the efforts of local road safety experts, driving instructors, the Police, recovering victims of road accidents, drug & alcohol educators and financial services personnel in such a way that students are made aware of the privilege and responsibilities of owning & driving a motor vehicle.

Subjects

Students are cycled through 6 sessions in the day. The sessions are as follows:

Core

- Stopping distances
- Safe celebrating & fatigue
- Accidents do happen - Personal stories from accident victims
- Financial and legal responsibilities on the road
- * Hazard perception
- * Your choice

The next event will take place on **Friday - 13 November at Macksville Showground. Nambucca and Macksville Rotary Clubs are running RYDA** in conjunction with North Coast Youth Career Connections.



Cost – Bus, Drink + Sausage Sizzle **\$6.00 payable to Mr. Gough/MHS**. BYO Recess – fresh fruit and water are available as well. **Per-mission Notes** – Please return with payment to Mr. Gough, by **FRI-**

DAY 6th November. The event is **compulsory for all YEAR 10 STUDENTS**. School Uniform and closed in shoes must be worn.

For more information please contact Helen Mower, Program